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66748

Eliza A. Heath.

Sunday November 11th 1787
October 28th 1788

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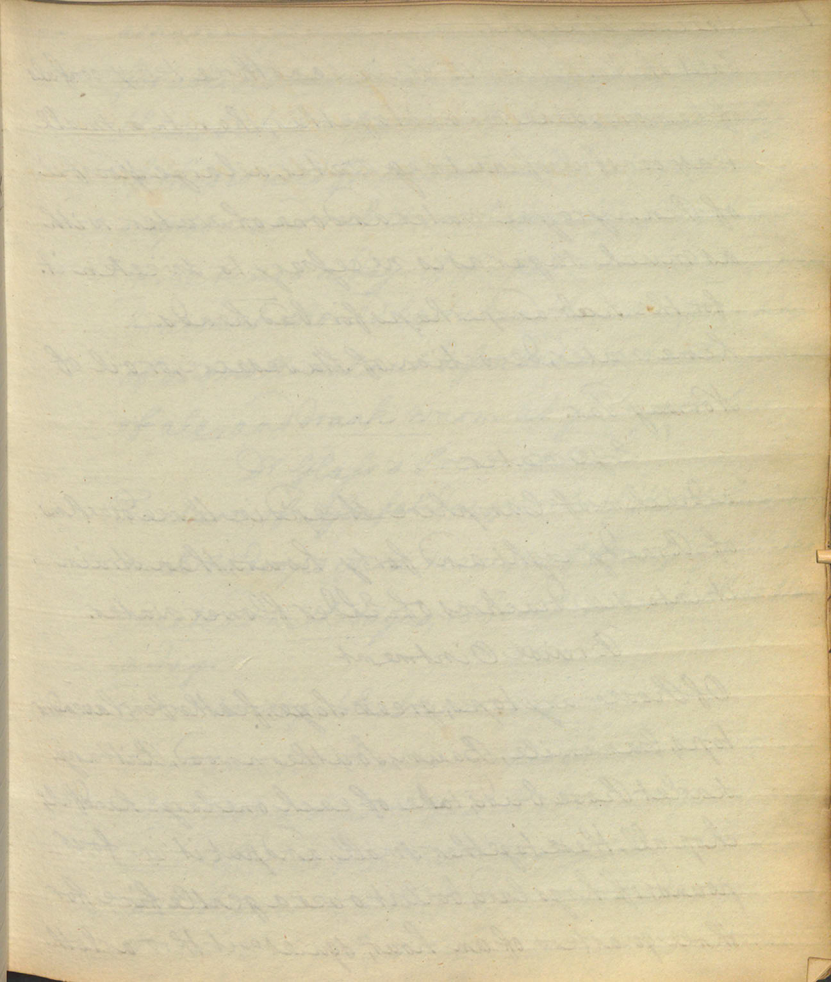
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$\mathcal{Z}i$ an ounce, $\mathcal{Z}i$ a drachm, $\mathcal{F}i$ a scruple, $\mathcal{Z}ss$ half a
scruple, $\mathcal{Z}ss$ half a drachm, $\mathcal{Z}ss$ half an ounce.

$\mathcal{Z}ii$ two ounces $\mathcal{Z}ii$ two drachms $\mathcal{F}ii$ two scruples,
and so on. a.a. an equal quantity of each ingredient.



Saline Draught

Salt of Wormwood 15 grains and three teaspoonfuls of lemon juice mixed together, then two small teaspoonful of nutmeg water, a large spoonful of Pennyroyal water and one of water with as much sugar as is necessary to sweeten it. for the Scab and perhaps for bad heads.

Lime water, decoction of Stavesacre, or oil of Norway Tar.

Eye water

a Drachm of Camphire steep'd in three Drachms of Brandy eight and forty hours, then strain it into six Drachms of Elder flower water.

Bruise Ointment

Of Rosemary tops, green Sage, featherfew, lavender tops, Camomile, Baum, Southernwood, Bittany, scarlet Rose buds, take of each one large handful; chop all these together small, and put it in four pounds of hogs lard, boil it over a gentle fire for three quarters of an hour, squeeze it thro a cloth

as hard as you can, while it is hot, put it in pots for use. Hemlock is an excellent herb to add to these, but is not proper to be taken inwardly. if this is used for an outward bruise, warm it in a spoon and rub it in before the fire two or three times a day. if the patient has an inward bruise it should be taken thus. the quantity of a small walnut dissolved in a half a pint of ale, and drank warm at going to bed.

Dr. Glafe's Prescription

Tincture of *Alfafaetida*, spirits of Hartshorn of each 30 Drops in a teacup of Pennyroyal Water, sweetned with sugar, to be taken two or three times a day.

to stop the bleeding of an Artery

two ounces of Brandy or Spirit, a Drachm of Pot Ash, two Drachms of Castile Soap, scrape the Soap and dissolve it in the Brandy, then add the Pot Ash, keep it in a Tial close stop'd. when you use it warm it in a Pinkin, and pour a little upon the bleeding Tegel, or dippledgets of lint in it.

3 Strengthening Plaister

Take a pint of good sallad Oil, half a pound of red Lead finely beaten and sifted thro' a fine sieve, one large spoonful of Venice Turpentine, mix all well together then boil it, keep continually stirring it until it is enough, which you may know by dropping a little on a pewter dish, if it comes off the dish thick, then take it from the fire, and dip fine cloths in it, wring them up, pull them abroad straight, and hang them up to dry, but not in the sun, as by that means the Plaister loses its virtues: when 'tis dry sleep them with a bottle on white brown Paper. ~~which will adhere and make the back of the Plaister.~~

Head Ointment

Four ounces of yellow wax, three ounces of spermaceti, a pint of sweet oil, melted together over a slow fire. a drachm of red Precipitate well levigated, rubbed in on a mortar.

to cure a scald head

Pound Pepper creb in a cloth and mix the juice & bristled with fresh Lard, till it becomes a green ointment. 'tis a sovereign remedy.

Myrrh Pills Dr. Sympson

Compound Powder of Myrrh three drachms made into Pills with white Syrup. four of which are to be taken once or twice a day, drinking after it, a little infusion of rue leaves dried, sweetned with sugar.

Camphire Draughts

Take five grains of Camphire, reduce it to powder with a bit of loaf sugar, add a yolk of an egg, and by degrees four spoonfuls of water. to be taken once in twelve hours.

Valerian Draughts

Take of Bark grossly powdered one ounce; boil it gently in a pint and half of water, till it is reduced to a pint; when cold strain it. then add four tea spoonful of Tincture of Valerian; give four large spoonful, twice a day, at eleven and four. to each of the draughts add when it is taken fifteen Drops of Elixir of Vitriol. to be taken when a fever is gone off, and only a weakness and lowness remains.

Rufus's Pills

Soccorine Aloes two ounces; Myrrh and Saffron of each one ounce, all finely powdered. make them into a mass with Syrup of Saffron. the quantity to be taken half a Drachm, or rather Pills of five grains each three times a day by way of alterative.

a Poultice to ripen a swelling
Currants, Oatmeal and Honey boiled together,
with Hogs lard.

for a slackness of the sinews
four spoonfuls of Rum, eight spoonfuls of sweet
oil, half an ounce of liquid Laudanum, rub in a
spoonful of this mixture by the fire night & morning,

to make Nicotratum to cure Chilblains
Oil Vinegar and Litharge of Gold stirred together
two hours, till it is white, a little more oil than vinegar

Bark Draughts

take an ounce of Bark, break it in small pieces,
boil it in a pint of water till it comes to half a pint.
when almost done boiling add a drachm of dried

6 Orange peel. then strain it off, and when cold add an ounce of Tincture of Stryptic and sixty drops of acid Elisir of Citricol. this makes six draughts to be taken twice a day.

to make white salve for Chilblains

take five ounces of Hog's lard, three ounces of mutton suet, two ounces of Deers suet and half an ounce of yellow bees wax, and melt them together to a salve.

to cure Ringworms

take the size of two Beans of white Copperas and dissolve in a pint of water, wash the place night and morning till it is cured.

Elder Ointment

Oil of Cream mixed with the Juice of Elder stalks.

to make Snail Chocolate for Children

gather twenty House snails in the evening, put them in a covered pan till the morning, then wash them very clean and just crack the shells, put them in a saucepan with two large teacups of water, and let them boil till half the water is consumed skimming them very well all the while, then strain off the liquor, let it settle,

and pour it off clear. to one teacup of this broth add a teacup of milk, two large spoonfuls of chocolate, just to colour it, and sugar enough to sweeten the whole, then give it a boil up.

to cure Worms

Give a Child of six years old six grains of Pulvis Basilicus with three grains of powder rhubarb, every other morning, working it off with tea or gruel, give three doses; from experience, it is given at the decrease of the moon.

to cure Worms

Oil and sugar, or flour and milk, taken in the morning fasting, three teagpoonfuls of either, for nine mornings successively.

for cleaning and preserving the Teeth
Take cream of Tartar, Boletimoniac and the rattle fish bone, of each half an ounce, myrrh two drachms, rub these well together in a mortar, and put it into small boxes for use.

Another

Bark powder with Port and Water.

8 Gargle for a sore throat

Honey, Vinegar, Port wine, Pepper, sage and black currant stalks boiled together, and strained.

Draught for the same

Pennyroyal water, confectia cardiaca, clean water and sugar.

a puke for a Child in the Whooping cough

Five grains of Specacuanha mixed in a little brandy and water sweetened with sugar, worked off with chamomile tea.

Electuary for the scurvy and all Eruptions

An equal quantity of flour of brimstone and cream of tartar mixed in Treacle. to be taken the size of a nutmeg every other day.

to make the hair grow thick

An equal quantity of oil and vinegar or honey dissolved with mutton suet for an ointment.

a momentary relief for the Toothache

salt snuffed up the nose.

laurel leaves applied to the face procure sleep in the tooth or ear ache.

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to cure a hollow tooth

gar was mixed with burnt clove and put into the hollow of the tooth. also a clove put in the tooth.

to prevent the toothache

Wash the mouth eyes and behind the ears with cold water, and rub behind the ears with a coarse towell till it heats again, and rubbing the lips immediately with the same part of the cloth will prevent their chopping.

to remove obstructions

half a pint of Cyder, a little ginger, sweeten'd with treacle, drank warm going to bed.

to cure a cold

Take a large teacup full of linseed, two pennyworth of stick liqaurice, a quarter of a pound of san raisins. Put these into soft water two quarts, and let it simmer over a slow fire till it is reduced to one quart, then add to it a quarter of a pound of brown sugar candy powdered, a table spoonful of old rum and a table spoonful of the best white wine vinegar or lemon juice. Note the rum and vinegar are best to be added only to

that quantity that you are immediately going to take, for if it is put into the whole it is apt in a little time to grow flat. Drink half a pint at going to bed, and take a little whenever the cough is troublesome. This receipt generally cures the worst of colds in two or three days, and if taken in time may be said to be almost an infallible remedy. It is a most sovereign and ~~infallible~~ balsamic cordial for the lungs, without the opening qualities that endanger fresh cold in going out. it has cured colds when almost settled in ^{tho} contumacy, in less than three weeks.

To relieve the Gout

Boil the crumb of the finest bread in milk, to a pulp, add at the end a drachm and half of the powder of red roses; ten grains of saffron; an ounce of oil of roses; and spread it upon a linnen cloth to be applied lukewarm, and continued for three hours. Then take of sage leaves half a handful; of the root of hemlock sliced six drachms; of Biony root half an ounce, of the leaves of red roses two pugils, boil them in two quarts of water wherein

steel has been quenched, till the liquor comes to a quart, after straining put in half a handful of bay salt. Let it be used with a scarlet cloth, or scarlet wool dipped in the hot liquor, and so renewed seven times in a quarter of an hour or a little more. the plaister. take as much emplastrum diachalceos as suffices to cover the part, dissolve it with oil of roses to such a consistence as will stick; and spread it upon a piece of holland. the poultice is to lie for two or three hours; the ^{ation} foment, for a quarter of an hour or somewhat more, being used hot, and seven or eight times repeated. the plaister is to remain on till the part be well confirmed. this remedy seldom fails to drive away the gout in twenty four hours.

a cure for the gravel

Take anchovies with the salt and liquor belonging to them. and rub the back and sides with your hand when this is done apply clean and dry linnen, flannel or bladder, fully sprinkled and bedewed with the liquor. this operation may be renewed from time to time as occasion ^{may} require.

it is a cure likewise for the sciatica. to prevent fits of gravel, and to dissolve those concretions which are the cause of it. the same method must be observed twice or thrice a week, or oftener if need so require. I earnestly recommend the use of a flesh brush on the parts affected, after the racking fits are over. perhaps ~~either~~ some way or other applied previously, may add still more to the good effects of it. the fins of the fish should be carefully extracted, that the patient may not be hurt, nor the skin torn by rubbing and chafing with the hand, which should always be done heartily in the intervals of the gravel fits, upon the parts affected. it may probably be of service in inflammation of the kidneys and bladder, inflammation of the Piles, Fistula; Gout in the extreme parts; quinsey; rheumatism; scorbutic, cancerous and schirrous disorders; by injection for the Stone; and with ~~the~~ ether for head aches applied to the temples. also for asthma, rubbed as before directed on the back between the shoulderers. also from the saline particles for the bite of a mad dog if applied soon.

To cure an Ague

Take as much mould candle snuff as will lay on a shilling, and half the quantity of nutmeg, make it into a bolus with any syrup, and take it as the cold fit comes on, going to bed, and drinking plentifully of baum tea, if three doses does not cure an emetic should be administered and a dose of Castor Oil, and then give three doses more, if required.

To remove Obstructions

As much wood foot as will lay on a shilling tied in a rag and steeped in a teacup of milk overnight taken in the morning fasting squeezing the rag; to be taken three mornings and nights three till it has been taken nine times. taking small doses of tincture sacra the intermediate nights.

To cure Deafness

a plug made of the pith of a cabbage stump put into the ear, and changed night and morning.

to prevent coughing at night
take a mess of thick water gruel sweetened with honey going to bed.

A decoction to sweeten the blood
 two ounces of the inner bark of the elm, to be boiled
 in a pint and half of water to a pint. add forty
 grains of Nitre, this to be taken every day for
 some time.

Knuckle broth a great restorative
 take five knuckles of legs of mutton, two ounces
 and half of hartshorn shavings, an ounce of
 pearl barley and a burnt crust; stew it in two
 quarts of water (with a very little salt) very
 slowly, till it is reduced to a pint. strain it off
 and take a large teacup morning and evening ^{made}

for an inflammation in the eyes
 seven grains of white vitriol dissolved in four
 ounces of white rose water.

to cure a cough
 a handful of Rue boiled in half a pint of
 vinegar, till it is half consumed, then strained,
 and sweeten'd with half a pound of brown sugar
 candy powder'd, take a teaspoonful when the
 cough tickles.

a decoction to sweeten the blood
half an ounce of bark and ~~an~~ ounce of
Sarsaparilla boiled in a quart of water to a
pint. or an ounce of bark in the same quantity of water.

a certain and speedy cure for a sprain
take a gill of gall from a bullock lately killed,
a gill of very good Rum, to which add three penny
worth of spirits of wine and Camphire, mix
them well together and bathe the part aggrieved.

Another

Oil and vinegar an equal quantity, incorpo^{ated}
together by shaking in a bottle, then bathe the
part affected. or an equal quantity of vinegar
and Brandy.

another

an ounce of Salt petre, an ounce of roach
allum, a pint of white wine vinegar, simmered
together and used warm.

Dr Glasse's cure for chillblains
take two ounces of volatile spirit of Sal
ammoniac, and two ounces of tincture of Salt of Tartar.

16 pour a tea spoonfull out of each vial into a wine
glas of water; and take it about noon.
a fomentation of chamomile and milk and water,
will greatly relieve them if much swelled.

a Specific for inward or outward Piles.
Powder'd Senna, flour of brimstone, powder'd
Crabeyes, of each one ounce; best honey eight
ounces; two large Nutmegs grated fine; and one
spoonful of the best oil; make these ingredients
into an Electuary, and take about the size of a
walnut at bed time. it has been administred in
a thousand instances with success, nor can I
recollect that it was ever given in vain.

To cure the Gout in the Stomach
Confectia Cardiac a Drachm and half, aromatic
Species the same quantity; Syrup of Ginger six
Drachms; orange peel water ^{two} ~~five~~ ounces, simple
cinnamon water six ounces; make a mixture
of which take three table spoons full occasionally.

17 an infallible cure for a cough

Two teaspoonfuls of Venice Turpentine put in a teapot and half filled with boiling water covers close, then hold the spout in your mouth that the steam may go down your lungs, do it two or three times a day and it will have a very speedy effect.

Pulvis Ladans

Senna powdered and cream of Tartar an equal quantity, about forty grains is a dose for a grown person.

a cure for a cough

Ten or Twenty Drops of Balsam of Sulphur dropt upon Lisbon sugar, taken two or three times a day, will cure a cough speedily and effectually.

to relieve the Toothache

a piece of white brown paper four double dipt in Brandy and ginger grated over it will relieve the Toothache.

to cure an inflammation in the face
Nettles fried in butter, put in a rag and applied warm to the part affected by way of Poultice.

a family Purgative. R. B.
 aloes, saffron, Myrrh, Salt of Tartar, Rhubarb,
 of each one Drachm powdered, twelve ounces
 of water; boiled to eight, stand till cold
 then poured off clear and the remainder
filtrated.

To cure the Rheumatism

When the fit first comes on, take three large
 spoonsfull of lignum vite or Guaiacum shaving,
 pour upon them half a pint of boiling water
 over night, cover it and let it stand till the
 morning; then pour it off clear, and add to it
 a little boiling water to make it as warm as
 milk from the cow, to be drank in bed, and keep
 there a quarter of an hour after it, to be taken
 every morning for a fortnight. then take twenty
 drops of Balsam of Guaiacum on a knob of
 sugar, and a small bason of buckbane tea night
 and morning for a fortnight more. continue
 the buckbane tea as long as you find occasion,
 and drink it by way of prevention in the months
 of March and October. Tansy may be used instead

of B. C. Rhane. He fed to be drunk almost cold
 without sugar.

Sir William Duncan's Gargle for a sore throat
take two ounces of honey of Roses, and forty or fifty
Drops of the spirit of Sea salt; infuse the same in
about fourteen ounces of barley water which
being frequently used in gargling the throat,
will bring away and discharge all the putrid matter.

to cure Worms

two Drachms and half of Senna, two Drachms and
half of worm powder, four spoonfuls of Seville
orange juice and four spoons full of white wine
infused together. then add half an ounce of
syrap of violets. one or two spoons full at a
dose in the morning.

an alterative Drink

two ounces of Guaiacum shavings and half an
ounce of liquorice root, boiled in a pint and half
of water to one pint, strain it and take six
spoons full twice a day.

For a costive habit
twenty grains of Jalap, twenty grains of depurated Nitre,
twenty grains of ginger, an ounce and half of lenitive

20 Electuary, and some syrup of roses, the three first well
rabbled together in a mortar, then mixed with the other
two.
or half a pint of Jeffersons water boiled half away
or twenty grains of magnesia and twenty grains
of Lac Sulphuris mixed. ^{or oil of almonds & manna} made into an electuary.

Mr Kimbers Draught

Simple alexiterial water an ounce and a half,
Sal Polychrest one scruple, compound powder of
Goatsclaws fifteen grains, Kindererus's spirit
and tincture of Senna of each two drachms,
syrup of sugar a sufficient quantity (about
two drachms) mix and make them into a draught.

to cure a sore throat

take as many mulberries or blackberries as you
chuse, and squeeze them thro a cloth, then weigh
the juice, and take the same weight of virgin honey,
which put into a preserving pan, and skim off the
drofs as it rises, till it boils. then take your juice
and put into the honey, letting it boil a quarter
of an hour, which does it. when cold, put it into

21 a bottle, and tie a piece of leather over it with a hole prick'd with a fork, or the bottle will burst; it must stand six months as directed, and then you may cork it, it will ~~keep for ever~~ if you never spoil in keeping. the manner of taking it is a tea spoon full now and then, when the throat is troublesome.
a cure for the bad head which comes after the measles take six penny worth of red precipitate to half a pound of unwashed butter, simmer it up together in an earthen pipkin keeping it stirring with a stick all the while till it is cold, then anoint the part affected night and morning, and take physick twice a week if very bad, during the anointing. every third day wash the part well with small beer and butter warmed; you must be very careful of the ointment, as it is dangerous to be left about.

to cure a sore Tongue
half a drachm of quince seed boiled in half a pint of water to a quarter, strain it and mix an ounce of Mulberry Syrap.

to cure the Gout

make a conserve of Buckbane, with the weight
 in sugar candy; beat both fine, and take as much
 as a large nutmeg, first and last; and drink a tea
 made of the same herb morning and afternoon,
 constantly for one whole year. This alone without
 any other medicines, made a perfect cure in a
 person who had been many years most grievously
 afflicted; and is effectual in the scurvy, or rheumat^{ick}
 pains. where the patient is weak and very restless,
 tis best to mix a third part Venice Treacle in the
 conserve they take when going to rest.

to make Pleuritick oil

take cucumbers and slice them with the skin on,
 take a handfull and fry them in a quart of olive oil,
 take the first frying out of the oil, and lay them in a
 dish, then take a piece of steel red hot and quench it
 in the oil, then add a handfull of fresh cucumbers, fry
 in the same manner, when well fry'd take them out,
 and put them with the others in the dish, quenching

23 The red hot steel in the oil as before: this do seven times, taking out the fry'd cucumbers, and adding fresh every time, quenching the red hot steel in it. then take all the cucumbers that have been fry'd, and put them in a linnen cloth, and squeeze them well, and what you squeeze out of them to the oil, when it is cold put it into a bottle. For a Pleurisy or pain in the side, rub the opposite side to that where the pain is, then put tow over it to keep it tight and close, and a sheet of brown paper wrapt round.

Oil of Charity

take a Gallon of olive oil, chamomile, valerian, lavender, red sage, rosemary, wormwood, adder's tongue and St. John's wort, of each four handfuls, wash and dry them, boil them on a gentle fire till the herbs are crisp, then strain it and keep for use. it will be twelve or sixteen hours boiling. Fifteen drops dropt into the ear is good for deafness, imposthumes, and aches in the ear that proceed from cold. for any inward bruise drank in sack or warm posset drinks. it is excellent for the

Piles, for all green wounds, swellings and aches that proceed from cold, and for bruises, and likewise for the Rickets.

Laxative Electuary

A pound of Figs or Jar Raisins (figs are best) four ounces of Senna finely powdered, an ounce of cream of Tartar, a glass of Brandy, a tea spoon full of grated ginger, beat all well together in a marble mortar, and keep it in an earthen cup or gallipot. take about the size of a Nutmeg going to bed, or more if required. N. B. if it grows too dry in keeping put some more brandy and mix it up. D. M.

For a deafness by the wax being too hardened and dry
by ^{no} ~~no~~ ^{had} ~~had~~
One drachm of spirit of lavender, two drachms of oil of sweet almonds, mixed together, dip a camels hair brush in it, and moisten the ear as low as you can, every other night at going to bed.

Saline cordial Draughts for a low Fever D. M.
two scruples of volatile sal ammoniacum, lemon juice four spoons full. three ounces of simple

25 cinnamon water, three quarters of an ounce of spirituous
Ditto, two scruples of confectia cardiaca, half an ounce
of tincture of saffron, a large tea spoon full of
spirit of sal volatile three or four lumps of sugar:
this makes four draughts to be taken every four hours.

To kill Worms

Mrs North

take two ounces of Smythies dust beat fine and sifted
thro a muslin, one ounce of cream of tartar, one ounce
of flour of brimstone. mix the above in half a pound
of treacle.

Chicken Panada

Mrs Rose

take a lean fowl or chicken, take off all the skin
and fat, cut it in quarters, then put to it a quart of
water, two blades of mace and a little salt, let it stew
over a slow fire till the meat is tender enough to be
pounded in a mortar very fine, then pulp it thro a
sieve into the liquor in which it was boiled, you may
add any seasoning that is agreeable to you. a crust of
bread boiled with it will be an improvement.

Soot Drops

An ounce of afafetida, two ounces of valerian, two ounces of wood soot, one quart of brandy. let the above stand ten days, shaking the bottle every day. then filter it for use.

D. M.

to cure all kinds of curable sores, gatherings, &c. &c.
Nonesuch Plaister

corns

Dr Worthington

take the best olive oil, decayed one quart, red lead a pound, boil them till black, stirring them all the while: take them off the fire, and add a quarter of a pound of rosin, and two ounces of red wax, such as is used for deeds, bruise them a little. when the mixture no longer makes a noise stir it, and set it over the fire again, let it boil. try it by dipping in a rag which you must put into cold water, and if it sticks well to your finger it is enough. butter an earthen pot and fill it with water, then put three or four ladles full at a time into the water till it will roll for use. you must work it with your hands well buttered in the water, and make it into rolls. N. B. when used tis to be thickly spread on leather with a hot knife and immediately applied.

N. B. it should be renewed as often as the fire and great care be taken that it does not boil over.

27
to make Elm decoction for eruptions on the skin and
all sorts of changey disorders. Dr Worthington
From the branches of a full grown Elm, take off the outer
rind as thin as possible; then peel and scrape off the inner
rind of the tree and to a large handful of the latter
put four quarts of water which boil till one quart is
consumed, then strain off the liquor and drink of it three
half pints in a day. if it is rightly made the liquor will
resemble port wine.

for Fits or windy disorders
take two pennynorth of sweet fennel seeds, two
pennynorth of anniseeds, powderd fine. give to a
grown Person one small tea spoon full in any liquor,
and to a child less in proportion, to be taken morning
and evening. F. M.

Tincture of Saffron
let six pennynorth of saffron and half a pint of
brandy stand for a week, shaking it every day. let the
saffron remain in the tincture, and pour it off clear
as you use it. F. M.

to make lavender drops
Red and yellow Saunders each four pennynorth, cubebs
three pennynorth, cochineal and saffron three pennynorth each.

28 red rose leaves two penny worth, cut a nutmeg in small bits, a few cloves and mace, infuse the above ingredients in a quart of spirits of lavender for nine days, shaking the bottle every day, then filter thro' cap paper. to make the spirits of lavender, put half a peck of lavender to a gallon of spirits drawn from the lees of raisin wine or ale. D.M.

to cure a weaknefs of limbs Lady Wake
the berries of sea tang squeezed and the juice rubbed on the part affected night and morning.

to cure a Cough
a yolk of an egg beat in a mortar with a cup full of clarified honey and the same quantity of sweet oil which must be added by degrees. D.M.

Fit Cakes
Two pound of fine sugar sifted, two ounces of gum Dragon, steeped in a cup of rose water over night, two ounces and a quarter of rectified oil of amber, mix these into a paste put the sugar in by degrees then on a sheet of paper with a rolling pin roll it out the thickness

29 of a crown piece and then cut it into cakes the bigness
of a shilling, then set them before the fire or in the sun
to dry, when dry put them in a chip box with paper dipped
in oil of amber and dried, put over and under them, in a
dry place they will keep years, the quantity to be taken
for a man is three lozenges, for a woman two, a child
twelve years of age one, if younger half a one bruised
in any kind of liquid going to bed if you find any
symptoms of fits or downes, if troubled with fits take
them twice any time of the day, and by way of prevention
take them three days before the fall and change of the
moon. S. H.

Green Ointment

take rosemary, lavender, wormwood, wild sage,
lavender cotton, agrimony, bay leaves, rue, ^{lime,} brook,
chamomile, dwarf elder leaves, southernwood and
featherfew, of each a handful, shred very small,
also half the quantity of thyme and marigolds, then
take five pounds of new butter unsalted, boil the
butter and herbs together till the herbs are crisp, then
strain the oil from the herbs, and put to the oil a

porringer of cow dung new made, and of hen's dung
 half an ounce, cloves, mace and cinnamon, of each
 half an ounce, with two large nutmegs and one
 pint of black Jew snails. when these are all
 well boiled together strain the oil for use. it is
 good for a dry cough; rickets in children by anointing
 their joints; likewise all swellings, knots or wounds
 in the breasts; and for all bruises outward or inward,
 burns or scalds. the bigness of a nutmeg may be
 taken at a time. ^{for piles a sovereign} D. M. ^{this should be made the latter}
^{remedy} ^{end of June or beginning of July}
 as the herbs are then in their prime.

to cure Fits

A tea spoon full of flower of mustard, in a glass
 of white wine before dinner. D. M.

to strengthen the bowels

take Peruvian bark one ounce and half, Columbo
 root half an ounce, beat these into a gross powder;
 pour upon them one pint of cold water, let it stand
 by the fire in a close vessel forty hours, strain it off
 thro a linnen cloth, to every eight ounces of the
 strained liquor add one ounce of Hudams compound

tinature of Peruvian bark, with two drachms of ^{it} compound spirits of lavender, make it into a stomachy mixture, to be taken when required, about a tea spoonfull in water. G. M.

an approved recipe for Worms
a handful of Rue, a handful of featherfew bruised,
nine large live earthworms, all sewed up in a fine
linnen or muslin bag, and hung round the Person
against the navel. This is to be done either at the
full or new moon for twenty four hours. if the
Person has worms, the earthworms will be totally
evaporated; in that case a dose of senna or rhubarb
should be given when the bag is taken off, and
the worms will infallibly come away. G. M.

To cure the Dropsy
take broom ashes half a pound, steep them in a
quart of Rhenish wine cold, strain off the liquor,
and take a quarter of a pint three times a day. G. M.

Ginger cakes

half a pound of flour, an ounce and half of Yalapi,
two ounces of butter, and two ounces of sugar, half

32 an ounce of ginger, half an ounce of caraway seed well bruised, mix all these with treade into a stiff paste, make it into cakes each a quarter of an ounce weight, and bake them in a slow oven. F. H.

Syrup of Marshmallows, approved.
take a large quantity of the root of marsh mallows, a handful of Parsley roots, and a handful of fennel roots; wash all these, and pare off the outside clean; cut them into small pieces, leaving out the pith of the Parsley and Fennel roots; add two ounces of green liquorice likewise cut to pieces; then take anniseed and sweet fennel seed gently bruised, of each a large spoonfull, Pellitory of the wall, filipendula, hill time, and ground Ivy, of each a small handful, cut these, and let all steep in as much spring water as will cover them; after it has steeped an whole night, boil it and strain it, then let it stand an hour or two to settle, and pour it off as fine as you can, boil it again, as it begins to boil put in the whites of two or three eggs well beaten; scum it well and

strain it again; and to every pint of liquor put a pound and half of fine ^{lump} white sugar, and boil it up to a syrup. it should be made the latter end of May or beginning of June because the herbs have then most virtue. this quantity makes three quarts, take a desert spoon full in tea or any kind of liquid, when in pain or necessary. D.M.

to cure an inward bruise
as much salt petre as will lie upon a shilling in a pint of bran tea going to bed.

Eye Water Mr Butcher Nottingham
measure your pot how much it will hold, for according to the quantity of water, you will judge the snow to be when melted, to every gallon put one ounce of white vitriol beat fine, fill your pot with snow crammed hard down, but as you fill it strew in your vitriol till the pot is full; let it stand till tis all melted, stirring it twice a week for about a fortnight, then let it stand a fortnight afterwards, and then strain it thro' a cloth, bottle it close up, and write upon it

eyewater, Poison. This is the small eyewater, the other is the same except four ounces to the gallon instead of one.

Castor Oil as an alterative to be taken ^{morning} every two teaspoons full of the oil mixt with half the yolk of an egg in a mortar, add by very slow degrees (least it curdles) a little Peppermint water. D. N.

to cure an inward bruise
take black rosin beat to a fine powder, as much as will lie upon a shilling, morning and night in wine. This is good for a pain in the side, and the whites. D. N.

an Emetic Mr Surtees approved
half an ounce of roach allum, simmered in a quarter of a pint of water till it comes to a cup full, strain it and take it at night, Drink plentifully of chamomile tea.

to cure the Piles
Lenitive Electuary an ounce & a half, flour of brimstone or lac sulphur is half an ounce, mix them together, the quantity of a nutmeg to be taken every night and morning.

to cure the Gout

take half a pound of new carded wool warm it by the fire, then wrap up the part affected, over this tie a napkin that has been dipped in melted wax, let it be cold; in twenty four hours it will ease the most violent pain by a great sweat, if you see cause you may repeat fresh wool that is well warmed. when you take off the bees wax and wool be sure you wrap up the limb in a hot flannel for fear of cold.

Restorative Jelly Dr Jebb

Take two calves feet cut into small pieces, put them into an earthen pot with three pints of new milk, and one pint of water, add a blade of mace, and two ounces of loaf sugar, cover the pot close with an earthen cover, bake it twelve hours, then strain it thro' a sieve, when cold take off the fat, it may be eat either hot or cold, and with either wine or milk at any time of the day.

Bark & Vitriol draughts Mr Hallifax
ordered when too much in a certain way.

Thirty grains of powder of bark, elixir of vitriol twelve

Drops, spirituous cinnamon water two teaspoonfuls, mix
in a little water for a Draught, to be taken twice a day.

a medicine of great efficacy in the Stone.

a pound of Lady's bed straw boiled in five pints of
water till it is reduced to two quarts, then strain it off,
and put two ounces and half of honey to the liquor, which
must be boiled for a quarter of an hour. Drink half a
pint every morning two hours before breakfast. N. B.
The Lady's bed straw or runnet must be gathered about
July (when it is in full flower) and dry stalks-leaves
and flowers together.

Nourishing Jelly

a gallon of milk poured upon one pound of Hartshorn
shavings into a broad earthen pan, put it into the
oven after the bread is drawn, and let it stay till
cold, then the curd is to be taken off, and a tea cup of
the Jelly to be taken once or twice a day by a weakly
person.

Hughams Tincture of Bark

Best powdered bark two ounces; snake root powdered
three drachms, dried orange peel one drachm and a half,

saffron four scruples, cochineal two scruples, infuse all these in a pint and a quarter of best french brandy for a week or ten days, and then strain it off.

to cure an Asthma

take whole mustard seed, the quantity of two tea spoons full in a day, and increasing the dose gradually till you make it two large spoons full. N.B: this quantity in a day but it need not all be taken at once. this has cured many Asthma's after other things have failed.

to cure the Stone or Gravel approved Mrs Price

take the berries of hawthorn, dry them and beat them into powder and sift them thro a very fine sieve, the patient may take a desert spoonful in a glass of wine in a morning fasting, or at noon if more agreeable, and they will never be troubled with that disorder while they take it.

to cure a Quinsey

fresh cow dung fried in hogs lard and applied to the throat in the way of Poultice as warm as it can be borne, changing it as it cools.

For a Bruise or Bruise Mrs S. Price approved
a pint of rectified spirits of wine and two ounces of camphire

put into a quart bottle and filled up with ox gall. rub the sprain or bruise before the fire twice a day for a considerable time with a flannel dipped in this liquor as hot as the patient can bear. let the flannel lie on.

Thieves vinegar

Two pints of strong white wine vinegar, an ounce of cloves, half of which pounded; a clove of garlick, half of it cut small, a handful of salt; one of Juniper-berries, one of Angelica, one of narrow-leaved wormwood, one of rosemary, one of lavender, one of sage, one of mint, all this is to be put into an earthen jar the mouth of which must be small, put it twice into the oven when the bread is taken out, or else it may be put in a bottle and exposed twelve days in the sun before it is strained. when used against the plague you must rub the temples, nostrils, and the palms of your hands and swallow a few drops of it every day.

to cure a cancer

Mrs Lurtess

Boil the finest turkey figs in new milk, which they will thicken by being boiled in it, when they are tender

her breast & the cancerous part. twelve pounds of figs had cured her.

split them, and apply them as warm as can be borne to the part affected, whether it be broke or whole, and the part must be washed every time the poultice is changed with some of the milk. remember always to use a fresh poultice night and morning, and at least one more in the day. and drink a quarter of a pint of the milk that the figs are boiled in twice in the twenty four hours if the stomach will bear it. this course must be steadily observed for three or four months at least. the cure of the old man who died at the age of a hundred and five, was about six years before his death, with about six pounds of figs only. the cancer which began at a corner of his mouth, had eat thro' his jaw, cheek and half way down his throat. yet was so perfectly cured as never to shew any tendency to return. but if there should be any such appearance, the figs should be again apply'd. the first application will be attended with a good deal of pain, but after that, the patient will find ease and relief from every dressing. the woman who was last cured had been afflicted with the cancer above ten years, and

Powders for the Scurvy Mrs. Keer

Two Drachms of burnt sponge, one drachm of purified nitre, ~~sixteen~~ sixteen grains of rhubarb, beat together and divided into six doses, take one every morning mixed in treacle.

a wash for a sore mouth

a little honey, allum, vinegar, and bole armoniac dissolved in strong sage tea.

to cure the Itch given and approved by ^{Miss Toalke} ~~Miss~~ ^{Denbigh}
Boil dock root soft enough to go thro' a sieve, (the kind used for winnowing corn) then take equal weight of flour of brimstone, mix both up in as much butter unsalted as will make it in a salve, the patient must be anointed every night for a week.

to cure a consumption Mrs. J. Price

Take half a pint of spruce beer and rum mixed, two thirds of spruce beer to one of rum, make it milk warm and take it night and morning till the quantity of three quarts be

41 Drank. if half a pint be found too much to take at
a time the quantity may be abated according to
the strength of the patient. N.B. This cured an
old servant of my father's after he had been
given over by the Doctors who said he could not
live five days. This I know to be true as witnesses
to cure Rheumatism Legh, Edlington
Mrs Doughty

sprinkle one ounce of Juniper berries in a
warming pan of coals, and warm the bed with it.

to cure the Ague

Dr Heberden

Myrrh powder's two Drachms, mixed into an Electuary
with honey, the whole to be taken in the space of
twelve hours when the fit is off.

to cure the Chine Cough

Mrs Myddelton

The internal part of this recipe is linseed tea
sweetened with sugar candy for their drink. the
external is three cloves of garlick bruised very
small, then well mixed with one ounce of new
unsalted butter applied like a poultice to the soles
of the feet and wrists repeating it as it dries; this the

say the believe since her children when most averse her lies.

Asafetida Pills

Miss Griffith

Half an ounce of Rhubarb grated, one ounce of asafetida cut in small pieces, a quarter of an ounce of best aloes, pounded to a powder, put them in a mortar and pound them all together, then take as much treacle as will make them into a paste, make them into pills and take two going to bed.

Tincture of Valerian

A quarter of a pound of best valerian grossly bruised, put into a pint of sal volatile, set in a warm place to infuse three weeks; shake it every day, then clear it off for use, and pour brandy on the valerian for a second brewing, which is very sufficient where the nerves are not very bad; if they are, two teaspoonsfull of the first brewing should be taken, three times a day in water. the second brewing two table spoons full twice a day mixed in water.

Tincture of Gum Guaiacum for the Rheumatism

One ounce of the best Gum Guaiacum, and half an ounce of salt petre, both coarsely powdered, and put into a glass bottle, add one pint of rum, shake it every day, and put it in the sun or at a distance from the fire, for an hour every day for ten days. a tea spoon full to be taken at night and fasting in a morning in four large spoons full of water. N. B. no other spirits but rum will do.

Dr Frothergill's prescription for a person who had the scurvy
Three ounces of powdered brimstone in three pints of water, simmer till it comes to a quart. take a coffee cup full twice a day, noon and night.

to cure the Chine Cough Lady Robinson
Oil of Amber and hartshorn drops, rub well the palms of the hands, pit of the stomach, and chine of the back. give to a child a tea spoonful of antimonial wine every other night. treacle and vinegar of each an equal quantity to be taken when the cough is troublesome, this with light diet and fresh air, or change of air will soon cure the chine cough.

44 to cure the Scurvey in the Head ^{wood,}
A handful of Worm wood and a handful of Southern
boiled in a quart of water till it comes to a
pint, wash the head with it frequently.

Pills for a stoppage of Nature
To a quarter of an ounce of powdered Steel, add
half a quarter of an ounce of Rhubarb, and
a quarter of an ounce of aloes, mix these with
as much port wine as will temper them into
pills. three of which are to be taken every
morning fasting till all are taken

to cure the Whites. Mrs Randall approved
The white peel of ripe Walnuts dried and powdered,
a small teaspoonfull taken in a morning
fasting in half a tea cup of white wine.

to cure the same
White Deal shavings boiled in milk, a pill
drank in the morning fasting.

to abate a flow of Nature Mrs Randall
mulberry leaves bruised and tied round the Wrist
at the full of the moon.

45 to cure a hoarseness Mrs Randall approved
A whole lemon boiled till tender, then pounded
very fine with two ounces of sugar candy,
two table spoons full of sweet oil, and two table
spoons full of Rum.

to cure a bruise upon the eye Mrs Randall
or any other part, even if the skin is broke,
it will take off the blackness and ease the pain
speedily. a slice of lemon applied to the part
bruised.

a drink in a fever Mrs Randall
Long Plantain leaves also called Rib graft,
Dandelion roots and ground ivy made into tea
is good to be drank in any fever.

to heal an old sore. Mrs Randall approved.
The juice from the root of the Rose Thistle
applied upon lint.

Tincture to preserve the Teeth Mrs. Middleton
highly approved
Take two ounces of myrrh and two ounces of mastick,
put them into a pipkin with five pints of water and
one handful of salt. boil it more than two hours

over a gentle fire stirring it all the time, then put into it two ounces of Dragons blood and let it boil half an hour afterwards, let it stand a day or two to settle, then pour it into bottles, and wash your mouth with it night and morning with a brush.

to cure the Rheumatism

take one gallon of the strongest common ale while it is working, cover it in an earthen pan, put into it one quarter of a pound of mustard seed not bruised, a large handful of horse radish clean washed and wiped but not scraped, stir them together in the drink three or four times a day, for four days together. then let it stand three days covered, then strain, bottle and cork it close for use. then let the Patient take half a pint going to bed at night, and half a pint in the morning fasting. take particular care during the taking the above infusion to abstain from all acids either in meat or drink,

and the cure will be perfected the sooner.

The following cured a Woman of the Dropsy who had been tapped many times.

Broom berries or rather the seeds, gather'd ripe in August, let them be roasted lightly, and half an ounce ground and made as Coffee into two cups only.

~~to cure the Jaundice~~ No Williams St: Asaph

Two quarts of sheep's dung, observe to gather the round buttons, not in a lax state, one gallon of old strong beer, let them stand together forty eight hours, shaking them frequently; then strain it thro a fine sieve. let the patient take half a pint in the morning fasting for about eight days. then wait a few days, and begin again for the same number.

to prevent a fever in infected air

Two large spoons full of the decoction of Bark, and a tea spoon full of the Tincture of Bark, two or three times a day. this was given the Children when the fever was so bad at Aspley.

a drink for a sick Person
 a handfull of Rice, a pint of new milk, a
 quarter of a pint of spring water, a blade
 of mace. put all in a close pot and bake
 till the Rice is tender, then strain it.

Elder Berry Water
 take a peck of Elder Berries, and three
 pound of treacle, three spoons full of Yeast,
 stir it well together. three times a day, for
 nine days. put your still about half full
 at a time. this quantity will make about a
 quart of Cordial.

Spermaceti mixture
 a drachm and half of Spermaceti, beat in a
 mortar, with the yolk of an egg, then mix
 it with a little warm water, and add three
 or four drops of Nitre for each dose the above
 is for three doses.

to cure the Worms

Rhubarb, Wormseed and burnt Hartshorn of
each ^{half} an ounce, Senna one Ounce, all finely
powder'd and pass'd through a lawn sieve.

The Dose for a child of three years old is twelve
grains, mixt in honey given three successive
mornings; ^{fasting and waiting an hour after for breakfast,} the dose to be increased in proportion
^{then work it off with watergruel.} to the age of the Child. ^{to be repeated three mornings}
^{more a fortnight after,} which generally clears them

a cure for Chilblains and Burns

Take four ounces of Beef marrow, four
ounces of Venice Turpentine, ^{and} four ounces of
Bees wax. put them in a new Pipkin, and simmer
them over a slow fire; when it is all melted
take it off, and add four ounces of olive oil, and
stir it carefully till it is cold. ^{camphorated oil would be an improvement} if the chilblains
are broken spread the salve on very fine rag,
and apply it; changing the Plaister once a day, if
the skin is not broken it is only to be rubbed
in well night and morning and thread stockings
or rag worn next them. it is supposed to prevent

any rupture of the complaint to be used in the same manner
for Burns, camphorated oil would be an improvement.

To cure a Scald Head

Take sixpennyworth of Precipitate, to half a pound of butter, simmer them together in an earthen Pipkin, keeping it stirring with a stick all the while till it is cold. then anoint the part affected Night and morning, and give Physick twice a week if very bad, during the anointing. N. B. wash the Head every third day with warm small Beer and butter, you must be very careful of the oint^{ment}, as it is dangerous to be left about.

Elder Ointment

Take a handfull of the inner bark of Elder, a little Parsley, two leaves of red Sage, and a head of houseleek, a piece of mutton suet the size of a nutmeg, chop all these ingredients a little, then add half a pint of raw cream not above a day old, boil it gently over the fire three or four hours, then strain it into gallipots for use. it cures all burns and inflammation.

57 a Gargle for a sore throat

Boil a handful of black currant shoots, and half an ounce of Pearl barley, in one pint of water till it is half consumed, then strain and add White wine Vinegar and Honey of each two table spoons full, mix and make a gargle, to be used frequently made warm.

a Restorative Jelly for a Consumption
Take a pound of Smails over night, put them in a covered pan till the morning, then wash them clean and crack them, put them over the fire with four ounces of hartshorn shavings, two ounces of Eryngo root bruised, and two quarts of water, to be boiled to a Jelly, towards the latter end of the boiling add two Tipers cut in pieces. when it is reduced to a quart, strain it thro a flannel, let it settle and pour it off clear, then add a seville Orange or two, (or orange juice if fresh oranges are not to be had) a pint of Rhenish, and powdered sugar candy enough to sweeten it. give it a boil up

52 Then pass it thro the flannel again, and pour
it into teacups, it is not fine enough for
glasses. a teacup or two to be taken every
day to cure weakness or consumption.
to cure the Dropsy

Two ounces of Broom Ashes put in a quart
of Old Hock or Rhenish, to stand a day, and
a wine glass taken night and morning, straining
it thro a bit of muslin. The Ashes may be had
at Sharps a Druggist, at the Red Cross in
Bishopgate Street. to be strained as it is used.
It is also good to drink a tea made of green
broom at the same time.

A Purge

a quarter of an ounce of Senna leaves, and
fifteen grains of ginger bruised, boiling water
four table spoons full: infuse them four hours
and then strain it, ~~and~~ a quarter of an ounce of
the best Hanna and half the quantity of Glauber
salts, dissolved in the infusion. then add a quart
of an ounce of Tincture of Senna. two thirds of

This quantity to be taken at
first and then remainder in two
or three hours if needfull.

Another Purge

Senna tea with bruised ginger, dissolve in it three quarters of an ounce of Manna, and a quarter of an ounce of soluble Tartar, then add three teaspoons full of Tincture of Senna.

Infusion of Senna

Senna a drachm and half; ginger bruised ten grains; boiling water three table spoons full: infuse them four hours, and then strain off the fluid. the ginger abates the gripeing quality of the Senna, and makes it sit better upon the Stomach.

a Purge for an Infant

Take Manna and pulp of Casia, of each half an ounce; dissolve them in about three ounces of thin broth. let the Child take two spoons full three times a day, varying the quantity according to the effect, which, at first, ought to be three or four motions in four and twenty hours.

for the Thrush in an infant

Three grains of Rhubarb and six of Magnesia, every third or fourth day, according to the effect. if griped,

54 a mutton broth clyster without salt, a handfull
of elder leaves boiled in water, and then boiled to
a syrup with sugar to heal the mouth.

for the sore breasts. a fomentation of elder leaves,
chamomile flowers, mallows, and milk and water
boiled. anoint the nipple with elder ointment.

to dry away the milk

Rub the breast twice a day, with brandy and
oil, a spoonfull of brandy to three of oil at
first, afterwards half and half.

to cure a pain in the Side

an ounce and a half of oil of almonds, sixty
drop of spirits of hartshorn, an ounce of small
cinnamon water, three ounces and half of
water, shook in a vial, take two table spoons
full every four hours. if not removed blister
the part.

to cure the Ague

two drachms of powder Bark, two drachms of Tincture
of snake root, one ounce of conserve of Wormwood;
to be equally divided into two parts, one to be

taken immediately after the cold fit and the other three
hours after, if not taken in bed.

55 to cure the Epilepsy
Wild Valerian Root powdered finely, half a
table spoonful every day.

to cure the Gout in the Head
twenty grains of powdered Rhubarb and
twenty drops of sal volatile in two ounces
of water with a little sugar, at night going
to bed, the dose to be repeated two nights after.
then two ounces of Bark to be taken, at the
rate of twenty or thirty grains a day.

to make Colonnell Strangweys's Drops
Take of Balsam of Peru one ounce, of the best
Storax two ounces, Benjamin impregnated with
sweet almonds three ounces, Aloes Cocobrian,
Myrrh Elect, purest Frankincense, roots of Angelica,
flowers of St. John's Wort, half an ounce of each, one
pint of spirit of wine; beat all the drugs well
together, and put it all in a bottle well stopp'd,
and set it in the dog days Sun, shakeing it often,
then strain it thro' a fine cloth, and put it into small
bottles for your use.

56 The virtues of the Drops

There is no cut with Iron, or scald, if not mortal, but it will heal in eight or ten days, by patting it with a feather, cotton, or injection, after a wound is dressed with this, there will come no water from it: it cures the Cholick pains in the Stomach, bloody flux, or looseness. twenty five Drops being taken in three spoonfull of broth, or a glass of Claret, ten or fifteen Drops is enough for a young Person, it is good for all Swellings, Contusions, Pustulas, Ulcers, Cancers, of any age, or in any place, by applying it to the part with a feather: tis admirable for a spotted fever, taking five or six Drops or more in a little broth, it cures all bites of venomous creatures, particularly mad Dogs, applying it to the place, and taking ten or twelve Drops inwardly, its good for sore eyes, patting the eye with a feather: you must never warm it, stop it close when you have used it, if the wound has been dressed with another medicine,

57
you should wash it with hot wine before you apply
this: there is no need of tents or plaisters, tis an
infallible cure for pricked horses, dropping a few
drops into the wound, when you draw out the
nail, stubb, or any other thing.

to make the Consumption Balsam *Dr Jackett
Mrs & Hulse*

Take lavender, lavender cotton, rue, sage, rose-
mary, alltop, mint, bayleaves, sanicle, angelica
Thornwood, adders tongue, harts tongue, brooklime,
mouse ear, molehill thyme, southernwood, margold
leaves, elder and baum, plantain, allheal, croftwort,
Bettony, bramble-leaves, tansey, yarrow, burrag,
comfrey, meadow sweet, five finger, solomon's seal,
goosegrafs, groundivy, chamomile, horehound,
backbean and colts foot, of each one handfull
unwashed, but to be properly picked, shred them
fine into twenty one pound of may butter unrun,
but to let the churn milk be well beat out:
put them into a tin Kettle over a slow fire, and let
them boil slowly, till you think the goodness of the

58 herbs is all out, then strain it, and put it into the
kettle again, with one pint of new cow dung,
one ounce of peacocks dung, one quart of black
snails, a quarter of an ounce of mace, half an
ounce of cloves, ditto of cinnamon, boil the whole
half an hour, strain it off, and keep it in pots
from the air, it will keep perfectly good two
years. in many of the herbs there is two sorts, I
take half of each, and I put rather more of
angelica and sanicle than one handful. when
it is taken, a piece the size of a small nutmeg
is sufficient night and morning. it is a very fine
thing for asthmatic complaints.

The Lead Plaister

Mrs Chute

two pounds four ounces of olive oil, a pound of
red lead, a pound of white lead, twelve ounces
of spanish soap cut thin: mix these all well
together in a well glazed earthen pot, which
is high and narrow, and will stand the fire;
and will hold about four quarts, or it will boil

59 over, it rises up so fierce: set it upon a very slow fire, charcoal it should be, and let it do as slow as possible, frequently take it off, and keep it stirring constantly, it takes eight or nine hours to make it properly, it may be done in one, but then it is not nice, when the red colour goes off, and it turns pale it is enough. I recommend to make half the quantity first. I have found great benefit from a plaister of it laid on to the throat when sore, it is of great use in all rheumatick complaints, especially upon the head, face, or pain in the ear, and for deafness laid upon the ear. it will be better for keeping.

an excellent recipe for any wound *Mr. Blake*
Take white wine vinegar one pint, one ounce of roach allum, one ounce of saltpetre, simmer them over a slow fire, till all are dissolved, and when cold bottle it up for use, it is excellent in all sprains and weakness from accidents. and I have been told

will stop a mortification, but I never try'd it for that. but 'tis an excellent useful application, and in stables uncommonly good.

a very good Recipe for an Ague Mrs Chute
Take seventy grains of red Bark, thirty grains of Venice Treacle, the Juice of a lemon, and nine spoons full of red Wine, shake it well up, and give it in three Doses the well day. I like this very much.

an excellent Plaister for a Consumption or Bilious Disorder Mrs Chute
Take of Burgamy Pitch, Rosin and Beeswax each two ounces; melt them together, and then add one ounce and half of oil of Nace, and when 'tis tolerably cool, put in one ounce and half of coarse Turpentine, melt all these together, and when done pour them into cold water, and make them up in rolls; keep them in a bladder. when you use it, spread it upon leather, cut in the shape of a heart, and grate on a little nutmeg apply it to your stomach, and when you think the virtue is gone, repeat it. the Burgamy Pitch must be exceedingly good or it will not stick.

Surfeit Water

Take a peck and half of red Poppies, pick them
 six and put them into ^{one} quart of the best French
 Brandy, add one pound of raisins stoned, one pound
 of figs shred, of cloves, mace, ginger, anniseeds, sweet
 fennel seed, coriander seeds, an ounce each, of
 stick "Liquorice three ounces, slice and bruise the liquorice
 in a mortar, as also the spices and seeds, put all
 these in a large glass or earthen Jar, cover it very
 close, and let it stand to infuse nine days, then
 shaking it now and then strain it thro a flannel bag and add to it a pound
 of brown sugar candy pounded, divide it equally
 into the bottles before the liquor is poured in.

a cure for the Hydrocephalus, or Dropsy of the
 Head taken from the Universal Magazine for November, 1762
 Albert Herman Cummus, a Physician of the
 Court of Brunswick, and the Author of this account
 says, that having had under his care at Hanover a
 Child of six years old, whose Head was so large, that
 it equalled in bulk that of a young man of eighteen,

62 and whose features were no longer discernible, not even the nose, whilst the limbs and belly were exceedingly lank and thin; he first advised the keeping open his mouth as much as possible with a small stick, and then ordered his head to be shaved every day. after being anointed and rubbed two or three times with oil of chamomile, in which were infused during some days the Steecl, Arabic, the spica of great lavender, the common lavender &c. and next washed with brandy, or often fomented with linnen cloths soaked in hungary water. besides these applications to his head, he ordered a cautery to each leg; had him purged four times a week with syrup of Carthamus, or bastard saffron; and made him always take in his drink a little oil of Tartar per Deliquium; and often in his aliment, anise and cummin seeds. with those remedies and this regimen the swelling of the head subsided and the limbs gathered flesh; and in two months time the child was perfectly recovered.

to cure blisters in the mouth
 take goose fat unsalted and rub the top of the
 head with it, well two or three times a day
 wrapping it up warm. it opens the pores, draws
 out the humour, takes off the pain and entirely
carry off the complaint in a short time.

to cure Warts

cut an apple in quarters, rub each of these
 three times over the Wart or Warts, tie it together
 again and hang it in a shady room.

Dr Wards Water

fill a vessel two thirds with running water,
 then fill it up with bright burning coals, let
 it stand twelve hours, ^{covered over} then pour it off clear, and
 bottle it, 'tis good for inflamed wounds and swelled
 eyelids. and to wash a cancerous wound, Sore nipples.

Camphorated Oil

Take two ounces of Oil of almonds and put in it
 half an ounce of Camphire crumbled. it is good
 to dry up an old sore, and probably for Chilblains.

Take Plaster for Weakness in the Limbs or Sprains
Boil very strong old Ale to a consistence, and spread
it on leather prick the leather first full of holes
apply it to the part affected rather warm.

to cure green wounds or bruises

Fill a pot or sauce pan with green walnut
leaves, then fill it with water, boil it till the
leaves are tender and all their virtue out of
them, then bottle the liquor for use. to be
applied immediately to bruises or wounds,
washing the part affected often.

to cure a Cough

a yolk of an egg beat in a mortar, with a teacup
of clarified honey, and the same quantity of
sweet oil, which must be added by degrees.

To cure a weakness from too great evacuation

Take an egg beat it very well, or mill it with
a quill, put it in a glass of Port wine, and drink it
going to bed.

Rice and Molasses good to prevent the sea sickness
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65 ^{For a scald or green wound}
In an earthen Pipkin put half a pint of salladoil
with two ounces of beeswax; set this over a clear
fire till the wax is melted; then add to it two
ounces of yellow rosin; when this is melted, add
to it two ounces of red Lead; boil all together
and keep stirring it till it is thick, and then
pour it off for use.

a cure for bloody water
Half an ounce of liquorice root, scrape off the
outward skin, slice it, bruise the slices in a mortar,
put them into half a pint of soft water, (rain or
river) simmer them over the fire for some time,
this is for one dose, to be taken warm two hours
before breakfast. the use of it must be continued
for some months daily.

Fit Cakes
Two pounds of fine sugar, rounded and sifted; two
ounces of gum dragon, steeped in a cup of rose water
overnight, pound the gum dragon to a tolerable smooth
paste in a marble mortar, then mix it with your

hands in a bowl, by degrees, with the sugar and two ounces
 and a quarter of rectified oil of amber. then mould
 it with your fingers into little cakes, about the
 size of a shilling and the thickness of a crown piece.
 Dry them on tins in the sun, or before the fire if
 there should not be sun enough. when dry put them
 in a chip box with paper dipped in oil of amber and
 dryed put over and under them. in a dry place they
 will keep years. the quantity to be taken is for a
 man three cakes, for a woman two, for a child of
 twelve years old one, if younger half of one, going
 to bed if you find any symptoms of fits or lowness.
 while you actually have fits the dose must be
 repeated twice in the day, and by way of prevention
 afterwards take them three days before the full and
 change of the moon.

N. B: if they should prove too nauseous to chew,
 they may be bruised and taken in any kind of liquid.
 Note the oil of amber would spoil your mortar, therefore
 when the gum dragon is pounded sufficiently smooth, it
 will be best to finish the process in a bowl or pan which
 is easily washed.

an Emulsion for a Cough
 two ounces of Beare barley one ounce of gum
 arabic, boiled in three pints of water to a
 quart, when cold add an ounce of blanched
 almonds pounded and six ounces of sugar, mix
 by degrees in a marble mortar.

to cure the Canker in the mouth of an infant
 Bole armoniac, burnt allum, verjuice and honey
 simmer'd together in an eggshell, anoint the canker
 frequently with a feather.

Another

An ounce of honey of Roses 40 Drops of weak
 spirit of vitriol. Dap the canker frequently with
 a dofil of rag.

Nurse's milk unwholsome when fasting too long.

to cure the Thrush or a sore mouth
 Vine leaves and Bramble leaves boiled together and
 sweetend with honey.

to cure soreth in the mouth
 Goose seam rubbed on the top of the head
 and wrapt up warm.

to cure a knob in the Breast
a wooden spoon dipped in boiling beef liquor,
pressed upon it frequently, as hot as you can well
bear it.

the best way to take Castor oil
In a cup of coffee, mix it first with the sugar,
then pour in the coffee, and a very little cream,
it is very pleasant.

to cure a gnat bite liquid laudanum.

to cure corns

Blackamoors teeth shells, dissolved in lemon juice,
three or four to a smallish lemon, stand three
days.

to cure the ear ache

Juice of sharp pointed dock warmed in a tea spoon,
a few drops poured into the ear.

Onion gruel drank frequently to cure the
Asthma

one of the softest vine leaves to stop the bleeding of a cut.
inside the shell of a raw egg the skin, or the skin of raw
mutton fat to cure a broken skin, applied immediately.

69. Honey and flour to ripen a tumour.
ointment for a bad head

sage chopped fine and simmered with unwashed
butter.

grated nutmeg to eat down proud flesh, very fine sugar
powder ditto, burnt allum ditto, blue vitriol ditto.

Red wine, a red sage leaf to rub the gums well
and make them bleed, and then wash the mouth
with red wine. twice doing cures the canker.
a fresh elder stick carried in the pocket to prevent
inconvenience in riding

a cramp bone of a leg of mutton carried in the pocket
to prevent the cramp.

a fresh horse chestnut carried in each pocket to cure the
Piles, to be changed when they grow dry.

oil of toasted cheese for a burn, or oil of cream.

water in which gold has been quenched for the eyes to
be had at the tower, and mixed with water.

mead to be drank constantly to cure the dropsy.

to cure a pain in the side
as much powder as will lay on a skilling, of peach stone
and kernel, dried in an oven, and pounded as fine as powder.

Cough Drink

Ground ivy, hyssop, marsh mallow root, pearl barley,

liquorice root of each one handful, raisins of the sun two handfuls, pour boiling water on, and stand by the fire, for common drinks, and take it by the bed side

an excellent recipe for an ague

Take two table spoonfuls of the juice expressed from sage well pounded, add an equal quantity of vinegar, and let the patient swallow the dose when the fit comes on.

for the ague, Mr Lee. approved.

An ounce of the powder of Bark, mixed with a glass of Brandy, then pour as much warm water on it as will enable you to swallow the whole of it during the day, or from the time the fit goes off till you expect it to return, when it does return, which it often will for once or twice, repeat the dose as above, the instant the fever is over. continue to take the above mixture in smaller quantities for some time, it has never been known to fail.

to make a water that will expell wens, and warts, and
 deck all breakings out when it is proper to do so.

Take two ounces of bole armoniac, two ounces of
 white copperas, two drachms of camphire, and two
 quarts of spring water, boil it till it comes to one,
 and wash the part affected. N. B. not to be used
 inwardly, or left in the way of children, being
 poison.

to cure a sore mouth Mrs Barber approved
 Rub the crown of the head very well with goose
 grease night and morning, keep the head warm
 while you use it, it will cure all kinds of bad
 mouths.

the four spoonfull for a cough Mrs Pine
 Four table spoonfuls of spring water, four spoonfulls
 of oil of sweet almonds, two spoonfuls of pennyroyal
 water, and one teaspoonfull of hartshorn drops,
 shook together with a little sugar.

Bay leaves dried and reduced to powder, as much as
 will cover an half crown, being drank in a glass of
 white wine, seldom fail of curing an ague.

To remove obstructions of Nature
 Leeches put to the bottom of the back bone, and then
 sit over hot water to encourage the bleeding. This
 has been successful when every thing else has failed.

to cure a Fever Betty Oakes

Harts tongue tied round the wrist. it grows round
 the sides of wells between the bricks.

for violent pains in the stomach even the ^{Lister Pen. approves} best
 A handful of garden Tansey boiled in a quart of
 strong mountain wine. strain it, and to a person
 in violent pain give a small teacup full.

to cure a Cough
 a handful of Rue boiled in half a pint of vinegar,
 till half boiled away, then strained, and sweetened with
 half a pound of brown sugar candy powdered, take a
teaspoonful when the cough tickles.

to cure an inflammation in the Eye
 seven grains of white vitriol dissolved in four ounces
 of white rose water.

73
to cure a scald head Dr. glass Greenford
hang a bit of fat mutton on a string before the
fire; while it is roasting baste it with Tar, as it drops
catch it in a bason, and it will make an excellent
ointment.

to cure the Whites Miss Myddelton
a handful of white nettle flowers, boiled in milk,
strained and drank of a morning in bed, or eat for
breakfast and supper.

to cure an ague Mrs. Surtees approved
a nutmeg roasted in an onion till it is done sufficiently,
then finely powdered, and given to the Patient in a
glass of white wine, when the colic fit begins to
come on.

to cure a consumption Betty Oates
Take a Calves pluck all blood from the calf, and a
gallon of new milk, a quart of earthworms, a quart
of snails, a handful of mint root, a handful of colts
foot root, a handful of comfrey root, a handful of (some
perhaps) bramble root, boil them well together,
strain it, and use for your common drink.

a cure for the Rheumatism No 318. Bring Brandy 32 Ounces
 one ounce of gum guaiacum finely powdered, to five
 ounces of sal volatile; to be put into a bottle together,
 let it stand ten days, it ought to be shook. a tea
 spoonful three times a day in nine of water if the
 rheumatism is bad.

a Recipe for the Rheumatism where there is ^{fever}
 One ounce of salt of hartshorn to be put into a
 quart bottle of spring water, and when troubled
 with the Rheumatism take a table spoon full going
 to bed. N. B. when you send to the Chymists for the
 salt of hartshorn, you must take care that they
 send it in a bottle well corked, or it will evaporate.

a Recipe for the Rheumatism where there is no fever
 One ounce of gum Guaiacum and half an ounce of
 salt petre, pounded together, and put into half a pint
 of old Rum, to stand near the fire, and be often shook,
 till the gum and salt are melted, a teaspoonful and a
 half to be taken in a cup of warm water every
 night going to bed, and to increase the quantity
 when it has been taken two or three times.

to cure an ague

Oyster shell powder, as much as will lie on a shilling, pour it in an ounce bottle, and fill it up with vinegar. shake the bottle, and take it an hour before the fit comes the oyster shells to be washed, baked, and powdered.

to cure the Jaundice

Take five new laid egg shells, dry them in the oven or before the fire; beat them very fine, and sift them thro' a lawn sieve. then take one nutmeg grated, a piece of fine loaf sugar, and twenty grains of saffron finely powdered. mix all these together, and divide it into nine papers. take one every morning fasting in a spoonful of white wine whey, drinking a draught after it. three eggshells is enough for a child, and a man to take it in a glass of white wine or sack.

The Plaister for weakness of the Limbs or Sprains
Boil very strong old Ale to a consistence, and spread it on leather, prick the leather first full of holes, and apply it to the part affected rather warm.

96 an excellent recipe for an Ague
Take two table spoonfuls of the juice expressed
from sage well pounded, add an equal quantity
of vinegar, and let the patient swallow the dose
when the fit comes on.

to cure the Thrush Miss Malkin, Dolly M.
Take as much white Borax finely powdered as will
lie on a sixpence, mix it with two table spoons full
of honey, and give the patient a tea spoon full
several times in the day, let them hold it in the
mouth some little time and then swallow.

to cure Palsey or Rheumatism
Two ounces of scraped horseradish, one ounce of bruised
mustard seed in a bottle of white wine.

to cure the Thrush and all sore mouths proceeding
from illnefs
Hypox, Plantain, wild Briar leaves of each a handfull,
fennel, Thyme, Betony, of each something less than a
handfull, shred small, melt some honey and skim
it clean, put in the herbs and let them simmer
on a slow fire, stirring it all the while, then
strain it thro a cloth, and put it on the fire a

77 little while after, put in burnt allum powders
very fine till it tastes pretty sharp, when cold
bottle it, it will keep years. when you use it,
put it on a saucer, and with a feather anoint
the tongue or sore places, do it often, for bearing
to take any thing near the time of doing it,
either before or after.

to sweeten the blood very much approved
goose grafs and dandelion leaves pounded, and drink
half a pint of the juice every morning.

an excellent method to backen milk
a little goose grease put on some tow, and applied
almost under the arm. this has been of infinite service
in softening the breast, and preventing knots.

to make a child take to the Breast Miss Myddelton
a strong dish of coffee, made as sweet as syrup, rub the
nipple with this every time the child is put to it. this
has succeeded when all other means have failed.

to stop bleeding at the nose when it becomes necessary
Miss Myddelton
Whichever nostril bleeds, or if both, take off the garters,
or garters, and tie them tight round the ancles, or ancles,
and it will stop.

an infallible recipe to prevent Sheep and Lambs from rotting, take out of a book written by William Ellis of Little Gaddesdon Herts

Cut Rue very small, and put a heaped double handfull of it into a pail of water overnight, next morning squeeze out the Rue from between your hands, so that there must be none of it left in the water; then mix as much salt with this Rue liquor as will make it strong enough to swim an egg: when you have thrown over the top of the brine, take a halfpennyworth of flour of brimstone, and give five large spoonfuls, or half a pint to each sheep, thro' a tunnall, or out of a bottle. once in nine days, in the greatest danger; but when the danger is not extraordinary, once in fourteen days, or twenty days, or more, will be sufficient. he concludes with saying, thus have I exposed to the public, an experienced recipe, which for its value is worth some thousands of pounds.

~~and~~
shall vras to stop bleeding.

79 a blister which procured a passage, and saved a
man's life when he was given over in a fever &c. &c.

Take a pint of fresh urine, a spoonful of salt,
two spoonfuls of treacle, a spoonful or two of
oil, boil them well together, strain them and
apply it lukewarm. for a man take a woman's
urine, and for a woman a man's, a strangers water
is better than a relations.

to cure a scald Head Dr Glapthorpe
Take a piece of rusty bacon, melt it in an iron
frying pan, take out what remains of the bacon,
put the yolk of an egg well beaten to it when
it has done boiling, mix them well together into
an ointment.

to cure green wounds or bruises
fill a pot or saucepan with green walnut leaves
then fill it with water, boil it till the leaves are
tender and all their virtue out of them, then
strain and bottle the liquor for use. to be
applied immediately to bruises or wounds,
washing the part affected often.

to cure a Cough

a yolk of an egg beat in a mortar, with a cup ^{full} of clarified honey, and the same quantity of sweet oil, which must be added by degrees.

to cure ~~flu~~ bleeding

Take an egg raw, yoke and white together, beat it very well, or mill it with a quill, put it in a glass of Port wine, with a little sugar, and drink it going to bed.

Camphire Julep

One Drachm of Camphire, of fine sugar half an ounce, one pint of boiling water; first rub the Camphire with a little rectified spirits ^{ten drops} of vine, till it grows soft. then rub it with the sugar till the whole is entirely mixed, then add the boiling water by degrees. and strain and bottle it when cold.

to cure the Whooping Cough

Rectified oil of Amber, to be taken in the following manner.
Half a drop to be given the first night and ^{morning} fasting, in some small tea, or any diluting liquor.

81 the second night and morning one drop. & increase the quantity each day by adding one drop till you give four or five drops but no more to a child of five years old. Meni only one drop to a child of one or two years old, two drops to one of three years old, three drops to one of four, and four drops to one of five years old &c. At first divide the drop by dropping it on a lump of sugar. a child under a year old instead of taking it should have the back bone rubbed with it night and morning. a clove of garlick split is likewise an excellent remedy for the whooping cough to rub the back bone with it. night and morning.

to cure the Scurvy see an annual register 1796
the wort was prepared by infusing two or three pints of boiling water on one pint of good malt ground in a coarse manner; the infusion was kept warm near the fire, and closely covered to prevent its growing cold. Drank every day one or two pints warm, two or three hours before and after meals.

a contraction of the limbs relieved by warm grains applied as a poultice or fomentation. likewise by boiled bricks wrapped in cloths applied often in bed, to the part affected, to promote perspiration.

to cure a consumption

ten pennynorth of musk, Ditto of ambergrease, nine pennynorth of oil of lavender and a pint of rectified spirit of wine. to be used as a vapour.

to cure a consumption

it Calves liver, and two handfuls of Chervil, boiled in a gallon of spring water, over a slow fire, till reduced to one quart. Strain off the liquor, and let a coffee cup of it be taken night and ^{ing} morn, and a little two hours before dinner if the stomach will bear it. It should be drank lukewarm and kept in a bottle. No medicine to be taken at the same time. ^{to be taken five or six weeks} it should be the wild Chervil.

a remedy for a lameness produced by a fist contraction of the parts affected, and for a Palsy and any numbness or stiffness

Take the yolk of a new laid egg, let it be beaten with a spoon to the greatest thinness, then, by a

83 spoonful at a time, add three ounces of pure water, agitating the mixture continually, that the egg and water may be well incorporated. The same has been used with success for rickets and weak joints. This liquor may be applied to the parts contracted cold, or only milk warm, by a gentle friction, for a few minuits, three or four times a day.

an old woman who had a bloody cancer, continuing to eat away the flesh several years, had the help of a surgeon who attended her often without any good effect and at last sent her home with the assurance that she would be released from her misery in a fortnight or less. On her return, nothing could be more offensive than her smell, nothing more terrible than her shrieks. she was recommended to the use of bliver, or goose grafs, and she strictly observed the method advised to abstain from salt meats, and use only thin diets, and twice a day, between meals, drink a quarter of a pint of the juice of bliver, which was procured by pounding and squeezing them. At the same time she was desired to take of juice boiled and mixed with hogslard, so as to make a very soft green ointment, and constantly

apply it to the wound, laying the bruised Cliver over it by way of poultice, refreshing it as often as it dries, taking particular care to keep the wound clean. This was immediately put in practice, and continued for six months, partly indeed by compulsion, and by using great importunity, for the benefit was gradual, she could hardly be persuaded she grew better, and it seemed to be doubtful, only as the offensive smell abated, and her being still alive, seemed proofs that in time a cure would be effected. accordingly it was pressed and insisted on that she should continue the means as above. she continued it, and in three months after, the wound was perfectly healed. she was afterwards advised to take them every spring, which she has done, and by this practice prevent^{ed} a return of her disorder. the following is the recipe for making the ointment.

To a pound of fresh liquor, and hogslard fined with out salt, &c. put as much cliver as the lard will moister, and boil it over a slow fire, often stir

85. It till it works a little brown, then strain it thro' a cloth, and when cold, take the ointment off the water that will remain at bottom.

Physic ought to be taken, and the juice drank at least a week before the ointment is applied.

The Patient should take a mercurial purge or two, previous to drinking the juice.

N.B. The Bliver may be had at most physical Rest shops.
querre whether the fresh liquor means juice of Bliver or Water? juice of bliver certainly.

To cure the Rheumatism
one ounce of rhubarb, half an ounce of snake root,
a quarter of an ounce of saffron, to be steeped
twenty four hours in a quart of brandy and drink
a wine glass getting into bed. a large handful
of water cresses, to be pounded in a mortar, and the
juice drank in the morning two hours before breakfast.

an ointment for a scabby head

Sage picked and chopped and simmer'd in unrendered butter
to an ointment then strained thro' a linnen cloth and
kept for use.

86 a laxative Electuary for children
an ounce of powder of rhubarb mixed in a marble
mortar with eight ounces of currents.

Camphorated vitriol water

Take of white vitriol half an ounce, camphire
two drachms, boiling water two pints, dissolve the
vitriol by mixing them, and when the faces have
subsided, filter through paper. This liquor is a very
useful ophthalmic, it cools, and repels the sharp
humours of the eyes, and prevents films and specks.

Extract of a letter from Duxenter in Holland
A very skillful Apothecary of this city, touched
with compassion for the Officers and crews wound
ed in the glorious battle off the Dogger bank,
hath published the following recipe in all the
public papers, against the gangrenes which succeed
wounds, and which he hath proved to be efficacious
above forty years. Take common allum a pound,
white vitriol and green vitriol each half a pound,
salt of nitre and common salt of each four ounces,
put all over a gentle fire in an earthen vessel,

87 Having poured on the salts as much white wine vinegar
as will bring it to the consistence of honey, then
put in a powder made of six lots of ceruse, two
lots of armenian bole, frankincense and myrror of
each four and a half; stir the whole till the moisture
is evaporated, and a hard mass is formed.

When you have occasion to use it, rub one ounce
of this paste to a powder, and melt it in eight ounces
of common vinegar; dip a cloth in it, which apply
on the wound, renewing the application every four
six, or eight hours as occasion may require.

Note, a lot is the thirty second part of a pound.

a recipe for a Consumption

Two ounces of the expressed juice of leek or onion,
mixed with a pint of cows milk, and sweetened
with honey, taken every day for six or seven weeks,

to cure a cough or consumption

Take thirty snails and thirty earthworms out of a
gravelly soil, and wash them both, then cut the worms
in pieces and bruise the snails in the shells, put
them into three pints of spring water, with two

88 ounces of errings root, and one handful of pearl barley, it must boil till it comes to a quart, then strain it off. take twice in any time of the day, half a pint with one coffee cup of new milk in it each time, and sweeten it with fine sugar, if milk does not agree with the stomach, put a cup of hot water, but milk is best. this medecine must be continued two months together, it has never yet failed to cure.

a poultice for corns

Sage, parsley, houndsteeke, elder, hedge lilley or robin hood, oat meal and milke

to cure warts or corns a poultice of boiled potatoes.

a Poultice to draw out a humour bread and milk boiled, then add some sweet oil, and a teaspoonful or two of raw yolk of egg. it has wrought wonderful cures, and will entirely draw out any humour whatever.

Dr Wells Electuary for the lungs
 Raisins of the sun one pound, brown sugar candy
 half a pound, conserve of roses four ounces grate
 a whole nutmeg into it, oil of sweet almonds,
 as much as will make all into an Electuary;
 take the size of a nutmeg morning and evening.

Cardamine, buckhorn flower, Nasturtium or
 Lady smock. Dried and powdered as much as will lay
 on a sixpence to cure convulsions, if not effectual
 to be repeated in six hours.

to cure a cold Dr Boerhaave
 Sassafras chips an ounce and a half, liquorice root
 one ounce, boil in a sufficient quantity of water,
 and make about two pints of a decoction, sweeten
 with honey, one ounce of angelica root may be
 added to the decoction.

to cure a violent cough Dr Ratcliffe
 Conserve of roses, ditto of hips, one ounce and a half
 of each, powder of olibanum two drachms, spirit of
 sulphur twenty drops, make all into an Electuary
 with syrup of white poppies; dose the size of a nutmeg

to be morning and
 evening, first and
 last thing.

to cure a Cough

Take conserve of hips, syrup of balsam and syrup of red poppies each two ounces, oil of sweet almonds six drachms, spirit of nitriol thirty drops, mix to a linctus for a cough.

an Anodyne Plaister

Take minium plaister, an ounce; oil of lillies, a drachm; Venice turpentine, half a drachm; opium camphire, and sugar of lead, of each twelve grains, mix for a plaister. This is of use to alleviate pain in any part, whether from the gout, rheumatism, or any scorbutic cause, and will likewise give ease, if laid to the loins, in nephritic tortures.

to cure fits

Take lady smock flowers, in the month of May pick them from the main stem, dry them in a pewter dish before the fire, reduce them to a powder, in a marble mortar, if any remains in the sieve, dry it and pound it again till all is reduced to a powder: put it in a glass bottle and tie it over with a bladder. If the fits are severe ten grains

are to be given, mornings and evenings for three days. tho in some cases the dose has been a drachm for the first week morning and evening. the same quantity once in the day for a fortnight, and for another fortnight once every other day. it may be taken in peppermint or any other simple water. the bottle must be covered with a bladder only, else it will be liable to burst. it is known by different names as ceickow flower, Nasturtium pratense meadow cresses, Cardamine, Cardamine pratensis. it is best to mix it in Symp to a ~~drachm~~

to cure the Ague

a large stable spider pounded in a mortar, with an equal quantity of flour of mustard, made into a paste with a drop of water, and bound round the little finger of the left hand. fresh every forty eight hours.

to cure the Cramp

bind a piece of red Dutch inkle round the part, and renew it when the glass is worn off.

to prevent it in bed lie with your feet low.

to cure a cold

White of an egg, a quarter of a pound of honey, juice of a lemon, a quarter of an ounce of salad oil, a wine glass of rum, make a mixture, and take a teaspoonful five or six times a day.

to cure a cold

an ounce of sweet oil, 20 drops of spirit of sal armoniac, half a pint of water and some sugar, shook well together in a bottle, and take a table spoonful now and then.

to cure an Inflammation in the eyes
or rather redness of the eyes.

one drachm of Orris powder, one drachm of white Copperas or vitriol, to a pint of water, mix the whole together and wash the eyes with it.

to cure a bruise

White Briony root. or hyssop chopped and made in a poultice with unwashed butter.

to cure an ague

Currants hops and bay salt well beaten together, a plaister for the wrists to cure a gues.

Frochisk of toads to preserve from the plague, and to relieve it.

To cure a milk sore or any tumour that must be
broke.

Take a peck of malt and mesh it very strong,
as if for beer, when it has stood a sufficient
time strain it off and boil it till it is of the
consistence of treacle, then spread a plaister
of it and apply to the part, changing it ^{when} ~~twice~~
~~aday~~ ^{it falls off} it will soon break and afterwards heal
it speedily, a hole should be cut in the plaister
for the nipple.

Camphire Zulep with lavender for lowness
and trembling in the stomach

Rub two drachms of white sugar and one drachm
of camphire well together with two teaspoons
full of compound spirit of lavender, pour
upon them gradually half a pint of boiling
water. keep it closely covered till it is become
quite cold, then strain it for use. Dose three or four
table spoon fulls.

Stomachick infusion

a handful of Chamomile flowers, Gentian roots,
dried orange peel, fresh lemon peel, of each two

drachms. pour upon them three quarters of a pint of boiling water. when it is quite cold, strain it off. the dose, four table spoonfuls twice every day, one hour before, and two hours after dinner. Aromatick Pills one drachon divided into twelve pills, take every night, or every other night.

A Restorative Jelly

Take a Pound of Snails over nights, put 'em in a pan till the Morning, then wash 'em clean and crack 'em, put 'em over the Fire with four ounces of hartshorn shavings, two ounces of Bryony roots bruised & two quarts of water, to be boiled to a jelly, towards the latter end of the boiling add two Vipers cut in pieces. when it is reduced to a quart, strain it through a flannel, let it settle & pour it off clear, then add the juice of a seville Orange or two (or Orange juice if fresh Oranges are not to be got) a pint of Rhenish, & powdered sugar candy, enough to sweeten it, give it a boil up, then ^{pass it through the flannel.} ~~give it a boil up~~ again, & pour it into Teacups, it is not fine enough for Glasses, a Teacup full or two to be taken every day.

An infallible cure against all Scrophulous Disorders commonly called Kings Evil.

Common aquavite, or Brandy 20 Unces, of fixed volatile alkali concrete, & Gentian root, otherwise called Felwort, or Calmody, of each one drachm & a half. let these infuse in the liquor for 24 hours before you use it, & let it remain on the roots, as it will get strength the more it is in that situation. the dose is fasting, before dinner & Supper, at each time a table spoonful of the mixture, (in water.) --

Corn Plaister

Put half a pint of Olive Oil & half a pound of Red lead finely powdered into a pan. stir 'em well together with a smooth stick & set 'em on the fire to boil quick until they leave the stick, & when the mixture is cold, add an Ounce of Rosin in powder, & an ounce of Bees wax sliced. set the pan on the fire again, & boil the mixture till it leaves the stick again. then set it by to cool; and with your hands oiled, form the mass into rolls --

A most excellent Medicine against the Plague —

Take 3 pints of muscadine Wine boil in it a handful of sage and as much lice till a pint is wasted, then strain it & set it on the Fire again, and put in it long pepper, ginger, & Nutmeg, of each the third of an Ounce, beat together to a fine powder, let it boil a little, then put in it two Ounces of treacle, one Ounce of mithridate & a quarter of a pint of angelica water, dissolve the treacle & mithridate in the angelica water before you put them in. take one spoonful of it warm both morning & evening in your bed, or two spoonfuls if infected, & sweat after it, but if not infected, a spoonful a day will be sufficient, half in the morning & half in the evening to prevent infection. This is good also for the small pox, measles, surfeits or fevers. keep this as your Life, above all worldly treasure, in time of plague (under God) trust to this, for there was never Man, Woman, or Child that it deceived —

From a pint to a quart a day, of coffee made with Milk instead of water, to cure a consumption. taken at pleasure like other coffee, surprising changes have been wrought in a fortnight, by this humble recipe —

To cure the Itch

Two Ounces of flower of Sulphur, two drachms crude sal ammoniac finely powdered, four ounces Hogslard or butter, a scruple or half a dram of essence of lemon. size of a Nutmeg rubbed on the extremities, twice or thrice a week: it is seldom necessary to rub the whole body, but when it is, it ought not to be done all at once, but by turns, as it is dangerous to stop too many pores at the same time.

Another

Native sulphur & Hogslard, anoint all the body over, not the smallest part excepted: sleep in the ointment, wash the next day in the warm bath; and the day after anoint again; the once often does effectually: and in the most obstinate cases the third time is not known to fail.

Another

Bay Berries two Ounces, white hellebore an Ounce, flower of sulphur a quarter of an Ounce, pound the Bay berries & hellebore to a fine powder. boil half a pound of fresh butter till it ceases to foam, throw into the butter the powder of the Berries & hellebore, which you must boil a little together, & stir over a fire a

minute or two, then take it from the fire & put in it the flower of sulphur, and stir it till all the ingredients are well mixed together. To be used going to bed; anoint with it before a good fire. next morning the Itch will be killed. then wash with soap & warm water —

Camphor Julap, for Nervous Complaints
Tincture of Castor, Sal Volatile, spirits of Lavender, & Syrop of Saffron,
an equal quantity, dose 15 or 20 drops in two spoonfuls of Camphor Julap —

To prevent dimness of sight and blindness —
Thirty grains of powdered Eyebright, twice a day —

For a Scald or Burn —

Take of Black Thorn bush scrape off the first peel. scrape off the second peel as far as it goes; Elder shutes the same, an equal quantity of each, two handfuls of green Sheeps dung, then add as much hoggs lard as you may think will make a pound, boil it over a gentle fire a quarter of an hour; then strain it off when half cold —

Eye water

Lapiscalarinarius dissolved in Madeira —

Toothache, or swelled Face

A penny worth of Gum Chomphor, bound on the Crown
of the Heads —

For a Consumption

Melt white Pitch & Bees wax over a chafing dish in a
small room, and walk about to inhale the Steam —

Another

Half a pint of New Milk, a teacup full of strong wild Thyme
Tea, a teaspoonful of Rum, taken every Morning sweetned
with honey.

Agrimony Tea to drink in Fevers, or to sweeten y^e Blood.
Juice of Groundsile to snuff up; to stop bleeding at the Nose.

Cough Drinks

Ground Ivey, hyslope, Marsh mallow root, pearl barley, Raisins
of the Sun, two handfuls. of liquorice root and all the other ingre-
dients of each one handfull; pour boiling water on & stand by
the Fire, for common drink & take it by the Bed side —

Gout in the Heads —

Magnesia Twenty grains, Rhubarb ten grains, Species arom-
-atics twelve grains, Syrup of Orange Peel, enough to make it

into Pills. this quantity, makes twenty four pills, take four every day an hour before Dinner —

Purge for a Horse

Two Ounces of Senna, 2 Ounces Cream of Tartar, 3 Ounces of Glaubers Salts, a pint of boiling water; when cold add one Ounce of Salt of Tartar —

For a Dropsy —

Take 3 pints of spring water, three quarters of a pound of Fox Glove roots, half a pound of stinging Nettledocks, wash the roots clean. Boil them till the Water is reduced to a pint & half. add half a pint of Gin. this will make 4 doses. to be taken as occasion requires. or it may be used as a common drink abstaining for the time from Malt Liquor. — Probation —

Cutaneous Eruptions

A milk diet with occasional doses of neutral Salts. a method which the simple have succeeded when most others have failed —

Jaundice

A white of an Egg beat up in cold water and drank in a Morning fasting —

Whey for the beginning of a Feverish cold—
 Stir a table spoonful of Vinegar in half a pint of Milk, let it
 stand a few Minutes, then pour in 3 or 4 table spoonfuls of
 boiling water, and it will presently come to a clear Whey,
 pour it from the Curd & drink it going to Bed. Wine whey
 is best made in the same manner—

Lime water

A pound of Lime & quarts of Water, the water is at first
 to be pourd on the lime gradually whilst it is slackning
 after the Lime is slacked the whole is to be well stirred
 & then to be left to settle & the water when perfectly fine
 is to be pourd off—

For the Jaundice

A table spoonful of Brandy, ditto of Vinegar. must be
 taken in a Morning fasting—

Another

Horn shavings in a wasted Apple in a Morning
 fasting, three doses has cured the Jaundice—

Cough Drops, particularly good for the Whooping Cough
 Take of Liquorice root sliced small & honey 2 Ounces, Flowers
 of Benzoin, & Opium each half a drachm, Salts of Tartar half an
 Ounce, Camphor 1 scruple, Oil of Anniseeds $\frac{1}{4}$ of a drachm, Spirits
 of Wine rectified one pound; put all these into a wide mouth
 bottle, & let it stand near the Fire, a little may be taken out
 for use in ten days, but it will be better to stand a fortnight or
 three weeks. Then strain it off & put it in a bottle well corked
 Give of this from 5. to 20. or 30 drops to children according to
 their Age & from 30 to 100 to grown People, to be taken at night
 going to bed in a little hyssop water, or white wine. Let your
 patient lie warm & repeat it every night till the disorder is
 corrected. When it is given to Children for the Croup
 let the child's drink be a hand ful of Thyme & marshmallows
 roots washed & boiled in water & a little Hyssop; & mix
 the water with every thing the Child drinks.

Cure for the Ague

Take as much flower of Brimstone as will cover half a Crown
 moisten it to a paste with lemon juice, mix it with a glass of
 Rum & take it as the fit comes on.

For Chilblains

Soak 'em in warm bran & water, then rub 'em well with Mustard seed flower; it must be done before they break —

For a Cancer or any Tumor

Take a pint of the juices of Bean leaves when in blossom, of new cream a pint & of the best honey half a pound, boil 'em in a new unglazed pipkin very gently, till half is consumed, anoint the parts affected twice or thrice a day —

Poultices of flour, Yeast & Honey, were applied with success in the Act of fermentation to mortifications of the Extremities —

A draught to be taken every four hours in low Fevers and in the Synochus —

Salt of wormwood one scruple, lemon juice half a drachm decoction of Bark half an Ounce, 15 grains of powder of Bark, 10 grains of confection cardiaca, Alther Vitriol 40 drops Thebaic tincture 15 drops, Fluxham's tincture of Bark two drachms —

Valerian Cordial

Salt of Wormwood 20 grains, Juice of Lemons, a table Spoonful, Spring and common Mint Water, each 2 table Spoonfuls, Tincture of

104 Snake roots, a Tea Spoonful, Compound powder of Contrayerva, ten
Grains —

Alterative drink

Sarsaparilla, four Ounces, Shavings of Guaiacum half an Ounce
Boiling water 1 Quart, Let 'em infuse 4 hours & Boil the
Liquor thus infused, till it is reduced to a pint, adding
towards the end of the Boiling half an Ounce of Liquorish
root. of this decoction strained drink every day half
a pint —

Eye water

Lapis Calaminaris, prepared Tutty, Sugar of lead of each two
drachms. Rub 'em well together in a small Marble Mortar
with half a pint of Rose water. putting in a third at a time.
pour off the thin part into a dry quart bottle, reducing the
rest to a mere liquid, add half a pint of Spa, or other
mild Mineral Water and 2 table spoonfuls of the best
Brandy, wash the Eyes night & Morning shaking the
Bottle —

To cure Warts or Corns

Boil Potatoes till tender make a poultice of them & lay 'em

fresh Night & Morning on Warts or Corns, and by so doing they will soon turn out without being sore —

A Receipt for Fits

Take the Lights of a Cow Calf before they are blown & put them into a Copper pan, and bake 'em till you can pound 'em into Powder, then sift it thro a fine sieve, and take a teaspoonful of it in a glass of White Wine at five in the Afternoon and again at going to bed, fasting an hour before you take it, and an hour after you have taken it, & so daily throughout the Month of March and so continue to do till the fits have left you; Repeat it again at the Months of October and March to prevent their return; and so you should do every March & October least they should return —

To prevent Fits in Children

The first thing you should give a Child to take when it is born must be a spoonful of the Juice of Rue, this will prevent its having convulsions —

For a Dropsy -

Take Pellitory of the Wall & squeeze out a pint of the Juice, then take as much brown sugar as will boil it into a Syrup & take two Spoonfuls Night & Morning, for a fortnight or longer if there be occasion for it —

Stoppage of Urine

Take one drop of Oil of Amber in a Glass of White Wine —

For a Cancer

Take the brown husky part that divides the kernel of the Walnuts, dry 'em in an Oven till they will powder & take as much as will lay on half a Crown in Athenish or small White Wine; every six hours for the first four & twenty. Then repeat it as you find occasion. a Milk diet must be observed whilst this is taking. it has done great Cures —

For a Cancer

Take a Calves Stomach & boil it. as the fat rises to the top of the pot skin it off clean, dip lints into this & put it into the wound, and anoint the parts frequently with this fat. this has done great Cures also —

Guachams Tincture of Bark

Peruvian Bark, eight Ounces, Sevil Orange Pind, six Ounces, Virginia Snake root, powdered, One Ounce & half. Cochineal Two drams & half, English Saffron Five drams; The best French Brandy Three or Four quarts, after standing fourteen days, shaking it often, strain off the Tincture, you may put three pints of Spirits on the Ingredients & let it stand -----

a cordial for the Gout

an ounce of rhubarb, two drachms of Senna, a drachm of coriander seed, ditto ^{well} fennel seed, half a drachm of cochineal, ditto saffron, a drachm of liquorice, a full half pound of raisins of the sun after they are stoned, a quart of the best brandy, let it stand ten days, then pour it off fine, and add half pint of brandy more to the ingredients which must stand till all the goodness is extracted. then strain it clear off and mix the whole. for gout in the stomach a table spoonful or three or four if required, in as much warm water, if it will not stay on the stomach.

108 add a few drops of laudanum. no gouty person should
sleep without it by their bed side.

N.B. the bottle should be shook two or three times
a day whilst making.

to cure Bilious complaints
two pounds of Carrots after they are pared,
put into a quart of water, it is to simmer
till it is reduced to a pint. this quantity
is to be taken in the course of the day, for
a considerable time.

an infallible remedy to cure clapping in riding and to
prevent its happening ever after.
Wash the part affected with warm milk and water, then
anoint it well with the following ointment. one spoonful of
milk, one spoonful of honey one spoonful of brandy, well
simmered together, then apply some soft diachylon plaister,
spread on white brown paper.

Dr Radcliffe's restorative Jelly
Take a leg of pork immediately when cut up,
and bruise it so much as to break the bone,
put it into three gallons of soft water, with
half an ounce of mace, and the same quantity

of mutton. Let them boil very slow, over a gentle fire, till two thirds of the water is consumed, then strain it through a fine sieve, and when quite cold take the fat clean off.

a large teacup full of this liquor made a little warm, must be taken fasting in a morning, and at bed time. N. B. it should be taken for some weeks together.

Cough Drink

Raisins of the Sun stoned, a large handful, Liquorice root and marsh mallon root sliced of each a handful, Ground Ivey, Flypop, and Pearl Barley, of each the same quantity, pour over them a quart of boiling water, and let them stand by the fire and simmer one hour, the liquid is then fit to drink a teacupful to be taken three or four times a day. it has been known to cure consumptions.

a wash for the Eyes

A very extraordinary instance of recovery from deprivation of sight has occurred in St. Andrews workhouse in Norwich. Elizabeth Downes, a pauper in the seventy first year of her age, had been blind nearly seven years, but

Having daily, during the space of six weeks immediately preceding her recovery, washed her eyes with her urine, she was, to her great joy, a few days since, restored to her perfect sight. July 28th 1787

to cure swellings in the legs and to expel wind
a tea cup of fennel seed tea every morning.

For any Bilious complaint a remedy that seldom fails.
Take six or eight large carrots, put them into two quarts of water, and boil them till the water is reduced to a quart, then pour it off and press the carrots between two plates to get out all the juice. The Patient is to take half a pint fasting an hour or more before breakfast and the same quantity before dinner. if the disorder is very violent, a greater quantity may be taken in the day.

After having taken this a week take the yolk of a new egg once or twice in the day when the stomach is empty, and the carrot juice sometime after it. Both these things are to be continued till the Patient is restored.

111 which in general is in less than a month. the egg
is not to be beaten but mixed or not as the patient
chuses with a little water.

The Carrot Poultice is to scrape the carrot and
press the juice if any out between your fingers
and add a little water to the carrot to make it in
a proper state for the Poultice, which must be
shifted three times a day, this is to clean a sore
that is foul.

Sovereign Green Oil to be made in ^{may} ~~will~~ ^{proy}

Take rosemary, sage, chamomile, lavender, baum and
valerian of each half a pound, wormwood four pounds.
gather them when very dry. then pick and wipe them
very clean in a cloth, then chop them very small and
put them in a very wide glass with an earthen or
glass cover. and pour on them as much salad oil as will
cover them. and set it in the sun for ten days, take
it in at sun setting, and put it out at sun rising, then set
it on the fire in a skillet and let it boil for about a
quarter of an hour, then strain the oil from the herbs, and
add the same quantity of fresh ones, and order them

412 as at first, let it stand ten days more in the sun; set
it in a skillet over a charcoal fire, and let it boil
gently three or four hours, often stirring it lest
it should burn, when cold strain it off and keep in
a bottle for use.

The virtues of the Oil

It is good for any inward or outward bruise of the
body: inwardly by taking ten drops at a time, in
any vehicle you like best: outwardly by chafing it
in frequently with a warm hand, or on lint for
white spots on the eye by dropping in two drops
morning and evening, for deafness in the same manner
in the ear. for a sore breast, for the piles, and any
swelling in any part of the body, except the Kings
evil.

a cure for the bloody flux

Take new churned butter, without salt, and skim
off the curdy part, when melted over a clear fire,
take two table spoonfuls of the clarified remainder,
twice or thrice, within the day. This has never failed
to make an almost instant cure, even in
desperate cases. Defluxions of sharp humours on the
the eye, or the breast, may be relieved by half the
dose daily.

a cure for the rheumatism or pains in the joints
Take a clove of garlic chop it exceeding small, put it
in a glass of water and swallow it at hour before
breakfast, continue it every morning for a fortnight
or longer if necessary.

a remedy for the tooth ache
Put a chamomile flower on the tooth

Epilepsy to cure
orange leaves dried and powdered thirty grains,
morning and evening, for four years together
incessantly.

Analeptic Pills

20 grains of James's Powder, 20 grains of gum
ammoniac, 20 grains of pillule Rufi, well rubbed
together in a mortar with a few drops of brandy,
this quantity makes 10 pills.

a worm medicine

to a child of two years old give six grains of rosal
powder with four grains of Rhubarb at night and a
little senna tea next morning, at ten years old give

sixteen grains of royal powder, and six of Talap near morning, and so in proportion to the age of the child.

To cure obstinate scorbutic ulcers and correct the habit.

Dissolve sixteen or seventeen grains of corrosive sublimate in a quart of water, and take a table spoonful a day, for sometimes take care not to catch cold while you are taking it.

Analeptic Pills

James's powder, Gum Ammoniacum and Pill:

Ruffi of each twenty grains.

the two last ingredients to be well rubbed together in a mortar for some time. the whole to be made into fifteen pills, with two or three drops of Brandy. One, two, or three, are a dose.

Drops to cure

Dwarf Elder tea drunk constantly twice a day soon proves effectual.

For the cure of Consumptions

Dissolvediuretic salt and soft soap, each an ounce, with one drachm of essence of lemon, mix them together. Let a teaspoon full be slowly

rubbed on the sides, between the breasts, and over the stomach, with a warm hand morning and evening, while the Patient is in bed, after it has been used a few days, encrease the quantity to two or three teaspoonfuls. if the complaint originates from obstructions in the abdomen, apply the liniment near the part affected.

Laxative Electuary
an ounce of cream of tartar, a drachm of saffron powder mixed in honey.

Another
an ounce of senna powder a drachm of saffron, mixed in treacle or syrup.

Another
Electuary of cassia and oil of almonds of each an ounce, soluble tartar half an ounce, two drachms of compound powder of senna, mix to an electuary.

for a bad cough or shortness of breath
Elecompane powder in honey made to an electuary.
take a teaspoonful three times a day.

for a tightness and soreness upon the breast with a
 cough
 Conserve of hips and syrup of balsam of each
 an ounce, the green ointment page 29th the size
 of a nutmeg stirred together. take a teaspoonful
 three or four times a day.

for a consumption or a bleed on the lungs
 or ~~spitting blood~~
 Oak lung wort, hyssop and Roarhound a handful
 of each boiled in three pints of strong beer to a
 quart, sweetend with half a pound of honey. take
 a teacup full twice a day.

cucumbers, ripe grapes, and mild cyther good for
 consumptions.

Vine tendrill tea good for the gravel.

the green leaves of Scabious ripen a boil in three
 hours and break it.

Honey cures burns and scalds.

a green bean split stops the bleeding of a leech,
 green leaves of goldencup raise a boil again, and
 prevent mortification. the same leaves with
 flour of mustard raise a blister.

to cure the Ague
fifteen drops of balsam of Peru when the cold
fit comes on, twenty the next day, twenty five the
next, thirty the next. to be taken six times.

Blackberry syrup

Take blackberries quite ripe, bake them in a jug,
to extract the juice, as you do for currant jelly,
to every quart of juice, put a pound of honey
and a pound of the best Brazil sugar, boil it
to a syrup, scumming it well, when cold bottle
it for use, it must not be corked, but tied over
with leather, prick three or four holes in the
leather with a fork. it is excellent for a sore
throat, and for stone and gravel, perhaps it may
be more effectual for the latter complaint in
the form of a jam, but made with honey
instead of sugar.

to recovery the senses when lost by the vapour of Charcoal
carry the person into the open air, rubb them with snow
or cold water and pour water or milk down the throat.
caution N.B: an Infant was killed by a candle blown out just
under its nose.

A Quarter of a pound of mutton suet ^{for a sore throat} taken from the kidney
 (it must be very full weight as there will be the stringy
 part to be cleared from it when melted) three ounces of
 unsalted butter, four ounces of rosin pounded fine,
 one ounce and a half of yellow bees wax sliced thin.
 First melt the suet and strain it through a muslin,
 then melt the butter in it, then add the bees wax,
 stirring it till melted. last of all, put in the rosin
 and continue stirring it thoroughly (without which
 it will gather into hard lumps) till all is entirely
 melted. pour it into gallipots for use. Observe; these
 ingredients must be melted in an earthen pipkin that
 will well bear the fire, and the fire must be a
 very slow one, free from flame. to use the above to the
 throat you must spread this salve of a moderate
 thickness on a piece of soft rag about three fingers
 broad; and long enough to reach from ear to ear, press
 it close to the throat and neck as a child's cap stay.
 put over it a double strip of flannel fastened well on
 the top or sides of the head. let the plaister remain on
 twenty four hours, then a new one, which generally perfects
 the cure. there will appear small red pimples on the

outside the throat, which shows it makes good effect. This salve is
 infallible for all kinds of wounds, burns and sores. It has been
 examined by three of the most famous and all declared a better
 composition could not be.

an it not yet draught for after pains
 30 drops of laudanum, 20 of spirits of hartshorn, 30
 of spirit of lavender and an ounce or two of peppermint
water.

To cure a putrid Fever

Take two spoonfuls of yeast, repeat the dose three
hours after, and again at the end of three hours more.

To cure a Cancer or disperse a Tumour

A Tumbler glass of honey, and a Tumbler glass of good
 old Wine. (Rhen is best, or any that's very good and old)
 boil it till reduced to half the quantity, beat up the
 yolk of a new laid egg with it, and make a plaister
 of it on a soft piece of leather. to be dressed as often as
occasion may require. the egg should be quite new.

for a cough

Take of Spanish Juice, cut into small pieces an ounce;
 Salt of Tartar, three drachms: infuse in a quart of boiling
 water, 6 or 8 hours. to the strained liquor add an ounce and
 a half of syrup of poppies. take of this infusion a
 teacup full three or four times a day. Elixir Paregoric.
 is to be taken to the quantity of a teaspoonful, in
 Barley water, twice a day.

see lowers letter to Boyle last volume of Boyle quarto.
 a whalebone with a button at the end, to push down meat
 in the throat, where there is a difficulty of swallowing solids,
~~an inability to swallow~~
 a raw yolk of an egg to be taken immediately by a person
 who has swallowed a pin, and three hours after, another.
 in epileptic fits keep the jaws forced open, will immediately
 recover them.

millipedes in beer, for bad eyes, in evil, or for the strangury.

Olivers for Cancer, decoction to drink, wash, and poultice
 with the rest.

to ripen a boil

twelve figs boiled tender in milk, pound in a
 mortar with basilicon.

the green leaf of the white lilly to ripen a whitlow
 or felon.

foment with hot milk, a hard breast, to make the
 milk flow, and soften it effectually.

Rac ammoniacum for a cold & cough
 Gum ammoniacum two drachms pound in a marble
 mortar with the yolk of a new laid egg. a piece of
 spermaceti about the size of a large walnut, and a
 pint of pennyroyal water put in gradually.

12-1 White of an egg beat up with laudanum a plaister to the
small of the back, to prevent abortion.

for the Rheumatism

rub in treadle on the part, well, by the fire, for a
quarter of an hour, every night at bed time. Then
wipe it clean off with a cloth.

a Burgamy pitch plaister for rheumatism on the
Femur.

Syrup of Senna for sores and blotches as an
alterative, two or three teaspoonfuls two or three times
a day for children, sore ears, heads &c.

for excoriations, sunburn, small pox &c.

an ounce of spermaceti, and ounce of oil of almonds, twelve
drops of oil of lavender, to make a liniment to anoint with.

bark
wine
fooliving
cordials
if necessary
Fomentation for a carbuncle, & Poultice.

Rosemary, camomile, white poppy heads boiled in water, then
add spirits of wine and camphire.

Poultice bread and milk well boiled, then add linseed meal,
fenugreek and cummin seed. or the seeds only with fresh
porter, or small beer grounds and oatmeal, or oatmeal boiled in
in water, with the linseed, fenugreek and cummin seed.

rose ointment over the inflammation, when broke digestive on
lint to promote the discharge. poultice of mallow-leaves boiled in
water, bread crumbled in, fomentation boiled bran and water.

Tagapenum, Extract of camomile of each two scruples, Pill
Ruffi one scruple, mix and make 24 pills, take three
every night.

Medicine for the Bile Dr Warren

Tincture Sacra and Tincture of Rhubarb of each two
ounces, Compound Spirit of Lavender two drachms, mix
and make a Stomachic Tincture. A large tablespoonful
to be taken half an hour before dinner. and repeated as
often as found necessary. but it has not a fair trial
unless taken three or four days successively at first.

In habitual costiveness, let the stomach be from time to
time wetted, with tinctura sacra, and oil of castor, alternately,
and in obstinate cases, let also a rag be steeped in warm
salts, warm sea water, or in Geneva (which is impregnated
with juniper berries) and be applied to the stomach.

These and many other drags in a liquid state, will penetrate
the body, without the nauseousness of taking them inwardly,
and in much smaller quantities, and moreover dislodge
Ascarides and other worms.

an ounce of common salt or bay is better in the water
you wash in every morning to be hardy.

to relieve the toothache

A drachm of Camphire dissolved in two drachms of rectified spirits of wine, prepared opiate five grains ten drops of oil of box mixed well together, four or five drop on cotton upon the tooth, six or seven in the ear.

to cure deafness

brine made strong enough to bear an egg, three or four drops warmed, dropped into the ear going to bed every night, soon relieves, put in a little cotton upon it.

a remedy for the Piles

The white part of lens dung mixed to an ointment, with an equal quantity of hogslard, spread on scarlet cloth made hot, and applied to the part affected.

a remedy for St Anthony's fire

An ounce of Elderrob in six ounces of elder flower water made hot, drank at bed time to promote perspiration, if once does not cure to be repeated again and again, or a second and third time if necessary.

to cure the flux
After a small dose of ^{or} Rubarb, as much as will lie on a shilling of the leaves of Teasle (*Dipsacus*) dried and powdered is to be taken

in milk and water and a little sugar, three doses night and morning, if the complaint is not removed with three doses take another dose of rhubarb and then begin again. The diet should be rice milk, and no strong or fermented liquors tasted while it is taking. milk and mutton ^{very good.}

another

Six tablespoonfuls a day of unsalted butter clarified for the flux. A sheet of white paper boiled in a pint of milk for the same.

Tar ointment to cure a Pitter, or oil of hatchet ^{made by burning rags of a hatchet.}

a vomit for an Infant

Two grains of Ipecacuana in a dose of antimonial wine.

Wounds to be washed with soapy water.

The inward fat of chickens or turkeys in poultices. or ointments.

cold port wine and water to stop night sweats.

to expel foul air from wells or places that have been long shut up.

Pour down three or four pails of water, and let them stay open a few hours, which will purify the air and make them safe to go into. if a person should lose their senses by the foul air, plunge them into cold water.

a camomile flower and a bit of lemon peel to make a pleasant tea. or camomile and seville orange peel with dried lemon thyme.

to prevent a decline when coming on

Take a pint of milk warm from the cow, with a table spoonful of honey, and a tablespoonful of old rum, in bed of a morning, lying ten minuits or a quarter of an hour after it.

vulnerary Tincture

Three pints of Brandy. Dissolve four ounces of ~~castile~~ soap in rectified spirits of wine, or spirit of rosemary, add it to half the brandy in the other half steep three ounces of the green leaves of the white lilly, an ounce and a half of Tacamahaca leaves, ditto of arbor vite leaves, all cut up a little with scissars, stand to digest nine days, shaking them now and then, strain and mix the whole.

to be taken inwardly leave out the lilly leaves.

apple and potatoe sliced, in the same proportions, with soap and brandy is excellent for burns or scalds.

half an ounce of castile soap in half a pint of strawberry brandy, take a tablespoonful night and morning in a double quantity of warm milk for gravel or stone.

Castile Soap, Brandy and Camphire, a little spirit of wine will dissolve the soap. a kind of Hatfield's Liniment.

Opodeldoc Ditto

Castile soap, Camphire and spirit of Rosemary

Bay salt in water to cure deafness. to hear an egg a few drops warm in the ear at bed time, a little cotton wool.

Salt and water for bruises and sprains. healthily to wash with every morning, or sea water.

Fat mutton broth Turnip poultice to cure an old wound.

a clove of garlick rolled in butter frequently swallowed to cure the Grouse. Exfoliated Liniment
Antipertussis & Morris's Drops.

Urine fresh made to wash the bite of a mad dog instantly, supposed to be efficacious, worth trying where no better means are at hand.

Bark tea as a bracer & Stomachic

half an ounce of powder bark, a few camomile flowers, and a little dried seville orange peel, pour on a pint of boiling water, and let it stand till cold, then take four tablespoonfuls twice or thrice a day.

For St Anthony's Fire
houseleek and cream, or warm milk with brandy.

Decoction of the green outer bark of the walnut good effects of in the cure of ulcers.

a healing salve

Two ounces of yellow bees wax sliced and melted with two ounces of beef marrow chopped fine, then stir in off the fire two ounces of oil with an ounce of camphire dissolved in it, and half an ounce of liquid laudanum.

an opening electuary

electuary of cassia and oil of almonds an equal quantity

first purge for an Infant

oil of almonds and syrup of violets an equal quantity

an infallible cure for an ague

One scruple of a clean cobweb, got in a house, or among wood, one drachm of chittiridate, made up into a bolus, a large cup of warm water, with a large spoonful of treacle in it, the patients are to take it a few hours before they expect the fit, to go to bed, and lie till the sweat is quite off, then to get up in a room with a fire. One bolus generally effects a cure; if not, a second must be repeated, a few hours before the fit is expected.

an equal quantity of white of egg and vinegar to cure a contraction of the sinews.

128 Red Pimpernel to cure the Hydrophobia, Steam of vinegar,
and vinegar to drink for ditto. M. B. vol 6, page 560.

Healing salve Dr Graft Peignmoate

Four ounces of yellow bees wax scraped, two ounces
of rosin powdered, two ounces of turpentine (venice), and
one ounce of mastick.

antidote to deadly nightshade, after proper evacuation
large doses of vinegar.

Dr Glynn's Recipe for rheumatism & shingles mixed
Buckbane tea, Bark, warm plaister upon leather on
the part, large blister if the pain is violent.

eight drops of ethereal spirits of turpentine in a
quarter of a pint of warm ale, to cure the rheumatism
in three nights. brought out the shingles on the part.
it has however frequently been successful.

ammoniac plaister with quicksilver to discuss a Tumour.
Fever draughts
half an ounce of saltpetre, ditto salt prunella a quart of boiling
water. four table spoonfuls to two of pennyroyal water, sweetened
with black currant jelly. to be taken twice a day.

Salve for an old wound
irey, Carib, mutton suet and wax. and oil of olives.
20 ounces or unwashed butter ditto 2 1/2 one ounce 2 ounces.

Magnesia alba & Confectio cardiaca of each ten grains,
common mint water three or four table spoonfuls, to
be taken night and morning.

Pillule Aromaticae

a drachm made into twelve pills take one every other
night.

A woman had for many years been afflicted with weeping
eyes, which discharged an acrimonious humour that brought
on an almost total loss of sight. Alteratives were prescribed
to no purpose, nor could a course of mercury procure the
smallest alleviation. At length a strong decoction of
camomile, boiled in cows milk, was ordered, with this she
bathed her eyes several times a day, as warm as could be
suffered without any uneasiness, and in about six weeks
her eyes were perfectly cured.

Stomatous tumours ~~and~~ in the face cured by alum ~~and~~
mixed with conserve of roses, renewing the application
daily for some time.

a diluted solution of opium in water, a gargarism to
cure the sting of a wasp in the throat.

Dropsy cured by taking from one to three table

spoonbuls of the juice of leeks, mixed with about a fifth part of gin, two or three times in the day, taking some doses of physic at proper intervals.

six or eight ^{or nine} grains of whole pepper swallowed to cure cholic & diarrhea. ^{three grains of white pepper to cure pain in the stomach or bowels}

a poultice of boiling vinegar and common sand to cure a quindey, put up as hot as possible, and changed as it cools, till it breaks. it prevents all return of the complaint.

Cancerous virus

* to cure a cancer before it is broke, or a hard Tumour

Half a pint of honey, and half a pint of red ^{not +} wine, boiled ^{or sent}

together till half consumed, then mix in while yet hot and by degrees in a little ^{and stir it well} of fine ^{or feather} powder

the yolk of an egg, spread this and apply to the part affected. ^{as often as} changing the plaister when it becomes slack.

to cure a broken skin

foment with hot Port wine, and scarlet cloth, two or three times a day, laying a bit of fine rag on the sore in the inter^{nal}

Parimahaca buds steeped in brandy to bathe fresh wounds, a leaf of the same tree bound on a fresh cut, cures it.

houseleek steeped in vinegar, bound on with an ivy leaf ^{to cure corns}

* Cancerous virus supposed to arise from a putrid fermentation of stagnant lymph in the diseased part.

to cure corns or warts

cut a piece out of a turnip, fill it up with coarse salt, place it in a saucer, and bathe corns with the liquor that flows from it, night and morning, and warts as often as you please. Warts are cured by the juice of ~~houseleek~~ ^{to remove an obstruction}. Take a fresh leaf of Mullein every day, and apply to the sole of the foot, walking constantly two or three miles daily.

Mullein tea to cure a consumption.

powder'd bay leaves, with vinegar and port to cure an ague.

a wash for the teeth

an ounce of Camphire and an ounce of Nitre, in a quart of spring water. I imagine it will be best to dissolve the Camphire first with a teaspoonful of rectified spirits of wine and a little bit of sugar, pouring the water boiling upon it by degrees, and when it is cold to add the nitre.

charcoal pounded and sifted very fine, in water, to clean and whiten the teeth.

Take of Garlick two cloves, of gum ammoniac one drachm, blend them by bruising them together; make them into two or three boluses, with fair water, and swallow them, one at night, and one in the morning; drink, while taking this recipe, Sassafras tea, made very strong, so as to have the teapot filled with chips. This is generally found to banish the rheumatism, and even contractions of the joints in a few times taking.

Mortification, attended with convulsive spasms, or which is occasioned by local injury, cured by repeated doses of musk and salt of hartshorn, it removed singultus, subsultus tendinum, and other convulsive spasms, and procured ease, sleep, and a gentle diaphoresis, whilst at the same time, the mortification regularly stopped. repeated trials produced the same uniform effects. in some cases the patients took a hundred and twenty grains of musk and as many of salt of hartshorn in the course of a day.

Monthly review volume 3rd October 90.
 a Recipe to make Saffy's Elixir
 two ounces of Channa, two ounces of Rhubarb, two ounces of Elecompane, two ounces of Senna, two ounces of Anniseed, two ounces of liquorice root, two ounces of

133 Caraway seeds, two ounces of Coriander seeds, a pound
of Raisins of the sun stoned. three quarts of Brandy or
gin. to stand six weeks, shaking it sometimes, then
poured off. bottled, and tied over with bladder, after
being well corked.

a cure for Worms

Salt of Steel and Galapin powder, of each eighteen
grains, thick Honey a table spoonful, Salladoil
half a table spoonful. mix them very well together
every time it is taken — give a teaspoonful (more
or less according to the age and strength of the
child) every morning fasting till this quantity is
taken. In ten days repeat the same. N.B. The
Salt and powder must be ground very fine in an
iron mortar. It may make the child sick, and will purge.

St Radaliffes Pills for Headache

Root of round Birthwort, Gentian, White Dittany,
White Wax, Amber, Myrrh, Venice Turpentine, Chalk
of each two Drachms. Nithridate three Drachms, Soccorine
Aloes two ounces, Syrup of Marshmallows enough to
make a Mass for Pills. an eighth of this quantity will

Agrimony
Bay leaves
Rue
Brooklime
Chamomile
Dwarf Elder leaves
Southernwood
Featherfew

Thyme
Marigold

Featherfew
Thyme
Marigold

Bugloss

134 be sufficient to be made at once. One or two pills to be taken at bed time.

Syrup of Balsam

A pound of blayed or Brazil Sugar, half an ounce of Balsam of Tolu, two pennyworth of Saffron, to be boiled in a quart of running water, till it comes to a pint. you must let the Balsam boil some time before you put in the Sugar. you must give three or four teadpoonfuls at a time, with a teaspoonful of Rum in it. put the Balsam in a cloth when you boil it.

Mr Glafes Brown healing salve

four ounces of mutton suet chopped, two ounces of bees wax sliced, an ounce of stone pitch and an ounce of rosin powdered, all melted together. stir in when off the fire two ounces of olive oil.

Take Rue ^{to make green ointment,} and Sage one pound each, Wormwood and Bay buds of each half a pound, Sheeps suet three pound, shred and mixed together, then pound them till the suet cannot be perceived. then put it all into an earthen pot with two quarts of good neat oil, cover the pot close

135 and let it stand twelve days, then break it with your hands into a brass pan and set it over a gentle fire, always stirring it till the herbs be crisp, after so done strain it off into an earthen pot for use.

a cure for the whooping cough.

One ounce of Senna, two drachms of Rhubarb, Tartar of Vitriol, Coriander seeds, and Aniseeds of each one Drachm, half an ounce of Liquorice root, and one ounce of Lignum Guaiacum. boil these ingredients in a pint of water till reduced to half the quantity. strain it clear and to the remainder put half a pint more water. boil it as the first time, and strain it, then add ten ounces of loaf sugar. simmer it up and preserve it in a bottle for use. Give a child of ten years old a large table spoonful night and morning, an Infant a tea spoonful, and so proportion the quantity for age and constitution. rubbing the back with warm rum before a fire at bed time is a very good thing while the Decine is taken. if it should prove too opening the morning dose must be omitted.

Take, one teaspoonful of the Extract of Lead, one table spoonful of camphorated Spirits, and one quart of Spring water. shake these well together.
 The Embrocation. Take, two thirds of Goulard, and one of the Soap Liniment. mix and make an Embrocation to be well rubbed in night and morning.

^{a nice Salve}
 Take a half a pound of fresh butter that hath lain three days in Rose water. almost a quarter of a pound of bees wax, half of it virgins wax, three hard pippins sliced thin, one ounce of double refined sugar, half a pint of the Juice of Red Grafs, Benjamin and Storax half an ounce of each, a quarter of an ounce of alcany root, infuse in sweet oil, four spoonfuls of sack. Boil all this together, till it be of a very good colour, then let it stand till it be cold, that the Juice and Sack will come from it, then melt it and strain into pots.

Emollient Fromentation

Boil two ounces of Elder flowers and one ounce of chamomile flowers, with four or five Poppy heads bruised, in four pints of water, for a quarter of an hour. then strain off the clear.

mercurial ointment rubbed on the inside of the thighs of an infant under two years old, cured water in the head.

a mercurial Purge

Four grains of Calomel made into a Pill with Conserve. after two hours take four table spoonfuls of infusion of Senna (made with three drachms of Senna leaves, twenty grains of ginger, and boiling water eight table spoonfuls infused four hours.) and two drachms of soluble Tartar, and two teaspoonfuls of Tincture of Senna, half the quantity is a common dose.

Recipe to cure deafness

Take oil of sweet almonds and brandy, of each an equal quantity. Let them be well beat together, and put four or five drops in the ear, so as to let the liquid fall deep when the liquid is falling in, stroke behind the ear, so as to let the liquid fall deep; at leaving off, apply a piece of cotton. At night going to bed, put one ounce of camphire in a flannel bag, apply it close to the ear affected, fixing the cap so as to keep it there all night. This method, followed four or five times, will, in most cases, prove efficacious.

138 a solution of common salt or pearle ashes, or any other alkaline salt, if given after corrosive sublimate, decomposes and renders it nearly harmless. Persons conversant in Chemistry will have no difficulty in

accounting for this good effect being produced, even

NB it should be dissolved in milk, by no means in water. when arsenic, or other mineral poisons have been taken.

Vinegar an antidote to hemlock and other vegetable poisons.
but not opium & mushrooms.

Gamboge and oil of almonds, rubbed on the inside of the thigh, from the groin to the knee, every four hours, cures a retention of urine.

Raisin whey for whooping cough
Three quarters of a pound of Raisins of the Sun to a pint and quarter of milk, put in when the milk boils, and boiled to a pint. a teacup full to be taken night and morning.

Raisin tea for a common cough.

Ditto with liquorice root and linseed for Ditto.

for a Cough and Tightness
half a pound of honey clarified, an ounce of cream of Tartar mixed in it when cold. take enough by a teaspoonful at a time to keep the body gently open.

Salary whey for scurvy

Sweet fennel seed whey for Nurses, to make them
have plenty of milk, and to prevent the children taking any infection from them if they are ill, a table spoonful will turn rather more than ^{half} a pint

139 of milk, put in when the milk is boiling, and drank
every night going to bed as long as there is occasion.

Tea of pear tree leaves a remedy for the poison of
mushrooms, especially the wild pear.

Rhubarb has been hitherto cultivated only on account
of its medicinal root. The Tartars make of the stalk
of this plant a kind of marmalade, which is agreeable
to the taste, very salubrious, and mildly laxative.

This conserve which is employed as a universal
remedy for children, is prepared by stripping the
bark from the stems, &c. and boiling the pulp with
an equal quantity of sugar, or the best honey. The
leaves also of the rhubarb are employed by the
same people in their soups; as they have an
agreeable acidity, similar to different kinds of sorrel;
which, in the botanical system, is in the same class
with rhubarb.

For the cure of Consumptions

Dissolve diuretic salt and soft soap, each an ounce,
with one drachm of essence of lemon, mix them together,
let a teaspoonful be slowly rubbed on the sides, between
the breasts, and over the stomach, with a warm hand,
morning and evening, while the Patient is in bed. after it
has been used a few days, increase the quantity to two or
three teaspoonfuls. if the complaint originates from obstructions
in the abdomen, apply the liniment near the part affected.

^{Laxative Electuary}
An ounce of cream of Tartar, a drachm of saffron powder mixed
in Honey.

an ounce of senna powder, a drachm of saffron powder,
mixed in treacle or Syrup.

^{another}
Electuary of Cassia and oil of almonds of each an ounce
soluble tartar half an ounce, two drachms of compound
powder of Senna, mix and make a laxative electuary.
Twenty grains of Senna, four grains of saffron make
four pills with treacle.

a drachm of liquorice root, half a drachm of ginger,
boiled in a gill of water for half an hour, then pour
boiling upon two drachms of senna, to infuse four
hours. then strain and add ~~at least~~ half the quantity
of brandy to the strained liquor. then bottle and stop
close. to one spoonful of the infusion add two spoonfuls
of water when taken.

^{for loss of appetite}
take three grains of rhubarb daily an hour before
dinner.

Pillula Euphrastica

a drachm made into twelve pills, take one two or three,
every night.

Extract of salt

Pour six quarts of boiling water on a peck of ground
salt, stir it well and let it stand forty eight hours.
then strain it through a sieve, put the liquor

over the fire in a preserving pan well tinned, and let it simmer, stirring it frequently to prevent burning, and skimming it, till it is reduced to the consistence of treacle. about a teaspoonful to be taken frequently,

to preserve Walnuts

Take the large Walnuts, full grown, but not shelled, pare them till you see the white appear, put them into salt and water as you do them, have ready boiling a large saucepan full of soft water, boil them in it five minuits, take them up, and lay them betwixt two cloths, till you have made a thin syrup, boil them gently in it for four or five minuits, then put them into a jar, stop them up close, that no steam can get out if it does it will spoil their colour, the next day boil them again, when they are cold make a fresh thick syrup, with two or three slices of ginger and a blade of mace, boil and skim it well, then give your walnuts a boil in it, and put them in jars, with paper dipped in brandy over them, and tie bladders over them to keep them from the air. to be taken as a gentle laxative one or more going to bed

Boil camomile flowers, mallow-leaves, and elder-leaves, of each a large handful, in two quarts of water to one, adding towards the end, a quarter of a pound of hard white soap, scraped fine. with the strained liquor let the part affected be well fomented, in the usual way, twice a day. after having fomented the part, rub in well the quantity of a large walnut of emollient ointment. cover the part in the day with thin flannel, rolled gently around it, and every night apply a large warm poultice of bread and milk and mallow-leaves, boiled to a very soft consistency.

Take of Dover's powder, (or compound powder of Ipecacuan according to the new Dispensatory,) and Opiate powder, of each five grains. lump sugar ten grains, rub them up together in a mortar, for a powder. to quiet pain when violent.

Important case in the Small pox
A Child of three years old, in the confluent small pox, breathing laboriously, extremely restless, and the pustules almost universally exhibiting a deadly whiteness, was lately happily relieved by the application of a large piece of leather on the stomach, covered with unguentum Hydragari fortius, which was by mistake applied

143 instead of the mitius, prescribed by a Physician. In a few hours the breathing softened, the restlessness subsided, and the pustules discovered a disposition to suppurate benignly. This case has been considered of such consequence, that an account of it has been published in the Taunton Herald, and transmitted by a Plymouth Physician to his correspondent at Liverpool, and there republished in Gores Advertiser. 1794

Ringworms

This is a cutaneous distemper very common among the Europeans in Bengal, as well as among the natives; and as the disorder is very prevalent in this country also, we present our readers with the following extract, containing a remedy for so distressing a complaint, which has hitherto frequently baffled the first medical abilities.

Extract of a letter from a Gentleman of the Faculty at Fort St. George, to Doctor B. of the Bengal establishment. Sir Paul Jodrell from his skill in Botany, has made a discovery which is likely to prove of the greatest

144 importance to the health and ease of Europeans in India; and will tend to the extirpation of that cruel and most tormenting of all maladies, the Kingworms; and the remedy is as simple as it is efficacious. It consists in nothing more than a frequent embrocation or friction of the parts where the eruption prevails with common mushroom ketchup. This remedy, simple as it appears, has never been known to fail in removing the Kingworms, Itch, or any other cutaneous eruption, after every other nostrum has failed.

Sir Paul accounts for the efficacy of this Vegetable Curative, in the known noxious property of the mushroom to all animalcula. The solution or effence of this Fungus is proved by this discovery, to bear such enmity to the minute insect which is the occult cause of this disorder, that it immediately perforates the cuticle, and totally exterminates the infection. The experiment is easy, and a trial is recommended to those afflicted with Kingworms, Itch, or eruptions of any kind.

to cure a consumption
a chair fixed on a plough, and the patient to be drawn in it daily as long as the plough works.

^{Whites to cure}
an ounce of Sasafras in a quart of water boiled to a pint.
take a teacup full morning, noon and night. it is
said to prevent barreness arising from the above complaint.
^{to remove obstructions}
a handful of Dandelion roots, washed, and cut in pieces.
a handful of shop currants not washed only rubbed in
a cloth a little, and any lumps of dirt or stones picked
out. boil them together in a pint and half of water
to a pint, then strain, and take four table spoonfuls
twice or thrice a day.

Court Plaister

In half a pint of spirits of wine steep one ounce of
Benjamin, a quarter of an ounce of Balsam Tolu,
and one ounce of Storax calamities beat fine. Put
these into a sand heat till dissolved. Then dissolve
two ounces of Isinglasp in a very little Water, over
the Fire; add to this half a pint of Spirits of Wine,
and mixing the Infusion of the Gums, with the
Isinglasp, strain all together thro' a muslin. Set the
infusion over the Fire in an earthen Pipkin, and take
care it does not catch fire which will spoil it.

146 spread this liquor very hot, and thin with a Painters
brush upon a yard of Alamode silk, which must be
strained very tight in a frame. Place your Frame near
the Fire, and when the Silk is dry, rub it over again, with
the hot liquor till it is all laid on.

to cure a broken skin or any small
fresh wound
A piece of the second skin of an onion wet with spittle
and applied immediately, it will stick close, exclude the
air, and soon heal the wound.

to make elder wine
To a peck of Elder berries, put six gallons of soft water,
let them boil half an hour, break all the berries as they
rise, then strain the liquor through a sieve, and to
every gallon of liquor, put two pound of loaf sugar,
then let the whole boil three quarters of an hour.
take off the scum as it rises. Then take it off the fire
and let it stand till it be milk warm, then work it
in a tub, with a yeast toast. and let it stand three
or four days. Run it into your vessel, and to every
gallon of liquor, put a pound of Malaga raisins or
more. wash your cask well with brandy, and when
you close up your vessel, put in a pint of brandy
or more. let it stand for twelve months, and either
rack it off or bottle it. if you rack it into another
vessel add a pint of brandy and eight pound of raisins.

^{Stomachic wine}
 Gentian root half an ounce, Galangal, Galamus
 Aromaticus and Spanish Angelica root of each two
 Drachms, Pentaurgy tops an ounce, Saffron a drachm
 and Seville orange peel an ounce. Infuse in a quart
 of white wine nine days, shaking the bottle now and
 then.

Orange Wine

The Fresh Peel of three Seville Oranges, Infuse
 in two quarts of Sherry for fourteen days, then
 strain it for use.

^{Stomachic Electuary}
 Camomile flowers powdered an ounce, Rhubarb powdered
 half an ounce, Salt of Wormwood a quarter of an ounce,
 Conserved Syrup of Orange rind enough to make it
 into an Electuary.

Mrs Pennudoches Recipe to cure worms, which she
 always uses for her children, and which Dr Warren
 begged a copy of.

Take the leaves of walnuts when full grown, dry
 them in the shade, when dry put them in the oven when
 the household bread is drawn, repeat it till they are
 dry enough to pound to powder, when powdered sift it
 through a muslin sieve, then put it in canisters in a
 dry place. To a grown person give thirty grains, in

148 Sweet oil or honey, for four days night and morning.
after one whole day, at night going to bed give twenty
grains of Galap and ten of Rhubarb in any liquor.
rest one week, and repeat the same for three or
four weeks, resting a week between. Children must
take the dose in proportion to their age, both of the
powder and the physic. The bitterest walnut leaves
are the best.

To make Tincture of *Hiera Picra*

Take species of *Hiera Picra* half a pound, take a quart
of the best white wine and a quart of brandy, pour
it on the powder, let it infuse a fortnight, stopping
it very close, and shake it well every morning and
evening. strain it off very clear; three ounces of it is
a dose.

Species of *Hiera Picra*

Socotorine Aloes four ounces, small Cardamoms, Galangal
Rhubarb, Virginian Snakeroot and Ledoary of each three
Drachms. An ounce of the Species to a pint and half of Wine,
with a scruple of Cochineal.

another Species
eight ounces fine Socotorine Aloes, eight drachms of lesser cardamom
seeds, eight drachms of Virginia Snakeroot, eight scruples of
Cochineal.

Stomachic Tincture

Bark six Drachms, Calamus Aromaticus, Winter Bark
 Casamunair and Seville Orange peel of each two Drachms,
 Cinnamon, Juniper Berries and Cochineal of each a
 Drachm, to be bruised grossly and infused in a bottle
 of white wine.

to cure the Ague, for a Child.

Take Peruvian Bark five Drachms, Snakeroot & salt
 of Wormwood of each half a Drachm, and with syrup of
 Poppies make an Electuary, give the quantity of a very
 small nutmeg every three or four hours (between the
 fits) and wash it down with a little wine and water.
 If the Person be old enough, be sure always to give a
 Vomitory before you use the Bark.

to cure Worms

a large teacup of strong lavender cotton tea, taken the
 first thing in a morning, and fasting an hour after it, is
 very effectual to strengthen the stomach, and prevent worms.

the most infallible cure for the Ague

Take as much snuff of mould candle, powdered fine,
 as will lie on a shilling with half the quantity of
 grated nutmeg, make into a soft bolus, with treacle or
 syrup, and give it just before the cold fit comes on,

150 washing it down with a little white wine negus, go immediately to bed, and drink plentifully of sage tea to encourage the perspiration which will soon come on. the dose is to be repeated a second, and a third time if necessary. three doses generally cures, but if not you should take an emetic and a small dose of castor oil, or a little rhubarb, and then begin again: it has been frequently known to cure by a single dose.

Recipe for an aperitive Elixir

Take Salt of Tartar an ounce and a half, Soccorine Aloes and the best Myrrh of each two ounces, the best Saffron an ounce, water of elder flowers, of Scurvygrass and of Creepers each four ounces. mix the whole, and leave it during twenty eight hours in digestion, in a sand heat. then pour it off and filter it, and keep it in a bottle well stop'd for use.

Mrs Jones's Recipe for a Searcloth, nearly the same as Dr Worthington's Nonesuch but the directions clearer. see page 264

Take a quart of Olive oil; it is best if a little decayed. and a pound of red lead finely powdered, boil them together till it is black, stirring it all the time. take it off the fire and put in it two ounces of red wax the same sort deeds are sealed with, to be bought for

two shillings or half a crown a pound, and a quarter of a pound of rosin, bruise them a little before you put them in. when it has done making a noise, set it over the fire again, stir it, and let it boil eight or ten minuits, dip a paper in it, and put it in cold water, if it stick well to your finger it is enough. have ready two pans of cold water, batter the bottom of them to prevent the plaister sticking to them. put three or four ladles full into one of the pans, let it lie till you can take it out, and work it in the other water till it can be made into rolls. This plaister will disperse all swellings and inflammations, will heal any wound, and is good for everything that a plaister is good for.

The epilepsy or falling sickness being reckoned in general an incurable illness, a Physician of the first eminence, who has been witness to the convulsions of many poor creatures in our streets, has requested us to publish the following remedy. Take one drachm of fine filings of true white metal powder, or black tin powder, mix it with a little conserve of oranges, or

152 Some sweet meat, give it to the Patient the middle of the
third day before the full of the moon. The same method
is to be observed, with respect to the change of that
planet. Twelve doses thus given are generally sufficient
to effect a cure. When the Disease invades, the same
dose is to be given promiscuously, which will have a
remarkable effect; but to obtain a compleat cure, the
full and change of the moon are to be observed. As
many people, of all ranks, are afflicted with this
Disorder, which exhibits such miserable symptoms.
it is consequently to be expected that they will have
recourse to so simple, so plain, and efficacious a
medecine, which is also a specific in the cure of worms.

To the Printer of the Public Advertiser.
Sir Your Paper being a channel through which much useful
information is communicated to the Public, I beg leave to
solicit the indulgence for a spare corner for the following
Case which is strictly true, and which I doubt not will be
very acceptable to many and probably beneficial to some, of
your readers. The gentleman from whom I have it communicated,
is a Mr Huchings, of Cambridge, and who has, to his honour and
humanity, endeavoured to make public the means by which he

153 Has obtained a cure of that common, troublesome, and dangerous disorder, the Scurvy, from which very few of our countrymen are free: — He was for three or four years preceding the last year violently afflicted with the above complaint, which arose to such a height as to make his life nearly insupportable night or day, which brought on eruptions all over his back, arms, and other parts of his body, attended with itchings, burnings in his feet, heaviness, and (though in the daytime an inclination to sleep) restless nights, to such a degree, that he could scarcely keep his bed. His being so deplorably situated induced him to seek for relief, which he found by taking a Vegetable Syrup, the preparation for which is as follows. To four beer quarts of good rich sweet wort, add half a pound of Sassafras, one ounce of Sarsaparilla, and four ounces of Daucus seed (commonly called wild carrot): boil them gently over the fire for three quarters of an hour, frequently putting the ingredients down with a ladle; then strain the same through a cloth. To each quart of this liquor, put one pound and a half of good thick treacle; boil the same gently for three quarters of an

154 Rous, stirring it all the time; put it into a pan, and
cover it till cold, then bottle it for use. Be careful not to
cork the bottles too tight. The dose taken of the syrup
was a moderate teacupful, in the morning before he
arose, and the same quantity on going to bed, which he
continued till he had taken nineteen wine bottles. The above
did no more than keep the body open. The effect, however,
was such, that it took off the itchings, cleared the skin,
eased the feet, relieved his drowsiness in the day time, and
brought on comfortable nights; made him active, and, tho'
sixty years old, as full of spirits as he ever remembered
himself. The time of his first taking the syrup was in
September, October, and November, 1787, during which
time he abstained from high sauces, and in a great measure
from animal food. His drink at dinner was table beer,
and sometimes mild ale. Should any person trying the
above prescription, find it not sufficient to keep the
body regularly open, add to each bottle of the syrup
half an ounce of senna, which boil up in a sauce pan,
and take a teacupful occasionally. As no radical cure
can be expected in those advanced in life, it will be

155
advisable for such, after the first course, to take,
every spring and autumn, four or five bottles, by way
of prevention to the effects of the disease. N.B. The
mild cannot ought to be gathered in September or
October. Sassafras and Sarsaparilla may be had of
any Druggist or chemist. I am &c yours &c. J. P.
November 14th 1788.

Directions sent from Holland in June 1723, to the Lord
Berkeley, by the Professor Boerhaave and Mons. Van
Ostedyke, who are of opinion that the Goat is not to
be cured by any other means but a milk diet, which
will in a year time alter the whole Mass of Blood: and
in order thereunto, the following Directions must be
strictly observed and followed. First, You must not taste
any liquor, only a mixture of milk and water, one third
milk, and two thirds water; your milk must be as new as
you can get to drink as often as you have occasion,
without adding any other thing to it; a little tea or coffee is
likewise permitted with milk. Second, In the morning as
soon as you wake, and the stomach has made a digestion,
you must drink eight ounces of cold water, and fast two

156 Roast after it, then eat bread and milk, milk porridge, and
sometimes tea with milk and bread and butter. Third, At dinner
you must eat nothing but what is made of wheat, barley,
oats, rice, millet seed, carrots, potatoes, turnips, spinnage,
beans, pease, and apple dumplings, but above all milk
and biscuit, and nothing salt or sour, not even a seville
orange; but you may eat fruit full ripe, baked pears
and apples. Fourth, At supper you must eat nothing
but bread and milk. Fifth, Every morning before you rise,
to have your legs, thighs, arms, hands, &c. well rubbed with
a coarse woollen cloth for half an hour, and the same going
to bed, for by this means the humours knots and bumps
will be dissipated, and prevent their fixing in the joints, by
which they'll become useless. Sixth, It will be very necessary
to go to bed early, even before nine, to accustom yourself
to sleep much, and use yourself to it. Seventh, You must
use exercise as much as possible; riding on horseback is
best, or coach or chair, the more the better; but you must not
ride on horseback in cold, wet, or ^{showy} slippery weather; always be
cautious of catching cold. Eighth, In case the fits of the
gout should return and be violent (which they believe
will not be the case) a small dose of opium, or laudanum,

may be taken, but not oftener than absolute necessity requires. If your lordship finds benefit by these directions, as we make no doubt but you will, you must be very cautious how you leave off this diet, and you must never expect any flesh meat, but chickens, pullets, eggs, veal, and sometimes a little fish, with plain butter only; no wild fowl whatsoever. My lord began his milk diet the second of July, 1724, from which time his lordship has continued very strict with good resolution, notwithstanding he was very ill for some time after he began it. In the first place, he drinks a glass of spring water going to bed, and likewise one in the morning as soon as he is out of his bed; for breakfast he drinks chocolate, and eats bread and butter; for dinner he has pease soup, with herbs, stewed with a little salt butter and water, soup meagre, all sorts of puddings, as rice, barley, sago, millet, plumbs, dumplings or apple dumplings, or any that are made without suet, likewise all sorts of tarts, and roots of all kinds, as turnips, carrots, potatoes buttered, or made into pies or puddings, and fish with plain butter and parsley sauce; his lordship drinks at his meals only toast and water, and milk and water,

and at other times when he has occasion. His Lordship is
 forbid (neither has he tasted) one drop of wine, ale, or cyder,
 nor any sort of made wine or drams. his Lordship for these
 nine months has been in perfect health, walks and rides,
 which is more than he has been able to do for so long
 together for many years. Ripe fruit is allowed to be eat,
 keeping good hours in going to bed; his supper is only a
 pint of milk with bread boiled.

Mr Dobson of Twickenham's letter to Mr Barford at
 Salisbury March 8th 1780. Extract from:
 Dr Dickinsons Drops have been found from experience to
 be of infinite service among poor people, or those who
 may be inclined to try them. They have been found to be
 of the greatest service in small pox and fits. in the
 latter a poor man upwards of forty, that had been
 afflicted with fits from four years old, took the red
 Drops, and after persevering in the use of them some
 considerable time, he had had only one slight fit in
 three weeks, tho before he seldom escaped a day. and he
 continued to mend. in such obstinate cases if they relieve
 only it is a great matter. in other cases I believe by persevering
 they will seldom fail to cure. a child was restored by them who

was given over and seemed to be dying in the strongest
 convulsions imaginable. I wish no family ever was
 without them. The white and red drops are equally
 prepared from the same ingredients, but the latter is
 the stronger preparation of the two. Last summer
 the small pox was very fatal at Hereford, a
 gentleman there cured many of the poor peoples
 children after they were given over. That makes me
 speak with more confidence upon this subject is, the
 many years experience I have had of the efficacy
 of these drops, and being convinced that they never
 did harm in any one instance. They are a cordial
 which never heats, and their operation is in a manner
 imperceptible. In the paper of directions it is said there
 cannot be a better family medicine, which may be very
 truly said. I should just hint that perseverance may be
 necessary in many cases when the fits have been of
 long continuance as in Epilepsies &c. a poor woman
 who had been frighten'd into fits by the explosion of
 powder mills, and had had them three years, took these
 drops every day for a considerable time before she was

quite cured, and Haslam above mentioned took fifty drops every night.

160
or otherwise.
refused to one; then sent it off by a friend a post in the course of the day;
swims, morning, noon, and night. This is a sufficient quantity for a man
To certain cure for the Stone and Gravel.
To the Editor of the General Evening Post.
Sir
A Son of mine, now in his seventh year, was born
with the stone in his bladder, attended with all the
symptoms of that dreadful disorder; in vain were the
most eminent of the Faculty, and the most estimable
solvents tried; in this hopeless situation, a friend
recommended the following remedy, which was strictly
adhered to for five weeks before relief appeared; the
stone then dissolved and discharged itself, accompanied
with a large quantity of mucilaginous matter, and
in about six weeks more the cure was perfected. For
the benefit of mankind in general, I submit this
case to their perusal, that the unhappy may receive
the advantage of a remedy, at once cheap, easy, and
efficacious, not doubting your readiness to insert
the same. Any enquiries will be readily answered
by your humble servant J. C. S. No. 66 Chark Lane
May 29th 1790. Receipt
Take a large handful of the fibres of garden weeds,
put thereto two quarts of soft water, let them be
close covered, and simmer gently over the fire till

For the bite of a mad Dog
 Take leaves of Rue picked from the stalks and bruised six
 ounces, Garlick picked from the stalks and bruised,
 Venice treacle of Mithridate, and the scrapings of
 Pewter or Tin of each four ounces. Boil all these over
 a slow fire in two quarts of strong ale till one pint
 be consumed then keep it in a bottle close stopp'd and
 give nine spoonfuls to a man or woman or six to a dog
 warm, seven mornings fasting. it will not fail if it be given
 within nine days after the bite of the dog, and apply
 some of the ingredients from which the liquor was
 strained to the bitten part. From The field Register
 book as taken from a Tablet in Calthorp Church in
 Lincolnshire, and the same was hung up in Bradford
 Church in Wiltshire: in both which places its efficacy
 had been proved. Except as to the quantity to be given
 I have the same recipe as Hist. G. W. see further Page 162

forty
 Pills
 for dropsy
 and bile
 Gum Ammoniacum, Gum Guaiacum, Soccorineetrees,
 Thrice Soap, Powder of Gum Scammony each half a
 Drachm, Oil of Juniper and oil of Aniseed, each three
 Drops. Syrup of Roses a sufficient quantity, make it into

to cure bilious complaints

Madder four drachms, raisins one ounce stoned, water about a pint, boiled twenty minutes, strained off, add two table spoonfuls of brandy, and take a teacup full night and morning.

to cure the Asthma

To clarified honey put as much of wild Scabious leaves (dried in a gradual heat not too near the fire) or in the Sun) finely powdered, as will make it of the consistence of an Electuary, mix it well together, and take the size of a walnut, the first thing in a morning and the last at night, it seldom has any good effect till it has been taken a week. Preserve the leaves in a dry place from dust and powder them as they are wanted.

continuation of the Recipe for the bite of a mad dog omitted by mistake at Page 161

Except as to the quantity given I have the same recipe as used by Dr Portescue late an eminent Physician at Bampton in Oxfordshire, who in his practice according to my information never knew it fail if given in time. He prescribed seven or eight spoonfuls 9 mornings fasting, and renewed the ingredients upon the wound once in twenty four hours. C. W. 1792 from note 1785.

N. B. many in the town of Galthorp had been bitten by a
 mad Dog. all that took this medicine did well, all the rest did
 ill. So says the Register upon inspection just now &: W.
 to make Tar water

pour a gallon of cold water on a quart of Tar, and stir
 work and mix them thoroughly together with a wooden
 lable or flat stick, for the space of five or six minuits;
 after which the vessel must stand close covered and
 unmoved three days and nights, that the tar may have
 full time to subside; and then the clear water, having
 been first carefully skimmed without shaking the vessel,
 is to be poured off, and kept in bottles well stopp'd for
 use. no more being made from the same tar, which
 may still serve for common uses. I make this water
 stronger than that first prescribed, having found on more
 general experience, that five or six minuits stirring, when
 the water is carefully cleared and skimmed, agrees with most
 stomachs. The general rule for taking it is, about half a
 pint night and morning on an empty stomach, which quantity
 may be varied according to the case and age of the Patient,
 provided it be always taken on an empty stomach, and about two
 hours before and after a meal. For children and squeamish persons

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it may be made weaker, and given wth little and often. more auker
or less stirring makes it weaker, as less water or more stirring
makes it stronger. It should not be lighter than the French,
nor deeper coloured than Spanish white wine; if a spirit
be not very sensibly perceived on drinking, either the tar
must have been bad or already used, or the tar water
carelessly made or kept. particular experience will best
shew how much and how strong the stomach can bear,
and what are the properest times for taking it. I apprehend
no danger from excess in the use of this medicine.
N. B. the Baron orders a pound of tar to a gallon of water,
a teacup full once in the day, and a teaspooⁿful of elixir
of vitriol another time.

Pomade Divine

Take a pound and half of beef marrow; clean it well from
strings and bones. Put it into an earthen vessel filled
with spring water, changing the water night and morning
for ten days: Then wash it well and drain it through a
coarse cloth. After this, steep it in a pint of Rosewater
for twenty four hours, and hang it up in a cloth to drain
quite dry. Then take, One ounce of the powder of Orrice

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of Florence, one ounce of Gum Benjain, one ounce of Storace (the dry thosin of the Tree so called) one ounce of the odoriferous powder of Cyprus root, half an ounce of cinnamon, a quarter of an ounce of cloves, a quarter of an ounce of nutmegs. all these must be finely beaten and well mixed with the marrow in a bason or bowl, and well kneaded as you make paste. Then put it all together into a pewter or silver pot of three pints (but not an earthen one) which must shut very close, and be extremely well joined and pasted all round with a paste made of flour and the whites of eggs, spread on a piece of linnen; over that must be another piece of linnen for fear any steam should evaporate. Put this pot into a small copper, or kettle, with water enough in it to come up to the neck of the pot. The pot should hang in the water, without resting on its bottom; but if that cannot be contrived, put a board at the bottom of the copper or kettle, and let the pot rest on that. The water must boil with equal force, without ceasing for three hours. Have ready boiling water to fill up as fast as it wastes, that it may be always kept to the same height. When it is boiled enough, strain it through

a cloth, and put it in small gallipots, and when cold cover the mine over touch it but with silver. The drop that remains upon the cloth is good to put hot to any painful place. it will keep good many years. Its Virtues. It is good for all sorts of cold humours. Admirable to prevent mortifications. It fortifies and dissipates all humours. It is good for kernels in the breast. It may be used for swellings in the face, and does not hurt the skin. It may be put in wounds without tents. For pains in the stomach rub the place with it before the fire. The pewter pot should be made like an Ice pot with two handles.

Dr. noselys method of treating intermittents was to give an emetic, to confine his patient to bed about two hours before the expected accession; after the operation of the emetic, he gave a cordial opiate, and promoted perspiration by diluting largely with warm thin drink. The next morning he gave a dose of rhubarb and magnesia, and a few grains of calomel at night. this process was continued for three or four times, before every expected return of the fever, and if it did not totally remove the disease, the bark was then administered, continuing the same regimen, and no disagreeable consequences ensued. Hence the following

169 material conclusion, which in practice ought to be
~~constantly~~ ^{carefully} attended to, that the bark never cause obstructions
in the abdominal viscera if the pores of the skin and
the intestines be kept continually open. Moseley

The putrid bilious fever came on with a sudden loss of
strength, nausea, and clamminefs in the mouth; the eyes
were dull, and tinged with bile; the pulse was low and
quick; the skin moist; a heaviness in the head; a tension
and pain in the abdomen; great anxiety; the colour of
the skin soon became of a deep yellow; a coma succeeded,
with thin cold sweats, and deep laborious hiccups; and
the disease terminated on the second, third, or rarely on the
fourth day in death. Dr. Moseley attacked this fever with
purges at the beginning, which he continued till they were
contraindicated by the weakness of the patient. The purge
which he used was a solution of manna and cream of tartar
in barley water. During three days constant purging with this
ptisan, the stools were charged with bile, and the urine was
of a deep yellow; nor did the colour of the skin alter until
a complete evacuation of the bile was made from the intestinal
canal. This being effected, the bark was administered; and
where this method was pursued from the beginning, not a
single patient failed. The result of this practice gives

168 rise to the following question: Is the bile in this fever the efficient cause of the disease? Dr. Roseley thinks not. He supposes that the superabundance of the bile is the effect of the disease, and that nature, in expelling the morbid matter from the blood, uses the bile as the secretion for evacuating it. It may here be objected, if the morbid matter be expelled by the biliary secretion, the fever would be cured by completely evacuating the bile, and the bark would be needless and superfluous, in all probability the patient would recover without the assistance of the bark; yet when it is considered that the evacuation must have been considerable (the doctor relates some cases in which for three days successively the patient had at least twenty motions in the twenty four hours) nature must have sunk under, or immediately after, the operation; had not the animal faculties been supported by cordials and tonics. Of these, none is so efficacious or so powerful as the bark; and it is in consequence of these qualities that the bark confirms the cure in these cases. The premature use of the bark, before a thorough evacuation is always pernicious, and frequently the cause of death, as experience testifies. Which is doubtless to be ascribed to the astringent quality of the bark, which obstructs the secretion of the bile, and so prevents nature from expelling, through the channels which she herself points out, the noxious and morbid matter.

On the Dysentery, Dr. Huxley endeavours to prove that it is not infectious. Here we differ from him, because facts are in our opinion more convincing than theoretical reasoning. The method of cure consists in promoting perspiration after the intestines are well emptied; which indeed is the usual mode of treating the disease, and we may add also the only effectual way of curing it. we differ from the Dr in the choice of evacuant for this purpose; he recommends antimonial purges; we prefer the balsamic animal and vegetable ones, such as manna, mutton broth with barley, castor oil &c: which evacuate without irritating; whereas antimonials, and all mineral purges, irritate the intestines considerably, and therefore increase, during the time of their action, the symptoms of the disease, all of which, it is allowed proceed from irritation. Our author seems to place too much efficacy in sudorifics. That they are necessary to confirm the cure we readily acknowledge, but we very much doubt whether it can be at all accomplished without previous, plentiful, and long continued alvine evacuations; and this practice has always been attended with singular success, and has been recommended by almost every writer on the subject.

Cancer does not claim our author's attention; he pretends not to account for their cause, but from experience he recommends a method of cure which he asserts to be infallible. As this is a matter of great consequence we shall give it in the Doctor's own words. Spread a plaister of diachylon with gums, upon thin leather the size of the cancer:—suppose the plaister to be as large as a crown piece, sprinkle on it a scruple of corrosive sublimate of mercury, finely powdered; and so in proportion to a larger or smaller plaister. This plaister must be applied to the cancer, and remain on it forty eight hours; but if there is any apprehension that it has not done its office in that time, it must remain longer. Then take it off, and apply a poultice of bread and milk, with a little olive oil, which must be renewed frequently, untill the cancer comes entirely out, by the roots as it were. The part is then to be dressed, digested, and cured, as a common ulcer. A purge or two with calomel must precede the application. No other preparation is necessary, unless the patient is gross, and requires a cooling regimen. Bark is sometimes necessary to forward the digestion and cure.

Cancerous virus supposed to arise from a putrid fermentation of stagnant lymph in the diseased part.

extract from hoseley's treatise on Tropical Diseases taken from the monthly review for June 1788 the 6th number of volume 78 page 472

171 Tincture of Steel and spirit of salt for flooding and weakness,
from five to twenty drops in a glass of water. prepared for
Islander by South Druggist, near chain gate Borough.

a white of egg with double the quantity of water beat
up together to rubb weak or ricketty joints, and limbs.
night and morning, well by the fire if the weather is cold.

a french roll, an ounce of isinglass, a little spice,
boiled in a quart of water to a pint. strain and eat
with either wine and sugar or milk. as a restorative
and strengthener.

For the black Thrush a gargle

A handful of red sage chopped and boiled in a pint of
water to half a pint, strain and add two table spoonfulls
of honey, two of vinegar, four of red port, and half an
ounce of roach allum. rub the throat with hartshorn
three times a day, and wrap it in flannel, to prevent the
thrush from spreading lower. approved by happy
experience in a very deperate case.

^{to cure the Foot Thrush}
~~take ear wax and a little powder~~
^{to stop flooding}
a table spoonfull of cold drawn linseed oil

^{and to prevent abortion}
Ditto a skein of crimson silk, cut in bits and
swallowed in a glass of white wine.

Take, of the Aromatic Infusion of Senna, two table spoonfulls,
of Tincture of Senna one table spoonfull, of Rhubarb, in
powder five grains, mix and make a draught to be taken
every, or every second, morning.

The Aromatic Infusion of Senna is prepared thus.
Infuse, two drachms of Senna, one Drachm of fresh
Lemon peel, and one — of Carraway seeds in rather
more than a quarter of a Pint of boiling Water for
twelve hours, then strain.

To cure the falling Sickness

Take a drachm of Cochineal, divide it into nine parts.
Take it nine mornings following, fasting an hour after
it, mixed in a little white wine, with thirty Drops of
Tincture of asafetida. for a child a smaller dose of
asafetida, and mixed in water.

To dissolve a fish bone sticking in the throat swallow a
few grains of gun powder, letting them gradually dissolve in
in the mouth.

Tea for the Lungs ground ivy, pennyroyal,
Rosehound, coltsfoot, hyssop, mint.

The Cooling Emollient Liniment

Boil one pound of Elder Flowers, picked perfectly clean from the stalks, half a pound of Rose Flowers, and half a pound of the leaves of Bugloss, in a pound and a half of kidney mutton Suet, and half a pint of olive oil.

Boil the Flowers and leaves in the suet and oil, first melted together, till they are almost crisp, then strain with expression. (I find it must be a pint of olive oil.)

The healing cooling Cerate

Take of Deer's Suet, and the cooling Emollient Liniment, each equal proportions, melt them together over a slow fire.

Tobacco ashes, taken out of the pipe, and put into a hollow tooth, an infallible remedy for toothache, those ashes used to scour the teeth every morning, clears, whitens and beautifies them. taking snuff of service in the toothache. monthly review vol 2nd page 383

if the eyes are dazzled and hurt by the sun shining upon white, looking upon green for a time will restore them. monthly review volume 1st page 338.

Syrup of Rhubarb and oil of almonds first purge for an infant. ditto vol 9th page 162.

Rice and chelidonium good to prevent the fear of scurvy. ditto vol 1st page 23.

In the first attack, a vomit seldom fails to remove the disease at once. If the poison has begun to exert its effects upon the nervous system, emetics will stop its farther progress, and the patients quickly recover. If it has proceeded still farther, and occasioned that amazing action in the capillaries, which exists when the scarlet colour in the skin takes place, vomiting never fails to procure a respite from the anxiety, the faintness, the delirium.

To effect these purposes, it is necessary that the emetic should be powerful, and repeated, in ordinary cases, once in forty eight hours. In those with more urgent symptoms, daily. In the intervals between the vomits, the author recommends the radix contrayerva, joined with the testaceous powders, and sometimes with the camphorated jalep. Purging was always found to be mischievous, and, if violent, proved suddenly fatal. The bark, which has been so much recommended, was found almost constantly to increase the inflammation.

175 and disposition to sloughing in the fauces. Blisters added considerably to the heat and restlessness, without doing any service to compensate for these inconveniencies: and were even sometimes, particularly in the summer months, observed to increase the fatality of the disease. After frequent opportunities of observing the events of cases in other respects similar, the blistered patients very often died, whilst those who were not blistered never failed to recover, if properly treated. The author speaks highly of the advantages derived from gargling the throat by means of a large penter syringe, with a long pipe to reach over the tongue. The compositions usually employed for this purpose were, a decoction of contrayerva, sweetened with oxymel of squills, or barley water, or infusion of the leaves of red roses, acidulated with the marine acid. The patient should be kept during the whole course of the disease, in a temperate warmth; the diet should be tea, chocolate, coffee, milk and water, and occasionally white wine or nitre whey. During the exacerbations of heat, restlessness, or delirium, a draught of cold water, drawn fresh from the spring, was peculiarly grateful, and seldom

176 failed to procure temporary abatement of those distressing symptoms. When the Fever ceased, the author gave a dose of calomel, which he worked off with rockelle salts, and the cure was completed with bark, salt of steel &c. The work concludes with an account of the dropsy, and some other anomalous diseases, which sometimes succeed and retard the recovery.

Method of cleaning the teeth
condemns alike the alkalious dentrific powders, and the acid juices, applied for that purpose; as they tend to abrade or corrode the enamel of the teeth, and subject the denuded bone to a caries, condemns the use of brushes, and even of bits of linnen; and advises to clean them with a piece of sponge dipped in warm water, in which some soap has been dissolved, which is greatly approved from its penetrating Deterging nature. The morning is thought the eligible time for this work, after removing the viscus substance from their surface with a quill, and proposes rinsing the mouth after with a little Hungary water, simple spirit of lavender, or the like, diluted with warm water. Monthly review vol: 3th page 416.
Two drachms of sugar dissolved in an ounce of water, to wash wounds to thicken the discharge.

177 The principal point our author seems to have had in view, is the junction of nitre as a corrective to the bark, in the cure of spreading gangrenes, especially to patients of robust habits; he tells us, that he has experienced in several cases, one of which he particularizes, that the additional heat which the bark would have otherwise caused, was prevented, and it still retained its efficacy, assisted by the antiseptic quality of the nitre. Monthly Review vol. 11th page 315

Emollient fomentation

two ounces of Elder flowers, one ounce of camomile
flowers, boiled in two quarts of water to three pints.
used at night, a quarter of an hour or twenty minutes,
going to bed then wrap up the part warm.

in ^{Fitz} ~~Ward's~~ ^{Elber flowers and Poppy heads only.}
of a consumption succeeding a profuse spitting of blood, a
young gentleman twenty one years of age, without having used
any violent exercise; was seized in December 1748 with a
profuse discharge of blood from the lungs, in strong fits of
coughing. He was of a plethoric habit, as his pulse denoted,
which was quick, full, and hard; his chest was flat and
narrow, and he was very much emaciated: he had been

blooded once, but complained of an uncommon oppression
 about the precordia, which rendered respiration very difficult.
 the usual medical treatment for three months was not of
 any great service; tho in that time he was bled thirty three
 times, in large quantities; notwithstanding which, his pulse
 was very quick the whole day. In the afternoon, he was
 invaded with shiverings, succeeded by heat, which was moderated
 in the night by sweat; he coughed violently, and the matter
 he expectorated was purulent, and of a disagreeable taste.
 His body wasted visibly and his breathing was so short, that
 he was obliged to sit up in bed, and when he rose up, upon the
 least motion he lost his breath. A decoction of every kind was
 grown quite irksome to him, and a natural aversion he had
 to milk, rendered a diet of that kind impracticable. He was
 recommended to eat cucumbers without limitation,
 and without any other preparation than paring them;
 at the same time his nourishment was only a few biscuits
 and, for common drink water. In about a week he was
 remarkably mended; the heat was greatly abated, and the
 quantity of matter he expectorated was diminished, and was
 not so much discoloured as before. He took gentle exercise.

in a coach in fine weather, for it was now April; by which means he recovered his natural vivacity; and continuing the same regimen six weeks longer, every circumstance was so changed for the better, that he could breathe without any great difficulty when he walked abroad, the matter expectorated was but in a very small quantity, and that chiefly in the morning and the fever had quite left him. He was desirous and advised to return into the country, but was directed to continue the cucumbers, he was allowed to eat other aliment, but, warned against strong food, which might occasion a relapse, and directed to take a bottle of Seltzer water every day, when he grew tired of the cucumbers, and to bleed regularly once a month for a year, which direction he strictly observed. His distemper was hereby perfectly healed, in 1755 he was still living in perfect health, but repeated venesection five or six times a year.

Montley Review volume 13th page 243.

Camphor dissolved in oil by means of a volatile salt, Salt of tartshorn for instance, highly useful in indolent glandular indurations.

Rub a ounce of olive oil, three ounces of lime water for burns.

a simple and effectual remedy for whooping cough
 Dissolve a scruple of salt of tartar in a quarter of a pint
 of water, and add to it ten grains of cochineal finely powdered,
 sweetening this with fine sugar, and give to an infant the
 fourth part of a table spoonful four times a day, to a
 child of two or three years old give half a spoonful, and
 from four upwards a spoonful may be taken; the
 relief is immediate, and the cure in general within
five or six days.

a restorative, panada
 a french roll, an ounce of isinglass, a little spice,
 boiled in a quart of water to a pint, strain and mix with
 wine and sugar.

Account of the successful application of cold water to the
 Lumbar Region in calculous cases. By the Patient
 The writer thinks that by applying a wet sponge to his
 loins, fundaments: every morning, he prevented violent
 and excruciating fits of the stone, with which he had
 been many years afflicted. By this means he says, the vessels
 of his kidneys have been contracted and strengthened, so that
 the sand and gravel are expelled, as fast as they are formed, and
 without pain. N. B. The like use of cold water with a
 sponge all round the throat every morning, cured an inveterate
 hoarseness of some years standing.

to cure the green sickness

Two ounces of steel filings, two ounces of spanish liquorice, and two handfuls of rue, beat together in a mortar to an equal mass, then formed into small pills with a little liquorice powder. take three night and mornings not to be taken by those of a florid complexion.

Sore throat powder

an ounce and half of salt prunella, three drachms of white pepper and four ounces of sugar. powder and mixed, put a little in your mouth from time to time, and let it melt gently down your throat.

Plaster to dissolve a Tumour
three parts of the common diachylon plaster with the gums, and one part of extract of opium mixed, and spread on black silk worn on the part.

to cure a broken skin

wash it with salt and water. or skin of new egg. or cotton dipped in sweet oil next the wound, diachylon plaster over it, not to be opened till all the soreness is gone. it must be cotton not lint.

a fomentation of camomile and milk for an inflammation.

five ounces and half of bay salt to a gallon of water, the proportion for a bath.

a fresh elder leaf breathed upon every time after the child has sucked to cure a sore nipple.

for a milk sore if the malt plaster does not succeed, cut up small green onions and boil them in water till tender, then crumble in some bread and make a poultice.

to cure a cough

A teaspoonful of flower of Brimstone, and a teaspoon full of pounded sugar candy beat up with the yolk of a new laid egg, and taken in the morning fasting, and wait an hour after it for your breakfast. to be repeated three mornings successively which generally cures.

a Gargle never known to fail in a Quinsey
Tincture of red Roses according to the London Dispensatory
eight ounces. Tincture of myrrh two drachms.

Typhus, inflammatory fever

cured by washing once a day in cold water and vinegar,
infection prevented by the attendants using the same.

to cure a whooping cough

three parts rum, and one part spirit of turpentine, shook well together to rub the back bone gently night and morning by the fire, to cure in a few days.

to make Gilveroiment

stuff a steamer full of the fresh herb gathered in hay, with some fresh lard, put the steamer in the saucepan of water and let it simmer for some hours, filling up the saucepan with boiling water as it boils away. boil it till the watery particles are evaporated and it comes to an oil, then strain it from the herb and squeeze it gently with a spoon pour it in gallipots for use. half mutton suet makes it a salve. mallow, fowl fat lambs suet or unwashed butter will do if lard is not to be had. good for scrophulous or cancerous sores

to cure deafness

Sprinkle the ear at night with warm soft water and castile soap, putting in a little cotton after the operation.

astomachic

3 cloves, seven camomile flowers, a teaspoonful of powder of bark, pour a teacup full of boiling water, stand twenty four hours covered, then pour off the clear and take it an hour before dinner. fill it up once more and let it stand as before. to be taken constantly a long time. in some cases two drachms of Flusshams tincture of bark may be added to it with advantage.

to cure the Rheumatism

Shes stalks of Garden Beans dried in an oven and then reduced to a fine powder. of this powder take a tea

184 Teaspoonful heaped up in a glass of water every morning fasting.

To cure the Jaundice Dr Smith

Half an ounce of hadder cut small, an ounce of Sun raisins stoned, boil in a pint and a half of water for about twenty minuits till it comes to a pint, then strain it off, and add two table spoonfuls of brandy. take of this one teacup night and morning.

Antidote for Opium N.B: Camphor Julep
good for the same.

The antidote to Opium is castor, therefore as soon as it is discovered that any person has taken a large dose, appearing either upon confession or on the first symptoms. I conceive the Patient should take near a large spoonful of tincture of Castor, mixed with two spoonfuls or more of oil, with half a pint of warm water. This dose should be repeated every four or five minuits, till a puke or two are procured. If by this method, vomiting cannot be produced, no time should be lost; therefore large doses of Rape or Train oil should be administered to answer the intent, and as those are very nauseous both to the smell and the taste, it is highly probable the desired operation will be obtained. after the first puke, warm water with the tincture of castor and oil should be given again and not

the operation, or till the fluid ejected forth is tinged with the laudanum. If crude Opium has been taken, every vomit should be strictly examined into, to discover how much has been thrown up. It is highly probable that neither of these methods will always discharge every part of the drug, therefore I apprehend for security, small doses of Castor should be given, in order to prevent the remaining Opium from producing a Palsy, and such nervous Complaints, by abridging the coats of the Stomach &c.

N.B. If mineral Poisons are taken, Oil warm is most proper, for by no means should any water be given.

There when a proper Opiate is taken overnight as a medicine, whether the Tincture of Castor in a moderate dose, might not be useful in the morning to obviate the languor and rejection which is apt to succeed when its beneficial effect is worn off?

to cure Wens

Pick up the large house snail alive, and as it froths upon touching it, take it on the finger and rub over the Wens gently so as not to bruise the part, this is to be done several times a day, and the part must be ^{well} mented well night and morning with a strong decoction of snails used ^{cold} ~~if it is in the~~ neck, and affect the throat inwardly, it must likewise

be used as a gargle. some alterative physic should be taken as the Men declines. to carry it off from the habit. this remedy has never been known to fail. a girl who had one in her neck as large as a child's head, which had been growing for twenty years, and who was dismissed from the Hospital as incurable, was entirely cured by it in six months, and never had any return of the complaint. N. B. the part should be defended from cold or bruises.

to cure a speck in the Eye

Take a shell snail, prick it in the middle of the shell where the rings unite, and a drop of blood will proceed from the puncture. let that fall to the ground after which will flow a drop of clear water, which must be caught in ^{tea} spoon, and drop into the eye, upon the speck, this is to be repeated daily for a few weeks, and it will effectually remove the speck.

to accelerate Labour, where everything is right

and safe, and only lingering.

Mix powdered laurel leaves with salad oil to a consistency and spread upon leather the size of the palm of your hand and apply to the Navel, and it will bring matters to a conclusion speedily, or bind nine laurel leaves on the small of the back, and they will have the same effect.

Bitters to strengthen the Stomach

gentian root and snake root and dried ^{sevilles} orange peel of each an ounce, pour on them a pint of good rum, it is fit for use in two days, but grows stronger by standing; after a week however, if poured off, the above ingredients will bear a little more rum and make very good bitters. a teaspoon or desert spoon full according to the age of the Patient in a glass of cold water every morning.

For a pain in the Stomach, occasioned by indigestion or weakness, and to expel wind.

Snake root, gentian root, sevilles orange peel, coriander seeds and cardamoms of each half an ounce, put in a bottle with a quart of the best french brandy set by a slow fire to infuse for two days, ~~then~~ let it stand three weeks, and then pour off. take a teaspoonful every morning fasting in a wine glass of luke warm water, repeat it an hour before dinner, and if necessary again in the evening. but always on an empty stomach. N. B. the Snake root gentian and orange peel must be cut in small pieces, and the coriander and cardamoms must be bruised separately in a metal mortar, the former a little, the latter enough to loosen the husk. —
Tapeworm cured by flower of brimstone, half an ounce to a dose.

For biliary Concretions Jaundice & Gravel complicated
 a pleasant remedy by Baron Tanswicker
 Every morning two hours before rising, the expressed juice
 of a whole lemon, sweetened with sugar or honey, and
 mixed with about two chocolate cups full of warm
 veal or chicken broth. also daily four or five ounces
 of honey.

cure for a sting of a wasp in the throat

Honey and sweet oil with a little vinegar, with a spoon
 beat them all well up together in a half pint basin,
 swallow a table spoonful every minute, till relieved, then
 lie down, and keep quiet till next morning, taking a
 spoonful now and then.

to cure obstructions

Turkey Myrrh powdered 3 drachms, Nitre a drachm and a half,
 salt of steel two scruples five grains. begin with as much
 of the powder as will lie on a sixpence, and increase it daily
 till you take as much as will lie on a shilling or a little more.
 to be taken either in ginger tea or pennyroyal water, and washed
 down with a good draught, the tea to be made strong, to be taken
 twice a day, in the morning fasting and going to bed after
 making a very light supper.

The Alterative cooling powder

Sal Polychrest, purified Nitre, and treble refined sugar, of each one ounce, rub these well together, then add thirty six grains of the Aromatic powder, and mix them well, divide the whole into twenty four equal parts.

to cure Cancers, old ulcers, inflamed eyes, or any sharp Humour, it purifies the blood and gives ease & spirits strength and health.
 But six turkey figs in small pieces, put two table spoon fuls of water, to a teacup and half of milk, boil to one teacup full and strain. ^{or sow bugs, or millipedes} take three live woodlice, bruise them in an earthen or china bason, with a wooden or silver spoon, stir them up in half the quantity of fig liquor, strain them through a bit of cheese strainer, and squeeze it thoroughly, so as to have all the juice of the creatures without their husks. drink it, and take the other half of the liquor to wash it down, take it twice a day, three at a dose the first day, four the second, and so increase till it comes to nine twice a day. they must be gathered twice a day, for they will not live long after they are taken, and you must be sure not to use a dead one, as they stink immediately. keep them in the bottom of an

open teacup, they cannot crawl up if it is well glazed and smooth. where figs cannot be had, mix a table spoonful of boiling water, with two table spoonfuls of cold milk, sweeten it with coarse sugar, and use it in the same manner, but sufficient for the purpose of taking the woodlice as the fig liquor. it is a smaller quantity, but there is something efficacious in the figs themselves when boiled in milk, and therefore more of it is advisable to be taken, if they can be procured. Three figs will do if the Turkey are not to be had. This remedy must be persevered in for a long time constantly, in the winter prepared woodlice must be used. they are to be had at the physical herb shops in Covent Garden, powder them, and pour the liquor boiling upon them, cover them, and let them stand twelve hours, then strain and squeeze well to have all their virtue. twenty grains twice a day of the powder, if you have been used to the others, if not, begin with five grains twice a day, and increase gradually to twenty. the body should be kept constantly and gently open, by a teaspoonful of soluble tartar twice a day in half a teacup of tea, ^{if this is objected to} or any other mild purgative. if

milke disagree, boil the figs in water, or instead of milke and water use ^{barley water} ~~broth~~. in case of Cancer the strictest attention must be paid to the diet, to avoid every thing of a heating quality, all salted meats, everything hard of digestion, or acrid, all spices, mustard or horseradish, all manner of swines flesh, goose, duck, or venison, seasoned pies, and high sauces. keep the arm in a sling.

The outward application to the breast is the following. Half a pint of honey, half a pint of red Port wine or Scent, boiled together till half consumed, then mix in while yet hot, the yolk of an egg by degrees in a little of it first, and then stir it all well together. spread this and apply to the part affected, changing the plaister as often as it becomes slack. If there is any wound or weeping from the breast, white elder flower ointment on lint the size of the sore must be applied, and the honey plaister over to cover the whole knob or swelling. The part must be kept warm and free from pressure as much as possible. This plaister is a very comfortable dressing for the breast, and excellent for hard tumours. it has been known to disperse one as hard as a stone, and as large as a hens egg, in a few months. Wards water to wash the sore with. cold in the summer, the still taken off in winter. a bit of fine sponge to wash it with.

to relieve a fixed pain or bruise
 Take halfa gallon of fresh Urine, and a pound of the coarsest
 sugar, boil them together, and foment the part, hot night
 and morning.

a diaphoretic draught in a Pleuris or Peripneumony
 Twenty grains of compound powder of contrayerva, ditto of
 compound powder of crabs claws, thirty drops of sweet spirit
 of nitre, halfa ounce of elder flower water, ditto of penny-
 royal water, and a little sugar. to be taken at night.

Burn ointment

Miss Crofts

Four ounces of the green end of goose dung, ditto of the
 inner bark and young shoots and buds of elder cut small,
 ten ounces of fresh lard, simmered together till it becomes
 very green, then strained through a cloth, and squeezed dry,
 pour it into gallipots for use. ^{three pence of lard to} a pound of elder. 99

To make Jalap Physic

Two ounces of Powder of Jalap, halfa ounce of ginger, powdered,
 not fine, a quarter of a pound of figs cut in slices, a quarter of a
 pound of stick liquorice, scraped and cut thin, put it all into one
 quart of brandy, let it stand in a bottle for a month, shaking it
 once a day, then pour it off into another bottle fine, and if you
 please add more brandy to the above ingredients, that will be very
 good but not so strong. Dose halfa wine glass of the first.

Rose pomatum, the best lip salve, and good for
all chapped sprays.

Take six pound of the best lard, put it into a deep pan and
stir into it with a wooden spoon as many fresh Rose leaves
as you possibly can, cover it with a cloth, and let it stand
all night. continue the same for ten days, the first time you
must add a large handful of salt, and always observe to put
in the yellow seeds, put your pomatum into a jar, that will
stand in a kettle of water, cover the jar close with a thick
paste to keep in the scent, set it over the fire and let it
simmer about three hours, then squeeze it as much as possible
through a piece of gauze from the leaves, pouring it into
a wide pan, when it is quite cold take off the cake of pomatum
and throw away the liquor, heat it again and pour it into the pan,
when cold take off the pomatum as before. and this must be
done till there is no liquor remaining. The sweetness depends
on the quantity of Roses, you must put it into pots and keep
it at least three or four months before you can judge of its
goodness, it will probably be better after six months.

Decoction of Sarsaparilla, an alterative,
an ounce and half of Sarsaparilla infused in a quart of boiling water
two hours, by the fire, then bruise it well, and boil to a pint, then
strain and squeeze, take four table spoonfuls twice or thrice
a day, add a little lignorice root.

Solutive Diuretic Electuary for the Stone

Electuary of Cassia an ounce and a half, oil of sweet almonds
and syrup of Roses of each one ounce, compound powder of Gum
^{all well mixed together.}
Tragacanth three drachms, let a desert spoonful be taken once
or twice a day, or oftener in case it shall be found necessary.

for nervous Disorders

Take of Compound powder of Myrrh 3 drachms, of white Syrup,
sufficient to make it into Pills, of which four are to be taken
once or twice a day drinking after it a little infusion of dry
Rue leaves sweetened with sugar.

Conserve of Mallows for the Stone

Four ounces of mallow flowers beat well in a marble mortar,
with a wooden pestle, they must be picked from their cups, and be
beat first by themselves, and afterwards with triple their weight
of fine sugar till they are well mixed, a desert spoonful to be
taken twice or thrice a day, washing it down with near half a
pint of a solution of gum arabic in an infusion of the seeds of
the *Daucus sylvestris*, an ounce of gum in a quart of the infusion
The Body to be kept open by the Solutive Diuretic Electuary.
an Rtt sewed in a bag and tied close round the throat will
effectually and radically cure the evil, if suffered to remain
there till it is dead. to be further enquired into

Twenty grains of cordial confection in the saline draught, made of half water and half camphor Julep, to be repeated every six hours.

For a Cough

much approved Mr. Deering

One ounce and half of Spanish liquorice, half a drachm of Saffron powdered, quarter of an ounce of salt of Tartar. Dissolve the liquorice in a quart of boiling water. When almost cold add the salt and saffron. take a teacup full night and morning, and when the cough is troublesome.

Emollient Fomentation to quiet Pain

Elder flowers, and Poppy heads boiled in milk and water.

To cure the Gravel

A teaspoonful of powder of Gum arabic, infused in a quart of a pint of boiling water, over night, and covered till the morning, then add a table spoonful of Gin, and Honey sufficient to sweeten it to your taste, and take it fasting, it must be continued constantly every day for a considerable time.

Tapeworm cured by flower of brimstone, half an ounce to a doze.
Hydrophobia perfectly and speedily cured by vinegar, a pint in the morning, another at noon, and the third at sunset.

Healing Cerate

Dr Freeman

Bees sact and Elder flower ointment in equal proportions
melt these together over a slow fire.

an Alterative medicine Dr Freeman

Boil very gradually in a close vessel, two ounces of Sarsaparilla,
 one ounce of bark in powder, half an ounce of liquorice root
 cut small, in three pints of water to one. Of the strained liquor
 take four large table spoonfuls twice a day, with half a drachm
of sal Polychrest, and a tea spoonful of nutmeg water.

Goulard's Lotion

Mr Gline

Extract of Saturn a drachm or 60 drops, Rose water eight
ounces, mixed together. for an inflammation in the eye.

for a dropsey

An ounce of a decoction, made by boiling half an ounce of
 fresh broom tops in a pint of water to a half a pint. taken every
 hour or two till it operates by stool and urine, repeat this
process every day or every other day.

Oil of turpentine an ounce, oil olive two ounces and a half,
 vitriolic acid forty five drops. efficacious for chronic affections
 of the joints from sprains and bruises. used internally for a penis
 and other hemorrhages. 8. fifteen drops in brown sugar twice or thrice a day.

Care for the Leascurvy

Two ounces of Nitre in a quart of Vinegar, half an ounce, and at length an ounce, to each of the Patients, of the mixture, twice or thrice a day. bathing their blotched and ulcerated limbs with the same. some took eight ounces in a day, containing an ounce of Nitre. no other medicine, except occasionally, a few grains of camphor, or a few drops of laudanum, where the bowels were particularly irritable.

Inoculation

Daniel Sutton Inventor of improved Inoculation, prefers morning for the time of performing it, enjoins after the operation total abstinence from animal food, wine and beer, until the ceasing of the eruptive fever, and substitutes puddings, fruit, skimmed milk, toast and water, lemonade &c. and gives every night a powder, consisting of cal of antimony, calomel, and emetic tartar, and every other morning a purge. The Patient in the mean time, is directed to walk, or to be exercised in the open air. This process is to be regularly persisted in, until the eruption is completed.

Dr Darwin rolled up five grains of opium like a worm, about an inch long, and introducing it over a broken tooth, pushed it onwards by means of a small crow-quill into the mouth of a patient with a locked jaw, as it dissolved she swallowed her saliva, and in less than half an hour, she opened her mouth and conversed as usual.

For Scalds Burns Sprains &c.

Boil Castile Soap in Brandy, till it come to the consistency of an ointment, and spread it on rag to apply to the part affected. a little of the soap and brandy before it thickens is to be kept, to wash the sores before you apply the Plaister.

Doctor Monro's sole Preservative against Hydrophobia
The Doctor first advises to cover the wound with fresh earth, or with snuff, to imbibe the saliva of the animal, and then to wash it with water. At the same time, warm half a pound of butter in four times as much vinegar; and when the wound is cleared, apply a compress of linnen, steeped in that mixture, and moisten it very often with the same for nine days: after which time you may safely remove the compress, and cure the wound in the usual way. During the time that the vinegar is used outwardly, the patient must take it internally, four times

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a day, in doses of an ounce and a half of vinegar, warmed, with
a little fresh butter; and his common drink, for at least
fifteen days, must be pure water, with a little vinegar or
juice of citron. Any strong liquor is extremely hurtful, as is
any emotion of anger or impatience. Rethoric patients may
be bled; but this precaution the author regards as little
necessary. Dr De Moneta has used the same remedy against the
bites of vipers, and other venomous reptiles, and always with
success. He has prevented the Hydrophobia in more than
sixty people; and many other Physicians who have followed
his method, have found it equally efficacious. This is from
Poland, it is remarkable that in Italy, vinegar has also been
lately discovered to be a remedy for this dreadful disorder.

Restorative Broth

A leg of Mutton slashed round into pieces the thickness of your
finger, take off all fat and skin and just cover it with water,
add salt and scum it very clean till it boils, then put in
variety of herbs, and a little pearl or scotch barley, and
some whole pepper, boil it very slow till the meat is perfectly
dry, then strain it through a sieve. you may make it with
knuckle of veal, knuckles or crags of mutton, rather than
tail.

Extracts from Mr. Coghlin's Letter to John Hunter Esq^r, being an account of a method of curing Burns and Scalds.

If the fingers, or lower parts of the arms be injured, they should be immediately immersed in cold vinegar - if other parts of the body be burnt or scalded, let cloths wetted with vinegar be laid upon them, taking care that the cloths are kept continually wetted with fresh vinegar; and this, in slight cases, if early and constantly applied, will effect a cure without any other application. In two or three hours after the application of it the patient will find ease; but as inflammation and heat may perhaps return, and if not attended to produce a sore, the vinegar must be applied to as often as any painful sensation comes on. But if it should happen, either through neglect of using the vinegar speedily, or not continuing it long enough, that the part should blister, and degenerate into a sore, it will readily heal by using chalk and poultices hereafter mentioned.

In severe burns and scalds, the vinegar must be constantly applied for ten or twelve hours; after which a bread and milk poultice must be put on, and remain for eight hours; and when it is removed, the sores must be covered entirely with chalk finely powdered, and as much must be used as will quite absorb the

matter upon the sores, and appear quite dry all over them. A fresh poultice is then laid all over the whole, and the same sort of dressing with chalk and poultice is to be repeated morning and evening till the sores are healed. In cases where there are large blisters, they must be opened with a needle in different parts, and the water must be gently pressed out with a linnen cloth, then apply vinegar: as above directed.

This method will generally effect a cure without producing any scar.

a cure for the Gravel and Stone

A gentleman who for many years was afflicted with the latter of these complaints was persuaded to take every night going to bed the quantity of a large nutmeg of blackberry jelly; the effect of which was, that the stone was broken in pieces, and voided by granules, some of them nearly of the size of peppercorns manifestly appearing to be portions of a much larger substance. The gentleman tho' more than eighty was effectually cured. Recipe. Take the blackberries before they are ripe, when turned; pick them and put them into a pot, tie them up close, and put them into a kettle of water; let them stand over the fire till they are reduced to a pulp; then strain them, and put to a pint of juice a pound of

powder of sugar, boil it to a jelly and put it up for use.

a Drawing Salve

Take of the best salladoil a pint and a half, litharge of gold and silver of each six ounces, powdered and sifted very fine, Cerus that is very white, and venice turpentine of each four ounces, new bees wax, that is not corrupted with rosin or the like eight ounces, scrape the wax very clean and cut it into thin slices, put the oil and wax into a brass pan, and melt them on a clear fire not too hot, then put in the litharge, shaking it in by little and little till it is well mixed, then put in the cerus, keep it stirring all the while with a spatula, when they are well mixed put in the turpentine, boil them together till it is of a brown colour. Drop some of it on a plate, and if it will slip off and not stick to the fingers it is enough, less than half an hour will boil it, when you take it off the fire stir it till it is thickish, then pour it on a clean board, with a little oil, and make it into rolls. anoint your hands with oil that it may not burn you.

a cure for chilblains, ^{Mr. Yafeman's} Prokeary
 Dissolve an ounce of stlun in a pint of vinegar, then
 add a pint of spirits of wine, it is the better for keeping.
 Take a quarter of an ounce of stlun, dissolve it in a marble
 mortar in a pint of vinegar, and add a pint of rectified spirits of
 wine, and wash the chilblains night and morning.

To make Opedeloc

Mr Heath

A quarter of a pound of Castile Soap, (from Apothecary's Hall) shred very thin, and an ounce of Camphire dissolved in an ounce of rectified spirit of wine, or rather spirit of rosemary. put it into a quart bottle and fill it up with common gin, shaking it well. a wide mouthed bottle will be found most convenient. you may pour it off fine after a proper time of standing, but if shook up from the bottom when used it will be more efficacious. it is good for every thing that Flatfield's tincture is used for, but is much cheaper, and readily made without much trouble. it is particularly good for ^{from experience, a little rectified spirit of wine to dissolve the camphire, then add the ounce of spirit of rosemary, which dissolves the soap immediately.} chilblains!

Barley tea

Mrs W. Roberts 99

two large spoonfuls of Pearl Barley, the rind of a lemon cut thin, and five or six lumps of sugar, pour a quart of boiling water on it, and let it stand, covered over, till it is cold, then pour it into a decanter for use. you may take it either cold or warmed as you like. ^{to a lamb just dropped, if it is weakly, give a table spoonfull of simple pepper mint water.}

to make the milk flow freely and take off the hardness of the breast on the rising of the milk.

a treacle plaister over the breast, leaving a hole for the nipple. to be kept on two or three hours, or longer if necessary.

a remedy for a hoarseness

Boil carrots, and squeeze them like turnips, sweeten the juice with sugar candy, take a teaspoonful frequently, and several when you go to bed.

for a cough, boil hyssop, strain the decoction, and make it a very sweet syrup, with sugar candy. take a teaspoonful frequently.

to cure the ear ache

A lighted pipe of tobacco, put the small end of the pipe in the ear, cover the hole with a cloth large enough to prevent burning your mouth, over it, blow three or four times, then put in some warm cotton, wrap up, and go to bed.

an imitation of Godbolds Balsam very efficacious for a cough.

Half a pound of coarse brown sugar, half a pint of Vinegar, boiled slowly till it is of the consistence of Treacle, and when cool half an ounce of the syrup of white Poppies is to be mixed with it. take six teaspoonfuls three or four times a day.

a wash for the Teeth

An ounce of Camphire dissolved in two ounces of arguebane
then add two ounces of Tincture of Bark, and two ounces of
Tincture of Myrrh, six or eight drops of this in warm water
to wash the mouth night and morning.

a bit of Camphire, ^{to cure the Tooth ache} in a little muslin bag placed on the tooth.

Decoction of Bark ^{another} warm held in the mouth.

Henbane seed on a ^{another} hot iron, covered with a ^{Two fatal} bason to take
the steam, then pour boiling water in the bason, and put
that in a fumigator, and draw up the steam to the tooth
affected. you must not let it go down your throat,
or swallow your spittle during the operation, as it is
poisonous. a few minutes steaming is sufficient.

an excellent wash for the Teeth

Take one quart of red Port, put to it one ounce of bole
armoriac, one ounce of powder'd bark, half an ounce of
myrrh, one drachm of allum, ten grains of salt of vitriol, one
ounce of hungary water, and two ounces of honey of roses,
let it stand in the sun, or near the fire in a glass vessel
for three days to infuse it will then be fit for use, put a
spoonful into a teacup full of water, and wash your teeth
with it every morning, using a brush, it will keep them sound,

and make them white.
 one drachm of camphire dissolved a gill of brandy, and a
 teacupfull of strong sage tea added to the above makes
 an excellent gargle for a relaxed or putrid sore throat.

to cure the bile, mash a new laid egg, shell and all,
 and take it the first thing every morning, fasting an hour
 after it

to cure the Epilepsy

some coarse salt put into the mouth, takes off the
 convulsions, and restores the senses.

a restorative medicine

half an ounce of bark, boiled in nine ounces of water,
 ten minutes, stand till cold covered, then dissolve in it
 a drachm of powder of gum myrrh. add 30 drops of laudanum,
 and take three table spoonfulls thrice a day for a long time,
 if diarrhoea should occur add a drachm of prepared chalk.

an excellent purge

Galap, nitre, and cream of tartar, of each one ounce, sugar
 half an ounce, ginger a quarter of an ounce. mix all
 well together in a mortar. Dose 40 to 50 grains.

Live Long

One pound and half of moist sugar, to be put to two table spoonfuls of boiling water and then boiled to a syrup, then add by degrees one ounce of best powdered ginger, ~~and~~ one ounce of cardamom seeds, and one ounce of turkey rhubarb. the rhubarb and seeds to be well pulverized.

The quantity of a common nutmeg to be taken at any time, either going to bed, or when you think you want it.

it should be boiled in an earthen pipkin. and stirred well all the time.

to cure a Bunnion

half a drachm of opium mixed in an ounce of soap plaster melted together in an iron spoon, then made into a roller, press it on a hot knife.

A recipe for a Cough

Half a pint of white wine vinegar,

Three quarters of a pound of Treacle,

one tea spoonful of powdered allspice,

to be boiled till it becomes a syrup,

when cold add one tea spoonful of tincture of laudanum,

Two tea spoonfuls of this syrup to be taken on going to bed,

and one whenever the cough is troublesome.

my eye water

Sulphate of Zinc five grains, Rose water 4 ounces. mix.

208 Dr Heaths Eyewater

Solution of acetate of ammonia one ounce and half, Rose water
two ounces and half, mix, with which wash the eyes very often.

Doatledges Sprain ointment

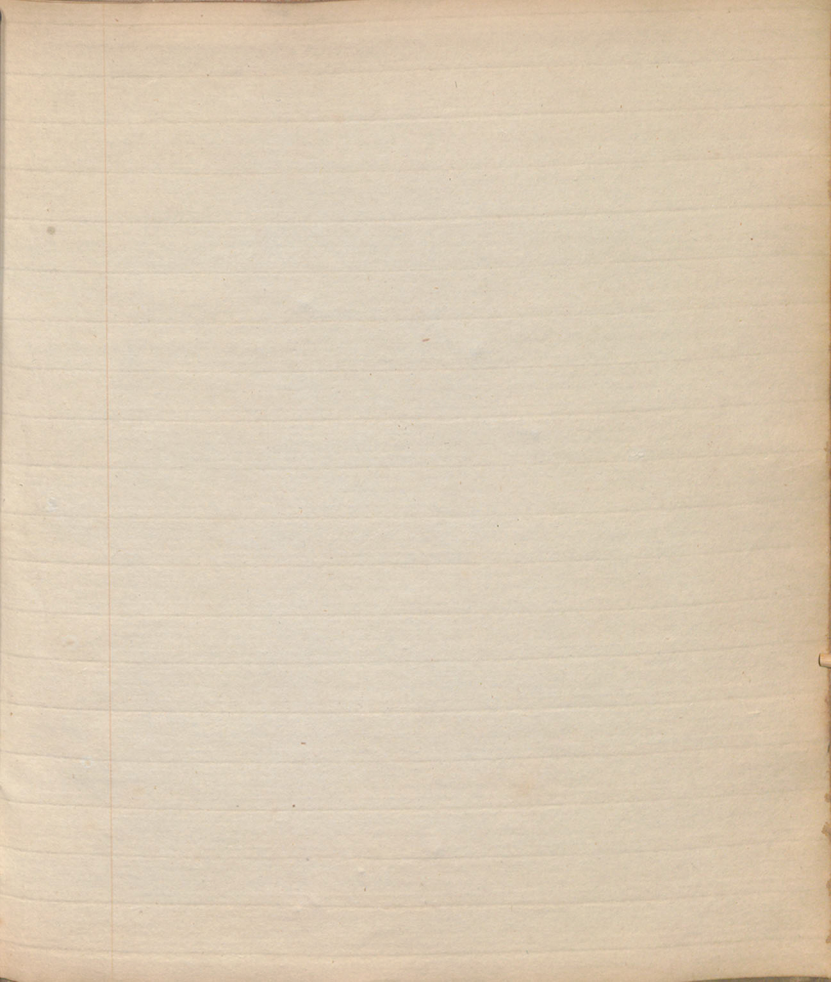
an ounce of camphor finely powdered an ounce of bole armoniac
finely powdered mixed well together, and stirred up in soft pomatum or fresh
lard sufficient to make it the consistence of an ointment. rub it well
into the part affected, a quarter of an hour in the morning and the same
time again in the evening, if the weather is cold rub it in by the fire.
it performs the cure in a very few days, you may either wipe it off
after the rubbing or let it soak in.

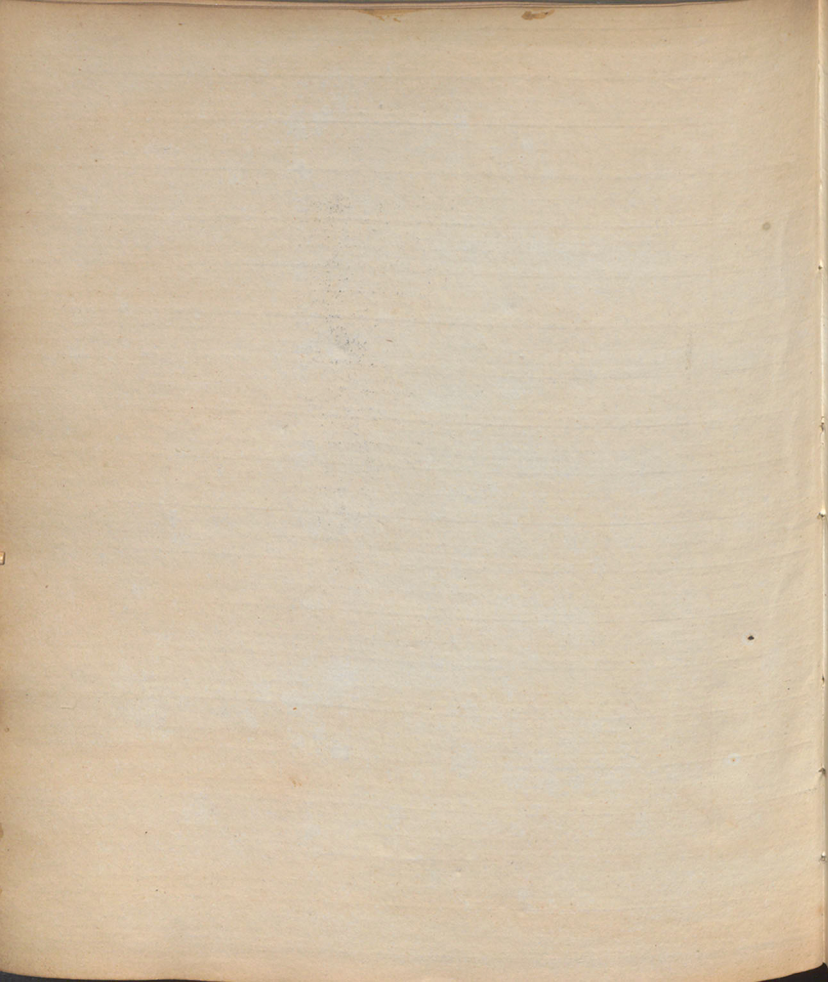
Doodyne Plaster

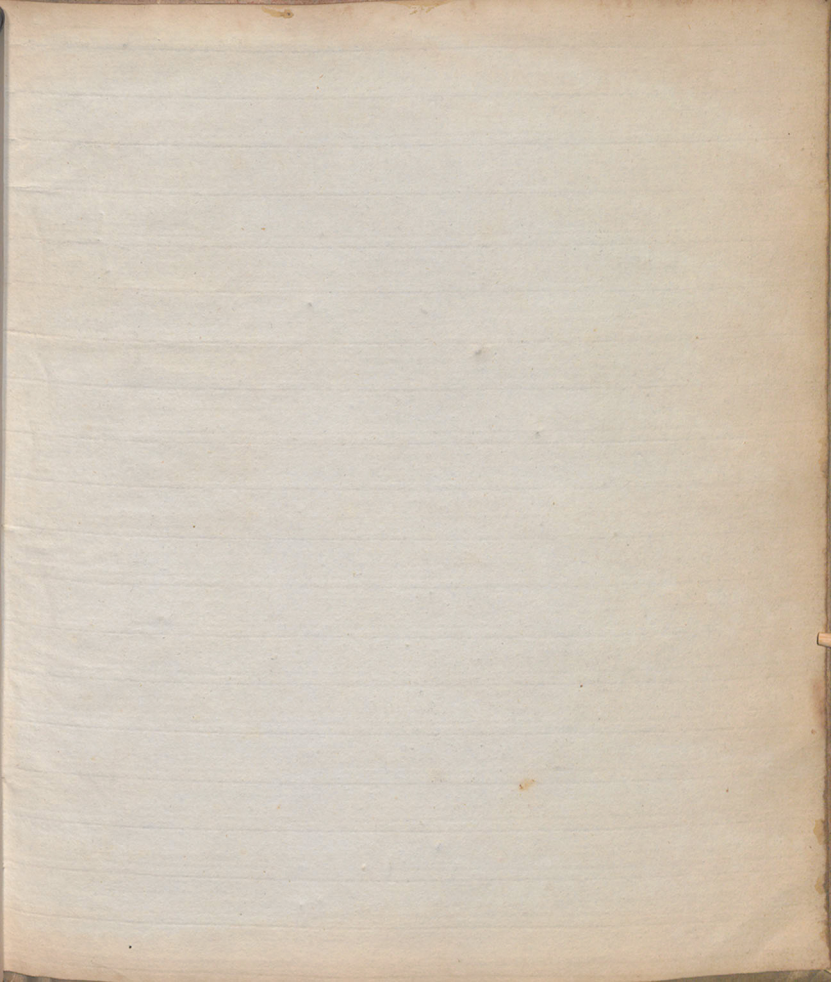
Take an ounce of adhesive Plaster, and
when it is cooling mix with it a drachm
of Junnere Opium and the same quantity
of Camphor previously rubbed up with a
little oil. — This Plaster generally
gives ease in acute pains especially of the
Lumbar kind

Liverwort poultice

Take two handfuls of common green liverwort washed clean, put it in a pot with a quart of water, boil on a slow fire till the herb is quite soft and slying. thicken it into a poultice with barley meal and apply it as hot as possible just over the liver, wear a bandage with straps over the shoulder to which tack the poultice, to prevent its moving, put on a fresh one every night and wear it all day also, add a quart of house mails powdered shells and all to each poultice, and drink every night and morning a large wine glass full of the juice which is thus prepared, take a quart of liverwort washed clean, boil it very slowly in three quarts of water till the whole is reduced to one quart, strain this and let it settle, then pour off the clear liquor to drink, the green liverwort grows in glens and where there is a stream running over rocks and stones. it is of a dark green and seems to adhere to the ground.









Rice Cake

Boil a Pint of Cream put into it $\frac{1}{2}$ lb of Sugar $\frac{3}{4}$ lb Rice when it has swelled add to it $\frac{1}{2}$ lb of Butter and the rind of a Lemon - When the Rice is cold put in 8 Yolkes and 4 whites of Eggs more if you like the Rice be thick - Butter a mould and put the Cream of a Loaf grated very fine turn the mould up side down that nothing but the cream may remain - Half an hour before it is wanted put the Rice into the mould move it about and put over it a lid with hot cinders - The Mould must not be full that the Rice when swelling may not stick to the bottom

When you take it out you put the mould on
the dish but be careful to loosen the edges

If you wish to make a Soufflé you beat six whites
of eggs as for other Soufflés, and put them into the
mould which you pour into a Silver stew pan

Flatfields Tincture

for green wounds, frequently curing them at once dressing bruises sprains burns, scalds, rheumatisms chilblains and stiff joints.

It is likewise of great use if taken inwardly, particularly so in gravelly complaints, and internal soreness; from forty to fifty drops may be taken in a little water, or gruel, twice or three times a day.

When used externally, if for a cut, the wound must be first well cleansed from dirt or any thing else that may have been introduced, the edges brought as near together as possible, and covered with a small piece of lint, or fine rag, wet with the tincture, over which should be placed a larger piece, two or three times doubled, and well moistened; the whole must be confined on two or three days, occasionally moistened by dropping the tincture upon it. For bruises, rheumatism, chilblains, stiff joints and sprains, the part must be well rubbed before the fire, two or three times a day.

For burns and scalds, a piece of soft rag must be kept constantly moist upon the part, till the pain is entirely gone.

Sold by George Brown Chemist
No. 79 St. Paul's Churchyard.

Vegetable Syrup

To four beer quarts of good rich sweet wort, add half a pound of Sasaparilla, one ounce of Sarsaparilla, and four ounces of Daucus seed (commonly called wild carrot). Boil them gently over the fire for three quarters of an hour, frequently putting the ingredients down with a ladle; then strain the same through a cloth. To each quart of this liquor, put one pound and a half of good thick treacle; boil the same gently for three quarters of an hour, skimming it all the time, put it into a pan, and cover it till cold, then bottle it for use. Be careful not to cork the bottles too tight. The dose is a moderate teacupful in the morning before you get up, and the same quantity on going to bed. This medicine must be persevered in for a considerable time. It only keeps the body gently open; if it should fail to do that add to a bottle of the syrup half an ounce of senna, which boil up in a saucepan, and take a teacupful occasionally. If after the first course of a dozen or a dozen and half of bottles are taken great benefit is received, it will be advisable to take three or four bottles Spring and Autumn, which no one will object to, as it is neither an unpleasant or expensive medicine.

The wild carrot seed ought to be gathered in September or October, and grows plentifully on the balks in common fields. Sasaparilla and Sarsaparilla may be had of any druggist or Chymist.

Lemon. Wine or what is often taken, for Citron Water

Take 2 Quarts of Brandy & one of Spring Water half
a pound of Double refine sugar & the Rinds of 16 Lemons
put these together in an Earthen pott, & pour into
it 12 Large spoon-fulls of Milk Boiling Hot Stir
it together & Lett it Stand 3 Days, then take off the
Topp. & pass the other 2 or 3 times, through a Jelly
Bagg, when fine Bottle it, it is soon fit to
Drink, & will keep a year or two

Valuable Recipes

Cleaning all sorts of metal —

Mix $\frac{1}{2}$ Pint of refined Neatsfoot oil, & $\frac{1}{2}$ gill of Sp.^t of Turpentine - wet a woollen rag therewith; scrape on it a little kernel, & rub the metal well; wipe off with a soft cloth, & polish with a dry leather, & more of the kernel - N.B. If Steel is very rusty, use a little powder of Pumice with the liquid on a separate rag first —

Cleaning glass.

Mix 1^{lb} of Kernel, finely powder'd, in a quart of boiling water; when cold, sponge the glass downward with it, & polish with 2 soft cloths —

Taking stains out of mahogany —

Mix 6 oz. of Sp.^t of Salts, & $\frac{1}{2}$ oz of Rock salts of lemon (powder'd) together; drop a little on the stains, & rub it with a wick till it disappears. Wash off with cold water —

Cleaning mahogany

Mix one pint of prepared furniture oil, $\frac{1}{2}$ pint
sp. of turpentine, & $\frac{1}{2}$ pint of vinegar, together;
wet a wadded rag with the liquid, & rub the
wood well, the way of the grain - Push with
a piece of flannel & soft cloth -

Articles had. 451 - Strand -

Boot tops.

2 oz. White Gum Arabic powdered fine -
1 oz. white gum Dragon powdered -
 $\frac{1}{4}$ oz. Isinglass -

Dissolved slowly in a quart of boiling
water - & when cold add a pint of skimm-
milk, juice of 4 lemons - mix -

Sponge off dirt with cold water, & when
dry use the liquid -

Harness

2. oz. Bees wax -
1 p. sp. of turpentine - Enough lamp black
to form a paste - Put it all in a stone bottle
cork it tight - tie a string to cork, & put

bottle 2 hours in hotbed -

g. Harrover St.

L. More

Little & Brown's published -
P. Brown & Co.
of New York

RL

Hot Sauce

1 quart of the best vinegar
1 oz of Cayenne pepper
6 table spoonsful of soy.
6 " Walnut Catap
6 cloves -
6 cloves of shallot shred fine -
to be kept for a month & frequently
shaken

Plain Lunch Cakes

2 lbs of dough
 $\frac{1}{2}$ lb of sugar (brown)
 $\frac{1}{2}$ lb Currants
1 lb Sultanas - & half a tea
spoonful of ginger
6 or 8 oz of butter & lard mixed
& 2 eggs - an egg or two if
citrus & fruit -
Bake in a hot oven
for about 2 hours -

Wm Armstrong
Feb 79

Cholera

A Desert spoonful of Magnesia & fifteen gram of powdered Ginger - taken in any liquid occasionally

A Common Cake

Flour 1 lb & 1/2, Butter three q^{ts} Sugar 1 lb Currants 1 lb
cream or new Milk a quarter of a pint, yeast three spoonfuls
Six Eggs & a little Grated Lemon-peel, to be well mixed together
& baked in a tin one hour & half

To make Stock

Take part of the breast or Rump of Beef with some of the trimmings
of that or other meat also the bones neck and feet of any poultry
you happen to have, put the whole into a stew-pan, not quite filled
with cold Water, on a moderate fire, watch the proper moment to
skim it well, particularly from the black scum, throw in a little
cold water every time you skim, till the broth is quite clear & bright
for upon this stock depends the beauty of your soups & sauces, when
all the scum has been removed, put in a bunch of herbs, a few Carrots
turnips, heads of Celery, three Onions on sticks with cloves - then throw
in some salt & let the whole simmer for five hours, strain the broth
~~through~~ through a cloth or double sieve

Cooling Beverage.

2 1/2 oz. Citric Acid.

2 lbs loaf sugar. 80 drops

Essence of Lemon. 3 pints of
boiling water.

Put the sugar in a jug, pour
on the essence of Lemon, add
the Citric Acid, & pour on the water
the water boiling. Stir occasionally.
(over)

A wine-glass of
the mixture in
a tumbler of
cold water is
very pleasant
drink.

An Indian Ploce

Half a pound of Rice, wash & rub it in sweet
water put it then into a Saucepan with two quarts of
water. don't suffer it to boil till it has been on the
fire for near half an hour, then let it boil quick
till the grain swells, strain it then from the water
& leave it to drain, cut two large Chickens into quarters
they must be tender and their skins taken off wash
them clean & season them with pepper & salt then
rubber the bottom of a Soup dish & lay them into it
& put over them two ounces of Cold butter, three blades
of Mace, four Cloves two or more bits of Cinnamon
not powdered, pour into the dish one pint of the
water the rice was boiled in, & cover the whole with
the boiled rice, heaping it up like a Pyramid
then make a paste of flour & water only & roll it out
very thin covering the dish very close with it leaving a
small hole on the top, let it bake in a good hot Oven
for two hours when you take it out of the Oven take off

The paste & pour in at the top hole a little
more than half a pint of good Creamy —

Sally Linn

A pint of Cream a piece of Butter the size of a ball
put it on the fire make it just blood warm the yolks
of three Eggs with but one large Spoonful and a half
of very good Brand — mix your Cream Eggs and Butter
together then strain it through a sieve and put as
much good flour to it as will make it as stiff as
Dough, then roll it to the size of a Griddle Cook.

Home Remedies

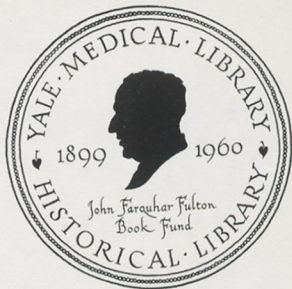
One pound of fine flour, The whites of three Eggs —
Three ounces of Butter, one Spoonful of Brandy, mix
them with milk and make it into a light Paste —
Let it stand before the fire to rise about one hour —
make them into small rolls: Bake in minutes Bake
them. — Floating Islands

Peel six large Apples take a good half a pound
of the pulp of them & a quarter of a lb of Sugar
finely powdered, The whites of three Eggs & the

Join of one Lemon mix them together & whip
them for now beat them but leave into your
dish & keep your whip in large spoonfuls if you
choose you may keep also beat it jelly when your
Whip. —

R^y Sulphates Zinc 3j
Aq: Rosarum 3j
Aq: Destillata 3viij misc
ft. Loto —

Carbonate of Ammonia. J^y



Accession no.

Author *Heath, E.*

Medical "cures"
and recipes

1787 - ca. 1794

Call no.

Manuscript 18th
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